# DMCS Emphasis is on life

Deva Matha Central School

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# Grandparent's Day @ DMCS - Banaswadi

Grandparent's day was celebrated on 15th Sept 2015, at DMCS, Banaswadi. It was an initiative taken by the school to honor the lovely grandparents, who with their guiding and caring hands led each one of us through all walks of life. The smiling celebritiesgrandparents were clad in colorful attires spreading warmth and affection all around.

The occasion was presided by the Chief Guest-Dr. Nagamani, School Coordinator-Ms Vrinda Coutinho and Principal Mr. Prabhakara G.S. The program commenced with a welcome speech by the tiny tots followed by a melodious group song by the little singers. A heartwarming speech was delivered titled - Importance of Grandparents in our



lives which indeed moistened many eyes on the occasion. The little ones tapped their feet and danced to the tunes of a lovely song dedicated to the wonderful guests. To add glamour to the occasion there was a fashion show where the grandparents walked the ramp with great poise and style. For the sports lovers a game show (passing the ball) was organized where everyone participated with great fun and zeal.

The grandparents cherished and enjoyed every moment of the show as they were given a platform to exhibit their best hidden talent. It was an occasion wherein their lost opportunities came clinging back to them

- a precious moment where they were praised, honored and applauded. The programme concluded with a vote of thanks and heartwarming speech by the Chief Guest and Grandparents. The school as well as the grandparents will reminisce and cherish these wonderful moments for many more years to come.

Ms Prexy Rajan- Faculty Member

# Gandhi Jayanthi @ DMCS-Vidyaranyapura

Let me dedicate this article to the most noble Indian-Mahatma Gandhi, fondly remembered as 'Bapu'. He was born on 2<sup>nd</sup> October 1869, which is celebrated across the country as 'Gandhi Jayanti' and is declared as a National Holiday.

The word 'Mahatma' means Mahan Atma, i.e. a great soul. He led our nation towards our fight for freedom using truth and non-violence as his powerful tools. People of India regardless of their gender, caste, creed or language, trusted and followed Mahatma in any peaceful demonstration, he called for. Be it the Dandi March or Quit India Movement, Gandhiji catapulted



the entire nation to his path like a powerful magnet. His powerful movement- 'Satyagraha' shook British rule to the core, which made them yield to its power. He was a visionary who could think of noncooperation movement and use fasting as a weapon to achieve the impossible.

Raj Ghat, Gandhiji's Samadhi in New Delhi, is visited by national and international leaders to pay their homage. Thousands of people flock to Sabarmati Ashram in Gujarat especially, on this day. Various programmes are conducted in his name creating awareness about many national issues. Charaka competitions are held and Ram Dhun is sung.

We, the countrymen of India, salute this great man who walked down the earth in this millennium and spread the concept of Ahimsa to everyone.

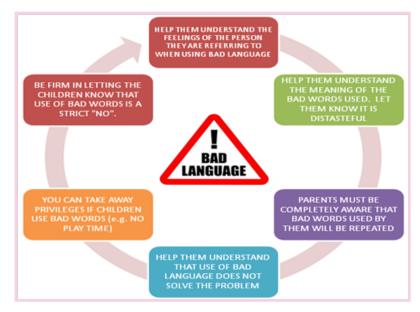
Sameeksha Bhargava - IX Std.



# Helping Children Overcome **Usage of Bad Language**

Ms Aparna Athreya, AHAM Co-ordinator





and understand the negative impact it bad language is many times an has on others and self. Therefore, as a involuntary reaction and sometimes parent, it is extremely important for it is a vent for their frustration. us to be aware of the consequences However, when parents do this of using bad language in front of our in the presence of children, the children. The other big influence for implications are undesired and bad language comes from watching disastrous. If a child is exposed to television. The programmes that bad language, learning swears are promote use of bad language needs inevitable. However, he/she may not to be restricted for young children. If we as a parent community watch what we speak, we are helping our children to grow up into selfrespecting and tolerant citizens.

Sukhi's Recommendation: Every time we feel like using language, think of the following tongue twister "A flee met a fly in a flue, said the flee let us fly, said the fly let us flee, so they both flew through a flaw in the flue".

# Deva Matha Central School

# **Editorial Board**

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# VISION with You



Dr. Margaret Chan - Director-General of the World Health Organization beautifully quotes "Research on health is flourishing in every part of the world. Most countries now have the foundation for building effective research programmes. Some low-income countries have thriving research communities with a growing number of international collaborations. Countries like Brazil, China, and India have established their leadership roles." Health forms the crux on which the edifice of human happiness and well-being is built. Bodily activities, whether restrained or vigorous are effective drivers of optimum health management. Unfortunately, today's children are even insensible to the basic facts and guidelines which ensure physical and mental wholesomeness. The unrelenting world has become so gizmo-centric that unhealthy habits have been immensely altering the basic human identity.

Promoting the health of our children is quintessential. A progressive approach towards making our children aware of the importance of health (physical & emotional quotient) should be the most imperative goal of contemporary parenthood. In the hustle and bustle of today's life, children most candidly omit morning breakfast- they prefer to compensate the missed dose in their lunch, a practice almost unforgiving. These are those few moments wherein parent's intervention is decisive. Rules of the house should emphatically mention the aforesaid clause for healthy living. As a school, we also come across various instances of children coming to write exams despite soaring temperatures, communicable/infectious conditions, ailing body etc. Though, the management is sagacious enough to abhor such unwarranted situations- it is the parents who have to look at the bigger picture with brisk sensibilities. There is absolutely no need to coerce or cajole our children to attend examinations/classes in an ailing condition-however trivial it may be. Notably, another health-related vendetta which concerns me is the affinity towards fast-food, our children exhibit today. Children adore to attend social gatherings, get-togethers, parties- wherein fastfood is considered almost immortal in the displayed menu list. In continuum, it is for parents to comprehend that -Pizzas, burgers, cold drinks shouldn't be banned from the nutrition list; they should be occasional savories and not a regular feature on any value meal!

DMCS is an enterprising institution which has always kept the health of it's children at the pinnacle of priorities. We have earnestly believed in the fact that a steeper learning curve and healthy body are directly proportional to each other. They complement each other and go a long way in equipping a child with intellect and physical well-being. To sum it all, I would like to delightfully share the impressive thoughts of the The World Health Organisation in its Special Session of the Executive Board- it categorically mentions that well-functioning health systems are not a luxury! Instead, well-functioning health systems are the cushion that keep sudden shocks from reverberating throughout the fabric that holds societies together, ripping them apart. Quite insistently, Community engagement and community leadership are the greatest saviors for a healthy and civilized global world.

DR. JOSEPH V. G.

CHAIRMAN

Deva Matha Central School & Garden City Group of Institutions



# From the **Principal's Desk**

**Mr. Prabhakara G. S.**Principal, Banaswadi



Mrs. R. Balasundari, Principal, Vidyaranyapura

#### Our Beautiful Garden

A beautiful garden of roses is here! Every flower is bright, vibrant, colourful and unique in its own way! And do you know, the gardeners of this vast and lovely garden are in love with each and every flower; for they know each and every flower is precious and most beautiful!

The garden is right here dear children, and YOU are the lovely and precious flowers we have. Every effort the gardeners – we the teachers and your parents make are for the special "You".

A small incident that had remained in the hearts of everyone, I would like to recall here - Many decades ago, at a construction site, a mother who was a labourer there had left her sleeping baby in a cradle hanging from the branch of a tree. A little while later, a man who happened to be there saw that the baby had woken up and was crying for attention. The mother was busy with her duties, unaware of the cries of her child. Now this man, did not want to disturb the mother. He happily took the baby out of the cradle and began to play with him. After a couple of hours, the mother returned and saw how this gentleman was lost in play and care of the little one. On closer look, she was shocked and embarrassed to learn who this man was. It was none other than our beloved Chacha Nehru, the then Prime Minister of India. She made her apologies out of embarrassment. But the great man gently brushed aside her awkwardness and explained what joy the moments of play with the child had given him.

In remembrance of this great leader and the fondness he had for children, his birthday is celebrated as Children's Day.

Dear children, as this day fast approaches, I wish you all a very happy Children's Day! And I also hope and wish that you keep the child in you always alive and active, whatever obstacles life throws at you, always remembering that every obstacle is meant to make you stronger.

Smile and stay happy, for whatever comes, and whatever you are made to endeavor, we are always here with you!

Once again, I wish all my lovely flowers, a beautiful and joyous Children's Day!!

God Bless!

#### Children-Pride of the Nation

The Dussehra vacations have beautifully ended with the important message of victory of good over evil. We have commenced the second half of the academic session by welcoming Gardenia Junior-the Annual Saga of Inter-School Competitions - Year 2015. 'Gardenia Junior', our annual interschool fest, encapsulates a different spirit every year and this time we have chosen the concept of stepping into the future world – Mirai 2050. (Mirai, in Japanese meaning future). As we declare the fest open today, we look forward to massive participation of young entrants from various schools and a rewarding session with their mentors.

Iawahar Lal Nehru, the first Prime Minister of India has been fondly remembered as "Chahcha Nehru". A famous anecdote says that when a child pinned a red rose on his coat one day; it was from then that he started wearing roses regularly. He loved children and often compared them with beautiful red roses of the Mother Garden-India! After his demise in the year 1964his birthday-14th November-has been widely celebrated as Children's Day in India. I would like the children to read and understand his beautiful quote which says "We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open." Children, in this journey of life, we may have our own apprehensions and fears but let's not forget that this world is also full of opportunities and fortune; it is completely dependent on us to explore and obtain optimum benefits from these occasions.

Nehruji always voiced that children are like buds in a garden and should be cordially and lovingly nurtured, as they are the future of the country and the citizens of tomorrow. Children are the future of the nation, if they are responsible and hardworking the benefits will be reaped by the country in future. Remember, there is a child in everyone and as parents, we need to retain that innocence and forgiveness which children possess intrinsically. I would take this opportunity to wish each child a very *Happy Children's Day* and look forward to their blossoming from buds to full grown beautiful red roses!

# EVENT @ GCC

#### **MEDIA SPARK**

# A National Seminar on the theme Social Media 360° Social Media Revolutionalizing Communication Strategies in India







BANGALORE, September 20th, 2015: MEDIA SPARK - The National Seminar Media Spark 2015 on the theme Social Media 360° focused on that aspect of Social Media where "It is revolutionizing communication strategies in India". The prime focus of the National Seminar was to create a platform for academicians, research scholars and students to share experiences on the role of Social Media in the present era infused with various tools of Information and Communication Technology. It also aimed at a meaningful and enlightening discussion among professionals involved in media, both in academics and industry to come together and address the various issues and concerns related to this rising phenomenon. It is a vision of His Excellency Dr. Joseph V.G, Honorary Consul of the Republic of Maldives in Bangalore and Chairman, Garden City Group of Institutions. Guest of Honor for the seminar was **Padma Sri AS Kiran Kumar, Chairman ISRO**. Alur Seelin Kiran Kumar is an Indian space scientist and the Chairman of the Indian Space Research Organization. One of the main attractions of Media Spark was the launch of "MEDIA MATTERS" a publication from the Dept. of Media Studies, Garden City College. Some of the eminent personalities who chaired different technical sessions were Dr. Sibichen Mathew, Advisor, TRAI who chaired a session on Social Media 360°, Dr. GP Shivaram who was the chairperson for a session on Social Media & Administration etc. It was indeed a rewarding seminar for each of us.

# **EVENTS @ DMCS- BANASWADI**Hindi Divas

Hindi Divas was celebrated at DMCS, Banaswadi on 14<sup>th</sup> Sept 2015. The day was observed to understand the importance of our National Language- Hindi and subsequently to inculcate pride in our children for the language.

The Chief Guest to grace the occasion was Capt. Mrs. Rekha Sinha, Prof. -Jain University, Dept. of Hindi. The thought for the day, daily news and new word were read in the Hindi language. Capt.Mrs. Rekha Sinha addressed the gathering with a very inspiring and motivating speech on the national language. She also conducted a seminar for class 9<sup>th</sup> and 10<sup>th</sup> students on the topic 'The importance of Hindi in our country'. Students also participated with many queries which were addressed by the Chief Guest.



**World Ozone Day** 

Ms Fabiola and Ms Catharine
- Faculty Members



Deva Matha Central School, Banaswadi observed the World Ozone Day on 15<sup>th</sup> September'15, to emphasize on the importance of the Ozone Layer.

The guest to grace the occasion was Dr. Nagamani. S.Khandri-Professor in the Dept. of Biotechnology–Dayanand Sagar College of Engineering. The Chief Guest was welcomed by our School Coordinator-Mrs.Vrinda Coutinho and Principal- Mr. Prabhakara. G.S.

A speech on the significance of Ozone Layer was given. Dr.Nagamani.S. Khandre addressed the students with a thoughtful message related to the World Ozone Day. She also conducted seminar for class XI & XII students on the theme -' Depleting Ozone layer'. Students felt the seminar was very informative and helpful.

# **International Day of Non Violence**

2<sup>nd</sup> October is celebrated in the honour of the Father of the nation, Mohandas Karamchand Gandhi, popularly known as Mahatma Gandhi or Bapuji. A speech and skit based on the theme of non-violence day was done, highlighting concepts of unity in



diversity, Dandi march and Swadeshi movement. These activities were very informative and opened doors to beautiful concepts of Non Violence and Ahimsa to children.

Ms Shubha P. - Faculty Member

# **World Animal Welfare Day**

DMCS, Banaswadi celebrated the World Animal Welfare Day on 5<sup>th</sup> of October, 2015. Std. I children highlighted the importance of observing this day and shared enlightening measures to protect animals. A marvelous student dance show was organized by the I std. teachers. It was indeed a memorable day.

Class 1 Faculty Members



# **EVENTS @ DMCS VIDYARANYAPURA**HEALTH & HYGIENE



On 18th September '15, DMCS Vidyaranyapura conducted an NIE Session on the topic-Health and Hygiene. Ms. Namrata, the Trainer, made students understand the importance of first meal of the day. She insisted

that children should never skip breakfast, as it gives energy throughout the day. There was an open discussion about the nutritional facts which made

the session very interesting. Ms. Namrata alerted students about the necessity to go through the printed information on the packaged food stuff before buying. It is very essential to make sure that products should have manufacturing and expiry date mentioned. She alerted children to be careful about 'buy one, get one free' offers, when customers might end up buying old things which are dangerous to health. It was a fantastic session.

Tamara - Std. VI



### **Eye Check Up**

There was an eye check-up camp organized at Deva Matha Central School, Vidyaranyapura on 18th September'15, for Pre-Nursery - IV Std. students. Ophthalmologists from Narayana Nethralaya brought special equipments to screen the refractive index of very young children under the age of 10 years. An individual eye card was handed over to all the children wherein, a detailed report about the health status of their eyes was given. Periodical eye check ups were highly recommended for all children.

Ms.Nalini- Faculty Member



# **Vegetable Printing & Kite Making**

The students of class I – V participated in the competition named Vegetable Printing & Kite Making held in the school on 14<sup>th</sup> September'15. Different vegetables like Lady Finger, Carrot, Capsicum and Beans were dipped in the paint and

beautiful designs were made on chart paper. Other children made colourful kites as a part of this creative activity. Everybody enjoyed taking part in the competition.





### **SCOUTS & GUIDES**

Deva Matha Central School, Vidyaranyapura, conducted the Investiture Ceremony for the students of Scouts & Guides and Cubs & Bulbuls on 15th September, 2015.

Mr. S. Anantachar, ADC(YLA)-Scouts & Guides, graced the occasion as the Chief Guest. The Guest of Honour for the function was Scout



Master, Mohan Kumar of Ryan International School. The students offered the Scouts prayer and saluted the Scouts Flag, unfurled by the Chief Guest. After singing the Flag song, the Chief Guest honoured the students by issuing badges followed by giving away of Scarves by the Principal. The students proudly saluted the Guests.

Keerthana M & Sheerisha - VII Std.



# Liberry Corner @ DMCS-Banaswadt

# Dinosaurs – Few Facts

Millions of years ago, when the world was very warm and swampy, strange-looking creatures called Dinosaurs roamed the Earth.

The early Dinosaurs were not very big, but slowly over many years they evolved and grew larger and larger in size.

One of the biggest Dinosaurs was Argentonosaurs. It was (115 feet long). It's blade was bigger than a car. The strongest Dinosaur was Triceratops. It's sturdy feet and three stabbing horns were used for defence. It was 7 feet long.

Archaeopteryx: This was the first



flying Dinosaur.

Stegosaurus: It had a huge body with the brain of the size of a lemon. People once thought it had an extra brain in its tail! It didn't.

- Ajithesh H. - III Std.

# **Garden City- Let's Protect It**

The seeds of the Garden City were first planted here, in Montebello Park, where a sprawling bed of roses has blossomed for the past 92 years.

We live in a metropolitan city where we have no

time for anything at all. We wake up in the morning, go to work, come back home and repeat the same routine day after day. So could this luxurious and work-filled life that we're living in, be the reason for us to not see the major social problems that are circling us each day?

Souring traffic in each area of the city is a major concern today. Can't we just adjust with the public transport that the government provides for us, atleast twice a week? This will also help us to save rather than spend on the petrol we fill our vehicle tanks with. The luxurious life that we are leading is destroying our planet day by day. It's told that we need 22% of forest on this planet for a balanced survival. On account of increasing



skyscrapers and towering buildings, we have only 21% left. It might seem to be a small number but it's a huge percentage difference. There is no harm in constructing buildings, but we are not making credible efforts to create a balance by planting a single tree for the millions lost.

Yes, we live in a city where there is no 'space' to dump our waste, but even when a space is given-like a dustbinwe throw our waste around the bin and not in them. Waste segregation is still one of the greatest challenges that our city is facing today. If we stand up and do what we preach, our city will be clean and safe for us to live in- We need to start somewhere, its never too late.

- Sourav Adithya- X Std.

# **CURIOUS FACTS!**

EGG COLOUR:

"Brown eggs come from hens with red feathers and red ear lobes;

White eggs come from hens with white ear lobes;

Shell colour is determined by the breed of hen;

Shell Colour has no effect on egg's Quality, nutrients or flavour."

- Ms Kokila Vani M. Library In-charge

## The Rock Garden of Chandigarh



The Rock Garden of Chandigarh is a sculpture garden. It is also known as Nek Chand's Rock Garden, named after its founder Nek Chand - a government official, who started the garden during his spare time in 1957. It is spread over an area of 40 acres. It is completely built of industrial, home waste and throw-away items. This unique visionary environment is visited over by 5000 people daily.

Sonal S.B. - V Std



# Liberary Corner @ DMCS-Vidyaranya-pun **How Clouds Are Formed?**

vapors, which keeps getting droplets.

Water evaporates from the water At a certain height, temperature bodies on earth like sea, oceans, of the air gets so low that it can rivers, ponds and puddles. It not hold much of dissolved water rises upwards as moist air which vapor. The surplus water vapor contains water as invisible water condenses and forms tiny water At further greater cooler with the increasing height. heights, this event results in the

formation of ice crystals. These formations made up of water droplets which are distributed and carried by the winds are called Clouds.

R. Ananya Rashmi - VI Std.

### Did you know! MARS

Mars is nicknamed as the 'Red Planet', because it is covered with rust-like dust, which makes it look red. Even the atmosphere is pinkish, colored by tiny particles of dust thrown up from the surface.

Shreya Arun - V Std.

# The Busy Bird

"Hey, little bird, Why don't you stop and speak? Where are you going,

With those twigs in your beak"? I am soon going,

To lay some eggs very round; So I'm building,

A nest to keep them safe and sound"! - Chaitra P - VII Std.

#### RIDDLE

- 1. What room can no one enter?
- 2. If you have me, you want to share me. If you share me, you haven't got me. What am I?
- 3. What gets broken without getting held?

- S. Phebe Elisheba & Jennifer B. - VII Std.

Answer: 1. Mushroom, 2. Secret, 3. Promise

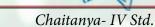
# Recipes

### FRUIT MINGLE



#### **Ingredients**

Biscuits(Plain) 10 nos. Milk 1/4th cup Fruits- cut into cubes 2 cups Condensed Milk  $\frac{1}{2}$  a tin Cashew Nuts- cut into small pieces 1/4 cup



#### Method

- Take biscuits in a bowl. Crush them using the backside of a spoon until lumps are smoothened.
- Mix milk and biscuit powder. Continue adding milk until it becomes easy to mould the paste. Take 4 ice cream bowls, spread biscuit paste evenly and add cut fruits.

Pour condensed milk and top it with sprinkled pieces of cashew nuts. Refrigerate for an hour and serve cold.

# Takried Teachers Takrie DMCS - Vidgoronge pure Ms. Sudha - Faculty Member

Ms. Sudha - Faculty Member

# **Hindi Literature- Munshi Premchand**

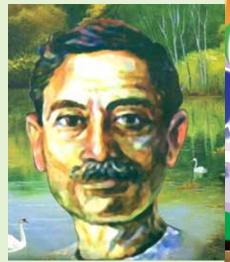
as Munshi Premchand, was one of the greatest literary giants of ki Beti, Kafan, Udhar ki Ghadi, modern Hindi literature.

His real name was Dhanpat Rai Srivastava. He studied privately while working and passed his Intermediate and B.A. examinations.

A dozen novels, over 300 stories many plays authored and by him are very popular and admired by the laureates and readers of Hindi literature. The stories have been compiled and published as 'Maansarovar'. His famous creations are Panch

Premchand, popularly known Parameshvar, Idgah, Shatranj ke Khiladi, Poos ki Raat, Bade Ghar Namak ka Daroga. Gaban is considered as a classic even today and is also prescribed as a text book, along with some of his other books

> Munshi Premchand was a great social reformer. He married a child widow. Premchand brought realism to Hindi literature. His interesting style of storytelling and usage of powerful linguistic abilities deeply impacts his readers. His work also addresses the problems of rural and urban



India. They are not only translated Indian into all languages, but also into Russian, Chinese and many other foreign languages.

# Talento DMCS - Banaswadt

# TAKE A STEP

Feeling blue? You are not the A few shovel loads later. only one. All of us go through phases of being down ---- that is down the well. He was part of life.

One day, a farmer's donkey fell into a well. For hours, he tried to figure out what to do. Finally, he thought that the animal was old. and the well needed to be covered up anyway; it just wasn't worth to retrieve the donkey. He invited others to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried. After sometime he stopped crying and started thinking of an idea.

the farmer finally looked astonished at what he saw! With each shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up. As the farmer's neighbours continued to shovel dirt on top of the animal, he would shake it off and take a step up. Soon, everyone was amazed as the donkey stepped over the edge of the well and happily trotted off! Life

Ms Anandhi N.G. - Faculty Member



is going to shovel dirt on you, all kinds of dirt- Remember, each of our troubles is a stepping stone.

# **Sports@DMCS**

DMCS Athletic Team participated in the Inter School Athletic Meet (12th September, 2015) - organized by St.Michael's High School . The students came out with flying colours, they bagged silver and bronze medals under various

categories eg. Race, Relay.

DMCS student -Taniya Arun Kumar of Std. IV, participated in the BDRSA Open District Road Champion Skating Competition. It was organized by the Best Club on 12th September,2015. She bagged silver Sports Avence

Ms Hemalatha - DMCS Sports Incharge

medals in the 100 mtrs and 200 mtrs category.





# **NCC Parade- Discipline Personified!**

NCC is a visible embodiment of self discipline. It holistically grooms and fosters overall personality development in individuals. The growing emphasis on NCC Training catapulted DMCS,Vidyaranyapura to enroll itself as a certified NCC Training Centre, for moulding student cadets. Senior Cadre NCC Officers are entitled to spearhead the selection process of students for the much solicited NCC Training at schools.

The NCC Parade was held at the DMCS school campus on 23rd September, 2015 - it beautifully demonstrated the elating NCC Drill, the subsequent Kadam Tal, March Past & Saluting. The brisk and suave march past of the well attired students, in immaculate uniform remained a visual and memorable treat for the parents, students, management and the general public, at large. The NCC Curriculum being presently followed at school also includes striking sessions like – reading maps (with or without compass),



navigation sessions (finding correct way if one is lost), identification of terrains (symbol based) and Guns and rifles identification. Holding and handling of weaponry - it's loading with bullets and firing; have made the students knowledgeable and more vigilant towards self-defence activities. Q & A sessions, sports based fun–times, icebreaking sessions are many more activities that have mustered the chivalry quotient of the DMCS Cadets.

NCC tenets of team work,

cooperation and responsibility is deeply engraved in each of the cadet at DMCS Vidyaranyapura. The rigorous training sessions by qualified NCC instructors, have transformed our children to be internally equipped to take on any adversity life throws on them. DMCS Vidyaranyapura deeply encourages students to be enrolled and get associated with such an inspiring and wonderful organization - We salute the NCC!

Shri Gowri - IX Std.



# GGG Garden City Pre-University College

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