

# DMCS

Emphasis is on life

Admissions Open For  
Grades Pre-Nursery to Std.XII

# Gems

## Deva Matha Central School

Leaving An Impression

Horamavu, Banaswadi, Bengaluru-560 043  
Ph: 080-65478137, 080-25458180

Vol: VII, Issue: 10, March 2017  
www.dmcs.edu.in

Defence Layout, Vidyananyapura, Bengaluru-560097  
Ph: 080-23643752, 080-65478144

## DMCS GRADUATION DAY 2016-17



DMCS Banaswadi and Vidyananyapura celebrated the Graduation Day ceremony of Class X and Class XII on February 11<sup>th</sup> 2017 hosted by DMCS Banaswadi. The ceremony, eagerly awaited by the parents and pupils alike focused on giving a farewell as well as honoring the Class X and XII pupils. Gracing the occasion as Chief Guest was Lt. General C. R. Sampath Kumar, PVSM, AVSM, VSM (Retd) and His Excellency Dr. Joseph V. G., Honorary Consul of Maldives in Bangalore and Chancellor - Garden City University. The other illustrious guests who attended the ceremony were Mr. Nainan P Oommen-DMES Secretary, Ms. Vrinda Coutinho - Director Administration DMCS & Garden City PU College, Ms. R. Balasundari - Principal DMCS Vidyananyapura, Ms. Sujatha K. - Principal DMCS Banaswadi the extended family of DMCS which included the parents, siblings and well-wishers of the students.

The programme began at 3:50 pm with the entry of the outgoing students led by their subject teachers. It was intermittently followed by the dignitaries headed by

Dr. Joseph V. G. and the class teachers of STD X and XII. After the DMCS Anthem, Ms. Sujatha K. - Principal DMCS Banaswadi gave the welcome address to the gathering. Subsequently, Class X student Pranav Rao B. S., DMCS Vidyananyapura and Class XII student Shivani S., DMCS Banaswadi gave their farewell speeches narrating their memorable experiences with their teachers and the institution. Our Chairman Dr. Joseph V. G. felicitated the Chief Guest, Lt. General C. R. Sampath Kumar. The Chief Guest then inspired all by sharing his wonderful thoughts on the importance of the role of parents and teachers in the growth and development of a child. His key advice for the students was, "Enjoy the journey of working towards their goals by keeping their aims high in the sky and dedication deep seated". He also gave a wonderful perspective where he called DMCS students fortunate to have the opportunity to study at an institution like DMCS as compared to many others who lack such avenues. Wishing them the very best in their journey, the Chief Guest presented mementos to every outgoing student of DMCS.

Ms. Balasundari, Principal DMCS Vidyananyapura administered the oath. The students took the solemn oath of keeping up the high morale and the name of their teachers and the institution by becoming good human beings.

Our Chairman Dr. Joseph V. G. motivated the students to do their best in whatever stream they opt for by following a simple rule 'KASHH' where K is for Knowledge, A for Attitude, S for Sincerity, H for Honesty and the last but not the least H for Hard work.

The Programme then moved to the Cultural Dance performances by the students of DMCS. Ms. Meenakshi, the dance faculty at DMCS Banaswadi, enthralled the gathering with her melodious singing.

A heartfelt Vote of Thanks was delivered by Ms. Vrinda Coutinho, expressing her deep gratitude to the august gathering, for taking out their precious time to encourage the graduating students.

The Graduation Day 2016-17 was indeed a memorable event for one and all.

**Ms. Suchita Bhatt – Faculty Member**

# “THE CORNERSTONE OF GEMS”



To plant a garden is to believe in tomorrow, a child’s mind is a garden, their thoughts are the seeds and our monthly edition of “GEMS” a collection of flowers that blossoms from the tiny seeds of thoughts.

“GEMS” has tried to capture all special moments and events in it, so that, they can be kept vivid in the minds of all. In today’s competitive world, the finer creative tendencies of students make our youngsters highly mechanical. GEMS also encourages talented teachers, fosters Sports Events - Intra and Inter School competitions as well as umpteen life skills activities and extra-curricular initiatives. Gems has always endeavoured to include the variegated topics that linger in the minds of the



students from the tiny tots of the Kindergarten to the teenagers of the High School classes.

“GEMS” exhibits the best

sculptures chiseled with great care and artistic connotation by the student fraternity and a team of experienced faculty members and student editors.

**“WHAT SCULPTURE IS TO A BLOCK OF MARBLE,  
EDUCATION IS TO THE SOUL .”**

**- JOSEPH ADDISON**

**- Editorial Team**

## Deva Matha Central School

## Editorial Board

<b>Chief Editor</b> Ms. Ranjeeta S	
<b>BANASWADI</b>	<b>VIDYARANYAPURA</b>
<b>Editor</b> Ms. Kokila Vani M., Ms. Padma Priya	<b>Editor</b> Ms. Sherine, Ms. Nalini, Ms. Sreeja
<b>Student Editor and NIE – In charge</b> Cheryl Rachel Jojoy, Jaya Srivastav, Sashreek Selvam	<b>Teachers in charge</b> Ms. Roopalakshmi, Ms. Prabha Diwakar, Ms. Sumathy Magesh
<b>Student Board</b> Atla Rushitha, Allen Stanley, Kritin Thakur, Lohith Bellapu Reddy, Sidhidhatri Dwivedi	<b>Student Board</b> Lokesh R, Pranav Rao



### WIT & WISDOM OF BIRBAL

Once, King Akbar had a mysterious dream- that he lost all his teeth except one. He was quite worried and ordained his Minister Birbal for a leading astrologer to explain what his dreams actually meant. The astrologer was sworn in and he understood the myth of the King's dream and declared the truth, that- "the King would lose all his relatives before his death." The King then rose with fuming anger and turned out the astrologer off his court. But Birbal as usual, calmed down the King with his witty solution. Birbal said, "Your Majesty, actually, the



meaning to your dream is that, you will live longer than all your relatives would." The King's dream could not have been made more explicit

than Birbal 's explanation and thus the King with great joy rewarded Birbal with a big bag of gold coins.

*Kevin Sathees- Std.IV*

### GROUNDWATER: LIFELINE OF OUR NATION

Groundwater or underground water is one of the sources of freshwater. It is a precious source of water. It provides various benefits for the people. The groundwater keeps the land above it moist which helps in the growth of many insects, microorganisms and plants. In agriculture the presence of ground water helps the farmer combat water related issues, as the groundwater keeps the soil moist.

Whenever there is a shortage of water in the rivers, dams or reservoirs, we can make use of groundwater available regions for various needs. Tube wells and bore wells are dug to supply the groundwater to houses for domestic purposes. When we pollute the land with harmful substances like toxic chemicals and solid waste, these harmful substances reach the water table

and starts to pollute the groundwater and makes it unfit for usage. When the water gets polluted, it affects the plants and other organisms in that particular region. Hence we should try to keep the ground water protected from these

harmful substances, so that we can make use of the groundwater for various needs. The region with groundwater must not be dug up regularly or time and again. We must allow the groundwater table to get recharged, so that it increases the volume or amount of water. As the groundwater provides various facilities and acts as a support system to the people, it is a life giving source to the nation.



Groundwater also provides a geographical or biological support for plants, organisms and the soil by providing the nutrients required for their growth and survival.

Groundwater indeed is the 'Lifeline of our Nation' and we must do our best to mitigate water pollution and scarcity of groundwater for the benefit of our nation.

**- Lokesh R. - Std. X**



## GRADUATION DAY FOR UKG STUDENTS

**“EVERY SMALL STEP TAKEN IN THE RIGHT DIRECTION LEADS TO GREAT SUCCESS”**

Deva Matha Central School, Vidyaranyapura celebrated the Kinderfun Graduation Day on 25<sup>th</sup> February, 2017.

Smt. Triveni Murthy, former Principal MLA College for Women and a Social Worker was the Chief Guest of the function. The graduating little ones in their prominent red attire were elegantly photographed with the Chief Guest Smt. Triveni Murthy, Mr. Nainan P. Oomen - DMES Secretary, Ms. Vrinda Coutinho - Director Administration DMCS & Garden City PU College, Ms. R. Balasundari - Principal DMCS Vidyaranyapura.

Jerine of class III introduced the Chief Guest with warmth and delight. The parents of Gagan, UKG student felicitated the Chief Guest. This was followed by a beautiful dance performance which was presented by the Pre



Nursery and LKG students. Ms. Nalini, Kindergarten teacher administered the oath for the young ones and the graduating little ones duly repeated the oath.

Ruthvik Nair and Pranathi G. Sunkad of UKG narrated the journey of all the Kindergarten students. The Chief Guest addressed the gathering. During her speech, she not only congratulated the teachers, parents, grandparents and the young graduates, but also rendered advice to the enthralled audience.

She ended her speech saying that every child is divine and unique, wherein each child requires a quality time from teachers, parents and grandparents.

Ms. Balasundari, the Principal of DMCS, Vidyaranyapura addressed the gathering with a moral, that little ones are non-judgmental but the elders seem little far away. The function came to an end with a Vote of Thanks by UKG student, Charis Jaimon.

**Ms. Prabha Diwakar**  
-Faculty Member

## How To Face Examination Without Fear

**- Dr. Gururaj Karajagi**



It was a pleasant afternoon when a staggering six hundred students attended a session on “How to face examinations without fear” by Dr. Gururaj Karajagi, Chairman Academy for Creative Teaching (ACT) at Garden City College campus. Apart from us there were

children on how to be well planned by setting up time tables and preparing well in advance. He also explained the importance of revising and emphasized that “If you think exams are tough it will be tough, if you think it’s easy it will be easy.”

many schools gathered to attend the session by the eminent speaker.

Dr Gururaj Karajagi, began with live demonstration on how to think differently with a self designed model of a box. He advised the

We understood that confidence is an advantage but overconfidence could be a hindrance to our achievements. We were enriched with his experience and he also encouraged us to face examinations without fear by inspiring all the young minds. Subsequently, to honour Dr.Karajagi, for his exceptional work in the field of creative thinking across the globe, our Chairman Dr. Joseph V.G. proposed the Vote of Thanks and concluded the session by announcing a scholarship for four deserving students at Garden City College.

**-Pranav Rao - Std. X**



# EVENTS @ DMCS - BANASWADI

## KINDERFUN GRADUATION DAY

Deva Matha Central School, Banaswadi celebrated the Kinderfun Graduation Day on 04<sup>th</sup> March 2017, for the Academic Year 2016-17. It was indeed a moment of pride for the UKG students who were stepping into the next milestone of the learning experience. It was a pleasure to see our little one's dressed in gowns and caps which added an extra magic touch to the event.

Chief Guests for the day were Dr. Krishnamurthy, former Director General of police in the State of Karnataka and Mrs Radha Krishnamurthy, a pioneer in the Educational field. The other dignitaries comprised of our School DMES Secretary - Mr. Nainan P. Oomen, School Director - Ms. Vrinda Coutinho and Principal - Ms. Sujatha K. A welcome address was given. It was followed by felicitation of the Chief Guest. The Administration



of Oath was delivered by Ms. Victoria Christina, Kindergarten Faculty Member. Our little angels from LKG presented a spectacular dance performance.

A profound speech revolving around - "A Trip Down The Memory Lane," was delivered by the students. The children were presented with mementos, by our esteemed Chief Guests.

The Chief Guest Dr. Krishnamurthy then addressed the gathering highlighting the importance for

parents to keep aside their busy schedule and contribute to the child's momentous years.

The programme concluded with a Vote of Thanks by UKG student remembering and recalling, the dear moments with teachers and friends. The spectacular audience could sense their nostalgic feelings, followed by thundering claps. The programme concluded with the National Anthem followed by High Tea and Snacks.

**Ms. Celine Henry - Faculty Member**

## GOOD READ AWARDS DAY



Good Read Awards Day is an annual Event, dedicated to the 'Regular Users of the School Library.' The Event was held on the 23<sup>rd</sup> February, 2017 for such ardent readers.

The Good Read Awards Day celebrations began with a forum of Speech by the Primary and the High School students on Library Books

and services. Children enacted a theme based skit which brought in a lot of smiles, a huge band of singers, sang the Library song with animation and grace, which goes this way, "books books books books such a lot of books..."

This day brought great inspiration to all our students, because our

"Good Read Award Winners' implanted in School their constructive resonance of having read over volumes of books during the Academic Year 2016-17. The record of Library proceedings enabled them to summon the prestigious Literary Awards. The prizes were awarded to students by our School Director - Ms. Vrinda Coutinho and Principal - Ms. Sujatha K.

The School Director placed on record, her appreciation for the Team, in erecting literary milestone year after year, thus contributing towards building up intellectual habits of "Good Reads" in the minds of every DMCCite.

**HAPPY READING**

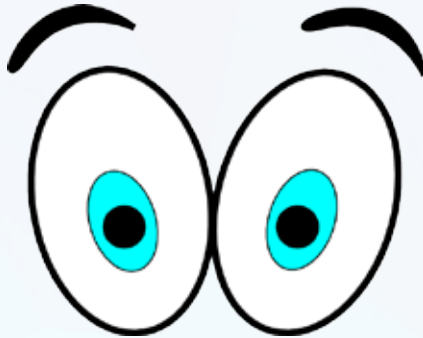
**Ms. Kokila Vani M.  
- Library Incharge**



### NIE-An EYEOPENER

Language is a mode of communication, but the society is filled with unique people who have mastered in different spheres of communicating skill.

NIE session has been included as a part of our School Co-scholastic programme. Mr. Prakash an educationist with a hearing impairment, was one of the faculty of NIE who enlightened



the students on the importance of "Sign Language" for all people

without any age bar. Words cannot match his ability and caliber that was sensed and proved by each student.

His face revealed the joy of knowledge and teaching the skill with self-content without any discrimination or hesitation. The class concluded by an activity of revealing the names, location and school through actions.

### Talent@ DMCS - Banaswadi

### ZEN OF YOGA

Ms. Gayatri -  
Yoga Instructor

To attain and maintain perfect physical and mental health, Yoga has various techniques such as Asanas and Meditation. Yoga, is a time-tested Science that aims at rejuvenating all the glands and organs in the body ensuring their effective functioning.

An appropriate Yogic routine followed correctly and sincerely from childhood can, not only cure and prevent ailments, but will also ensure proper physical and mental growth of a child.

Yoga is a path towards harmony of body, mind and spirit. Yoga is not merely a form of exercise for the body, it is an ancient wisdom, for a healthier, happier and a systematic standard of living which ultimately leads to union with the self. It's application is universal.



#### Benefits of Yoga:

- ✓ Helps in releasing toxin from the body.
  - ✓ Channelise energy flow.
  - ✓ Improves the flexibility of muscles, range of motions of joints .
  - ✓ Corrects the posture and alignment of the body.
  - ✓ Regulates the digestive, endocrine and circulatory system.
  - ✓ Strengthens and revitalizes the internal organs, leading to a healthy and youthful body.
- "Yoga Adds Years To Your Life And Life To Your Years."





# AHAM ARTICLE

## LET'S PERSEVERE!!!

Life Skills

Ms. Aparna Athreya - AHAM Co-ordinator



When talking about success, it is often said that the difference between failure and success is perseverance. Perseverance is the ability and self-control that pushes you to work through challenges.

### What is perseverance?

1. Staying with the task and not giving up.
2. Showing commitment, pride and a positive attitude in completing tasks.
3. Trying again and again and again.
4. Being patient and willing to work hard.



### How to teach kids Perseverance:

#### 1) Positive sayings:

"It's not that I'm so smart, it's just that I stay with problems longer."-Albert Einstein.

FAIL =First Attempt In Learning.  
I can't do it yet.

Practice makes progress!

- 2) **Pausing:** Giving kids the right amount of space and encouragement while keeping the ownership of the problem with them is crucial too. Pausing is an art, not a 'one size fits all' strategy. You know your kids' best and what level of guidance

they need depending on their age, needs, personality, and the situation. Don't rush to fix problems for them. Teach them how to fix problems for themselves and watch their confidence grow.

- 3) **Transparency:** Share your mistakes with the kids and model reflection. Show them how to stick with it, solve a problem, push through, ask for help or try harder the next time. Let's help them build early habits to learn from mistakes and persevere through problems too.
- 4) **Teaching Kids the 3 P's :** Patience- Practice- Perseverance. It's persistence that keeps us moving forward, meaningful goals are not achieved overnight. They require effort, patience and a never- give-up attitude. If you continue to take action, you will build momentum.

As Sukhi says...When you feel like quitting, think about why you started.

## Sports@DMCS

### The DMCS Kickers Cup Season 3 Tournament 2016-17

The DMCS Kickers Cup Tournament-Season 3 was organized for the first time at Deva Matha Central School, Banaswadi campus from 30<sup>th</sup> - 31<sup>st</sup> January 2017. The extravaganza witnessed a staggering participation of 12 schools for the event. The Chief Guest for the sporting occasion was Mr. Sasi Krishanan (Founder of Super Park Football Academy) and Mr. Anbumani (President of kickers club). While the teams fiercely participated for the initial level of matches, the event witnessed its final adrenalin rush in the semi-final and final knock-outs. The Final match was played between D.P.S 'A' team and D.P.S 'B' team wherein both teams performed zealously. D.P.S 'B' team won the Tournament.



Best player award	Yuhan ( D.P.S 'A' team )
Best Goal keeper award	Arjun (St. Aloysius)
Best Team Award	New Horizon Gurukul
Runners up	D.P.S ( East ) 'B' team
Winners	D.P.S ( East ) 'A' team
Rolling trophy	D.P.S (East) 'B' team

Ms. Hemalatha - DMCS Sports Incharge



**Why Garden City Pre University College:**

- ◆ Transformational Learning Experiences
- ◆ Student Centric Pedagogy
- ◆ Personalised Professional Learning
- ◆ Optimal Instructional Hours in sync with resilient Teaching Methodologies
- ◆ Research Synthesis based Labwork
- ◆ Well- Designed, Robust Infrastructure
- ◆ Equity of Value Based Education and Opportunities
- ◆ Community Work and Collaboration
- ◆ State of the art Digital Learning Resources
- ◆ Exponential Career Opportunities
- ◆ Easy Access to Faculty, Peers, Industry Experts
- ◆ Career Engagement and Guidance
- ◆ Professional Learning Activities for unleashing Future Leaders

**COMBINATIONS OFFERED**

<b>SCIENCE</b>	PHYSICS, CHEMISTRY, MATHEMATICS, BIOLOGY
<b>ARTS</b>	HISTORY, ECONOMICS, POLITICAL SCIENCE, SOCIOLOGY
<b>COMMERCE</b>	BUSINESS STUDIES, ACCOUNTANCY, ECONOMICS, COMPUTER SCIENCE

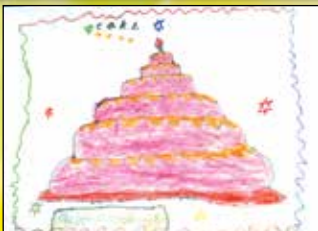
LANGUAGES OFFERED:  
ENGLISH, KANNADA, SANSKRIT, HINDI & FRENCH



For more information Call: 9243750002

[www.gardencitycollege.edu/puc](http://www.gardencitycollege.edu/puc)

**My Creative Space**



BILVA N V - UKG



G. SIDDHARTH - I



HEMANTH GOWDA - V



ASHISH THOMAS - III



AARYAN .S-UKG



NABIL - III



POORVI M. BADIGES - IV



RIFQ S - II

