

DMCS

Emphasis is on life

Gems

Deva Matha Central School

Leaving An Impression

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UKG Graduation Day

Ms. Fatima Sherene - Faculty

The 7th of March 2015 was a special and memorable day as it was filled with enthusiasm, good cheer and high spirits for the tiny bubbling wonders of UKG. The little ones were all full of energy and looked extremely confident as achievers in their exclusive graduating attire.

The evening was anchored by Theekshitha S. and Charan Venugopal of III Std welcomed the gathering. The grand evening began with the formal lighting of the ceremonial lamp by the honourable chief guest -Shri.Jayaprakash Nagathihalli, a CEO of Transformation Unlimited, Chairman of Nagamma Foundation and TV Shows anchor in the presence of the DMCS school co-ordinator - Ms. Vrinda Coutinho, Principal-Smt.Balasundari and Vice-Principal Ms.Roopalaxmi.

The Chief Guest was felicitated by the parents of Shivamharaj V. of UKG Mr. and Mrs. Vijaykumar. On this auspicious occasion the school's in-house magazine "GEMS" for the month of February was released by the Honourable Chief Guest. Later, a melodious action song was presented by the students of LKG to share the joy of celebrating graduation



day of their UKG friends.

The graduating tiny tots Anika S.R, Adarsh J and Amulya R of UKG shared their pre-school memories which was overwhelming and brought out pleasant smiles on the faces of the proud parents. The honourable chief guest in his motivating speech shared some important points on good parenting and allowing kids to do what they want but through the right guidance. Our Principal Smt.Balasundari gave a few words of wisdom to the parents and the little stars in her address. Later, the school co-ordinator Ms.Vrinda Coutinho conveyed the message from our Chairman, His Excellency Dr. Joseph V.G to our young budding graduates on this occasion.



Being the eve of International Women's Day a small insight on "The Woman of Substance" was shared and the women present in the campus and across the globe were specially wished by the management, staff and students of Deva Matha Central School, Vidyanarayapura for being special in every sense.

The graduation ceremony concluded with the Vote of thanks by Srilakshmi L Raj followed by the National Anthem.

EDITORIAL Transforming Failure to Success

Henry Ford failed and went broke five times before he finally succeeded. Beethoven handled the violin awkwardly and preferred playing his own compositions instead of improving his technique. His teacher called him hopeless as a composer.

Colonel Sanders had the construction of a new road which put him out of business in 1967. He later went to over 1,000 places trying to sell his chicken recipe before he found a buyer interested in his 11 herbs and spices. Seven years later, at the age

of 75, Colonel Sanders sold his fried chicken company for a finger-licking' \$15 million! Walt Disney was fired by a newspaper editor for lack of ideas. Disney also went bankrupt several times before he built Disneyland.

Charles Darwin, father of the theory of evolution, gave up a medical career and was told by his father, "You care for nothing but shooting". Albert Einstein did not speak until he was four years old and didn't read until he was seven. His teacher described him as "mentally slow, unsociable and

Ms.Kavitha S. - Faculty Member

adrift forever in his foolish dreams." He was expelled and refused admittance to Zurich Polytechnic School. The University of Bern turned down his Ph.D. dissertation as being irrelevant and fanciful. Louis Pasteur was only a mediocre pupil in undergraduate studies and ranked 15 out of 22 in chemistry.

Never give up believing in yourself because failures are stepping stones to success and people who have never failed have never tasted success!!!

Students Day Out at Jawaharlal Nehru Planetarium

The 3rd of March 2015 was a special day for us, as the school had arranged for a trip. We had been eagerly waiting for this day. We reached school at 8:00 a.m. Our class teacher as usual huddled us up for prayer and then took attendance. We all boarded the van and our journey was set to the Jawaharlal Nehru Planetarium. There was so much of excitement and joy all around. We first went to the science park and learnt some basic concepts on sound, colours and types of motion. It was quite interesting. After our visit we had our snacks.

After a while we went inside the planetarium and were seated in our respective seats. It was a splendid experience, we were in space, and we saw planets like Mars, Venus, Jupiter, Earth etc. We also saw few inventions of some great scientists. We saw how the planets were orbiting around the sun. The wonder went on for one hour.

After the show we boarded the bus for Garden City College, where we had



yummy lunch, saw beautiful flowers & fountains. After which we were taken to the GCC auditorium and were shown the movie named "Gravity". The movie was about astronauts. It

was quite interesting and exciting.

We boarded the bus in the evening to go back to school and from the school our parents picked us up. We had a memorable school trip.

International Women's Day "Make it Happen"

Class -VIII

We the students of class VIII had a special assembly to celebrate International Women's Day. International women's day is celebrated as a mark of respect, appreciation and love towards women. It is a global day to celebrate the economic, political and social achievements of women from the past, present and future.

In the morning assembly students were briefed about the importance of women's day. One of the students dressed up as Malala Yousafzai delivered an inspiring speech on "Empowering and educating women". On this occasion our Principal Smt. R.Balasundari was presented a bouquet on behalf of all women staff members as a token of love and respect. To mark the day the girl

students wore the badges carrying the logo of International women's day which symbolizes justice and dignity, the two values strongly associated with Women's equality.

The colours purple, green and white were used in the badges to show solidarity. It was a proud moment to be a part of women fraternity. It was a memorable experience!!!



VISION with You



As the holiday season moves into full swing and parents plan a vacation for their children, it's imperative to understand that children want to explore everything. The only thing students look forward to during vacation is to have loads of fun.

A family vacation is an important bonding and rejuvenating experience -a time to interact in a relaxed environment, away from the busy everyday schedules of work, school and extracurricular activities. At the beginning of the summer vacation, sit down with your kids and make a list of nice things you can do for your loved ones. Make a list of family, friends and neighbors for whom you would like to do something special and then do the kindness act.

Opportunities to explore nature during the summer are endless. You can visit a botanical garden in your neighborhood or plant a garden as a family. Gardening is a wonderful activity that can last all summer long. Even if you are short on space, you have options. Just make sure you will have the time to devote to planting, tending and harvesting the fruits and vegetables from your garden.

Summer's the perfect time to host a reunion. Have a family reunion or a reunion of friends you haven't seen in a while. Spending time with friends should be just as valued as learning in a classroom. Life lessons and natural experience is learned through sharing. Parents can use this time to instill moral values among their children by speaking positively about their immediate family members, relatives, friends, teachers, school and all those aspects that influence the child's environment. Summer allows the growth of emotional skills and problem solving abilities. Summer vacation is a period that lets children just live life without any of the stress that comes along with constant homework assignments or projects. Summer break gives a perfect amount of time for students to get enough rest to start school back in June with a refreshed and open mind.

Dear Parents, every working person dreams of finding that ultimate work life balance. The stresses and pressure of a full time career, coupled with the demands of raising a family and running a household can take its toll on any working parent. It's time you gift your family and yourself some memorable family time.

Happy holidays!

DR. JOSEPH V. G.
CHAIRMAN

Deva Matha Central School &
Garden City Group of Institutions





Mrs. R. Balasundari,
Principal, Vidyaranyapura

Happy Holidays!!!

"After the storms, there will come peace" and true, it has! The examinations are almost over and the vacation is about to begin. A time to relax! The most awaited time of the year, isn't it?

Enjoy and unwind my dear children. Eat well, sleep well and read what you like but do read!

As the age old saying goes, "Make hay while the sun shines", so what

are you waiting for? Summer's here, the sun is all out - bright and gay! For all the pastimes that you thought there wasn't enough time, now is the time.

Paint, sketch, play with friends and colours, sing, dance, enjoy your favourite sport and most importantly, spend as less time as possible in front of the television set!

Especially for those of you who have planned trips – short or long outside town, and also for those of you who will be staying in town, stay safe. Junk food, water outside home and crowded places are potential causes of sickness. So eat healthy and right, drink plenty of water and enjoy the summer!

Have a Happy Vacation!! And see you back soon!



Happy Holidays

Deva Matha Central School Vidyaranyapura Editorial Board

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NATIONAL GAMES

The genesis of the National Games is in the Olympic movement, which gathered momentum in the country in the 1920's. Aimed at promoting Olympic Sports in the country, the National Games in India was envisaged as the Indian Olympic Games in its initial years. The culmination of this movement was the launching of the 9th edition of the Indian Olympic Games at Lahore in undivided Punjab in 1924. The competitions were held every two years in a major city of the country ever since. From 1940, the Indian Olympic Games was held as National Games. This event comprises of various sports disciplines in which sportsmen from different states of India participate against each other.

The city of Lucknow hosted the National Games in its first post-independence avatar. The duration and the regulations of the National Games are entirely within the jurisdiction of the Indian Olympic Association. Although the periodicity of National Games is two years, it is not allowed to coincide with the years scheduled for the conduct of Olympic Games and Asian Games.

2015 welcomed the National Games to Kerala for the second time in its 35th edition. The first occasion was in 1987 when the 27th National Games was held at Thiruvananthapuram, Kozhikode, Alappuzha, Kochi, Thrissur and Kollam. The next 36th Games will be hosted by Goa, and the 37th by Chhattisgarh.

Objectives of the National Games

- The National Games is organized for the benefit of sports persons, sports organizations, sports technical officials and sports administrators of India.
- It is to be organized economically with administrative and technical efficiency by providing decent accommodation & catering facilities to the participants besides providing the international standard competition venues and sports equipment.
- It's meant to bring awareness among the States/ UTs about the necessity for creating the sports infrastructure of international specifications for raising the standard of Indian sports.
- It aims to enable the States/ UT to organize the national and international competitions thus strengthening the competition program in the country with focus on talent identification for building the medals winning National teams in the International competitions.

It aims to attract the youth in large numbers for participation in sports activities.

BLACK-NINJA

You might have heard of the Black-clad figures with muffled faces skitter through a courtyard, swarming over walls like spiders and running lightly across rooftops, quick as cats.

An unsuspecting Samurai sleeps peacefully as these shadows permanently silence his body guards. The bedroom door slides open without a sound, an up-raised blade glints in the moonlight, and... There you see the Ninja!

These are the ninjas of the movies and comic books, the stealthy assassin in black robes with magical abilities in the art of concealment and murder. This wraith-like being is very compelling, to be sure. But what is the historical reality behind the popular culture icon of the Ninja?

It is difficult to pin down the emergence

of the first ninja, more popularly called Shinobi. After all, people around the world have always used spies and assassins. Japanese folklore states that the ninja descended from a demon that was half man and half crow. However, it seems more likely that the ninja slowly evolved as an opposing force to their upper-class contemporaries, the Samurai, in early feudal Japan.

Most sources indicate that the skills that became ninjutsu, the ninja's art of stealth, began to develop between 600-900 A.D. Prince Shotoku, (574-622), is said to have employed Otomono Sahito as a shinobi spy.

Ninjas utilize a large variety of tools and weaponry, some of which were commonly known, but others were more specialized. Most were tools used in the infiltration of castles. The image of



the ninja entered popular culture in the Edo period, when folktales and plays about ninja were conceived. Stories about the ninja are usually based on historical figures.

I Jayanth - VIII Std.



WHEN SHOULD KIDS START SPORTS?

It's not easy to determine how early to start children in organized sports. Children of the same age vary considerably in their physical and psychological maturation, and there is no practical method of measuring maturity. Assuming one has shown interest, five or six is the generally accepted earliest starting age for organized team sports. At the early ages participation should be limited to sports that involve a lot of physical activity and encourage the development of major motor muscles. Students in grades 1-4 can benefit most from games that are modified to meet their needs and abilities. Play and fun are more important to this age group than highly structured sports that emphasize the outcome rather than the process. Parents and coaches are usually the ones concerned about

winning and losing. When you select a sport, keep balance in mind. Encourage your friends to try many sports and activities when young and not to think of specializing or playing competitively until you reach middle school. Make sure a balance also occurs between adult organized activities and free playtime. We need time to just be kids and to play with other kids without a set of rules or adult involvement.

The most important decisions to make are which youth sports organizations and which coaches are best for us. Make sure that you take the time to find out about the league, its leaders and coaches. Better yet, get involved and volunteer to coach. Participating in sports is a healthy way, both physically and socially, to channel our youthful energy in a positive direction. Make



sure our first experience encourages us to begin a lifelong interest in physical activities and good health.

There are many other options besides team sports available to us for those who want to participate in sports. Parents should encourage their children to become involved in individual and lifetime sports such as bowling, golf, swimming, tennis, gymnastics and martial arts.

You can find information about these sports by visiting the facilities or through the yellow pages of the phone book.

To be a part of a family like mine
is so divine
Where love is shown
Hurt is shared
Our love for each other is never
impaired.
We talk
We laugh
We cry
But we are a family
and we do it all together

For as a family
We do it all as one.
You hurt one
You hurt all
And as a family unit
We will all stand tall
For we are family
A family full of strength
A family full of love
A family no one can touch
That's why I love my family so much.

My Family

Janus Ann - IV Std.



RUBY

The fiery and captivating Ruby is a stone of nobility. It is considered the most magnificent of all gems. The queen of stones and the stone of kings. Ancients believed it surpassed all other precious stones in virtue and its value exceeded even that of the diamond. The Chinese emperor Kublai Khan was said to have offered an entire city in exchange for a sizeable Ruby. A ruby is a pink to blood-red coloured gemstone, a variety of the mineral "carundum". The red colour is caused mainly by the presence of the

element chromium. Its name comes from rubber, Latin for red. Prices of rubies are determined by its colour. The brightest and most valuable red called blood-red, commands a large premium over other rubies of similar quality. After colour follows clarity: clear stone will command a premium, but a Ruby without any needle-like retille inclusions may indicate that it has been treated. Cut and carat are also important factors in determining the price. Ruby is the traditional birthstone for July and is always lighter red or pink than garnet. Ruby is distinguished for its bright red colour, being the most famed and fabled red gemstone. Besides, its bright colour,

S Phebe Elisheba-VI Std.



it is a most desirable gem due to its hardness, durability, luster and rarity. Ruby is one of the most popular gemstones, and is used extensively in jewellery.

EVENT @ GCC

National Science Week

Esha Ghosal - IV Sem. BSc. Biotech.,
Suraj Prasad, IV Sem. BSc. Biotech.

On 24.2.2015, Day 2 of the National Science Week celebrations at GCC included screening of clippings from popular science fiction movies. The National Science Week is an ongoing event organized by Nuova Vita, the Life Sciences club at GCC under the aegis of the Department of Life Sciences, in association with the Department of Computer Sciences. Undergraduate and postgraduate students participated in the movie review event in large numbers. Clips from classic sci-fi movies like Lucy, Jurassic Park and X-Men were shown. Debates on issues such as the feasibility of technology demonstrated in the movie and its ethical implications were held. Students from each class presented their views and debated with the opposing team. Topics for discussion covered legality of mind-altering substances, genetic engineering, cloning and human mutations. Rytham Manhas, II Semester, B. Sc. (Biotechnology) appreciated the depth of ideas presented in the discussions and hoped that the club would organize more such events that involve participation of all students.

As part of the ongoing National Science Week celebrations, Nuova Vita, the Life Sciences club at GCC under the aegis of the Department of Life Sciences, organized three parallel workshops on various topics on 25.2.2015, Wednesday. The workshops included wine-making, organic farming and dermatoglyphics.

In the workshop on wine-making, students were educated about the various aspects of wine, its nature and preparatory stages. Two different types of wines were prepared, red and white, from grapes. The workshop covered subjects like

selection of fruit, yeast and preservatives. The sterilization techniques of wine vats and proper sealing were demonstrated. Finer aspects of viticulture such as aging, bottling and pasteurization were discussed.

Organic farming and vermicomposting workshop was primarily aimed at reducing the use of chemical fertilizers in an easy, cost-effective manner. Students participated in preparing composting bed with soil and biodegradable wastes like paper and vegetable waste. Information regarding various species of earthworms for vermicomposting and scaling up techniques for a mid to large scale industry was provided.

Dermatoglyphics, the science of analyzing palm prints for genetic signatures, was the subject of the third parallel workshop. Dermatoglyphics involves study of palm prints of subjects to identify patterns that indicate genetic predisposition to disorders like myopia (short-sightedness), diabetes and cardiovascular disease. The workshop dealt with identifying major signs on a palm print such as ridge counts, creases and patterns. Students produced palm prints and analyzed them for signs of various genetic disorders. The workshop aimed at raising awareness about genetic diagnostic techniques and options for genetic counseling.

Sudipto Chakraborty, II Semester, M. Sc. (Biotechnology) said, "The three workshops were a great source of information about the various techniques in life sciences that can be applied in everyday life. The theme of the Science Week, Science Unplugged is really successful."

On 26th February, Thursday, an event was organized named, "Science and Story on Stage: Constellations". Here a play was enacted on-stage on the topic of "Bipolar Disorder", which was followed by a video that described the science behind bipolar disorder followed by an open discussion. The play was performed by the 2nd Semester MSc. Biotechnology students. This event was headed by Prof. Preethi Rajesh and Prof. Kirana Shekar.

On 27th February, Friday, Computer Science quiz was organized by the Department of Computer Science. The quiz dealt with the basics of computers. The questions were of MCQ type and identification of logos. This event was organized by the 4th Semester UG students of Computer Science Department. This event was headed by Prof. Mamatha and Ms. Madhavi. The first prize was won by Mr. Rohit Ojha (VI Sem B.Sc Biotechnology) and Mr.Venkatash (IV Sem B.Sc Biotechnology).

Finally, on the last day of the Science Week, 28th February, Saturday, the students of 2nd Semester and 4th Semester UG Life Sciences and 2nd Semester of UG Computer Science went to Gopalan Signature Mall to celebrate the National Science day. Awareness about basic sciences, computer sciences and the environment was created by displaying banners and distributing pamphlets. The students were accompanied by Dr. Shefali Raizada, Ms. Proma Chakraborty, Prof. Florence Shobha, Ms. Urmimala Ray and Ms. Madhavi.

EVENT @ DMCS- BANASWADI

TREASURE HUNT - A REAL QUEST

Club Activity – Rohit P Kurup

On 21st February 2015, the teacher's in charge of the literature club conducted an adventurous quest for the students of the club. 'THE TREASURE HUNT', the students had incessant fun that day finding a surprise gift. The students were divided into two groups: Std 7 and Std 8 were team A while Std 6 and Std 5 were team B. The clues to the treasure were hidden in the unnoticed corners of the school. It

was according to scripts written by Deepit Petkar and Rohit P Kurup of Std 8. As a part of the activity the teachers were given codes to help the children. The clues started from a fire extinguisher and ended at our respected Principal Sir's cabin. Children enjoyed this day and cherished this amazing adventure. Kudos to the teachers in charge of the literary club for coming up with such a wonderful idea.





Recipes



Pineapple Pachadi

Ms.Elsa -Faculty



Ingredients

For the Pachadi:

- 1 cup coconut
- 2 cups ripe pineapple, chopped
- 2 green chillies, slit (de seeded)
- 2 inch piece of ginger
- Salt to taste
- 1/2 cup water
- 2 dry red chillies
- 1 tsp mustard seeds, crushed
- 1 cup yoghurt

For the tempering:

- 1 Tbsp oil
- 1/2 tsp mustard seeds
- 2 whole dry red chillies
- A bunch of curry leaves

Method

For the Pachadi:

- Cook pineapple with green chillies, ginger, salt and 1/2 cup water, till the pineapple is soft and mushy in texture. Take out the ginger at this stage.
- Grind the coconut and red chillies to a paste. Then add the crushed mustard seeds. Mix these with the cooked pineapple. Let it boil, then remove from the flame.
- Add beaten curd and mix well.

For the tempering:

- Heat oil in a pan and splutter whole mustard seeds. Add red chillies and curry leaves. Pour this seasoning over the cooked pineapple. Mix well.
- Serve with Chapattis and stew.

Broken Wheat Kheer

Ms. Jacqueline - Faculty



Ingredients

- 1 cup broken wheat
- 1 cup coconut milk
- 2 tsp Cardamoms powder
- 1 cup jaggery
- 2 tsp Corn flour
- 2 1/2 cup water
- 2 Tbsp of Ghee

Method

- Grind the wheat in a dry grinder.
- Heat ghee in a pan kept on flame.
- Add the grounded wheat and saute till it turns pink in color.
- Now take it out and transfer it into a pressure cooker.
- Add water to the wheat and cook till it becomes very soft. It takes approximately 7-8 minutes.
- Now add jaggery to the cooked wheat and simmer for one minute. Stir occasionally.
- Remove from the flame.
- Mix corn flour with coconut milk and add it to the porridge.
- Add cardamom powder.
- Broken wheat kheer is ready to serve.



Ujjwal -VIStd



Harshitha-IIStd



NehaShetty -VIStd

My Creative Space



Vishrutha-II B



Anshul -VIStd



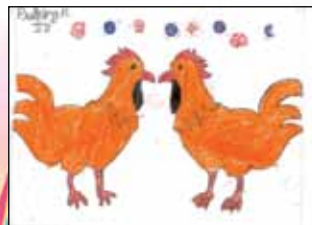
TanishaAnand-IIStd



B.S.Keerthi -VIStd



Prathima.M - IIStd



Prathima.M-IIStd



Prahalad -VIStd



SaiPrashanthi-IVStd

