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INVESTITURE CEREMONY 'With power comes great responsibility!' /Ms.Geetha Prasad - Faculty Member



It was the day for elected leaders to give a serious thought to this saying. Yes, DMCS Vidyaranyapura held Investiture Ceremony on 17th June with great pomp and unbound enthusiasm. Electronic polling was conducted and leaders for the Student Council 2015-16 were elected based on the criteria of 50% of their previous year's academic performance and 50% of number of votes they secured.

The Investiture Ceremony is all about letting young students to be at the helm of affairs and making them feel responsible towards wielding power. It is a powerful tool. Learn to use it right and achieve impossible things.

Proud parents beaming with happy smiles made it a point to witness the ceremony to the immense joy of students. There was the school band highlighting the entire event. Children of all the Houses viz. Sapphire, Topaz, Emerald and Ruby, in blazers welcomed the Chief Guest Ms.Vrinda Coutinho, School Coordinator, with the Guard of Honour. After flag hoisting and School Anthem, the Guest received the salute from all the Houses. It was followed by school March Past and the elected leaders were awarded with sashes and badges by the Chief Guest.

Captains, Vice Captains, House Captains

and other leaders held their respective flags fluttering high in the soft breeze. It was indeed a sight to watch as the student representatives of four houses stood in unison to take the oath. It was the proudest day for the elected leaders of DMCS, Vidyaranyapura.

Vote of thanks was delivered concluding the programme.



Nivedita - VIII Std.

School Activities & Events Comer **Taekwon D** Demonstrat

Taekwon Do has been introduced in the curriculum as a part of co-scholastic activity in DMCS Vidyaranyapra, from the academic vear 2015-16.

Shri Subbaraya and his students gave a wonderful display of how our hands and feet could be used so skilfully. The team began with warm ups and later on showed selfdefence techniques. It was very good to know that all of us can actually learn this art and use it in times of



difficulty and protect ourselves.

All the children loved the show and were clapping excitedly when the team actually broke the tiles with unbelievable speed. They also explained how we can slowly learn the art and improve with practice.

Our parents were invited and they also enjoyed the event along with us.



The event was organised entirely by the students of X Std. in the school ground.

A short quiz relevant to Oceans Day was conducted by the students of the Assembly Group for the week. It was full of facts and eye opening realities beneficial for the students of Primary and Middle school.

It was followed by a short and sweet speech by Ms Shri Gowri, student of Std. X. She gave a brief history of how World Oceans Day started and its significance. She mentioned that the entire earth is connected by oceans which give us oxygen to breathe, food and also that oceans are responsible for regulation of the climate.

Another group conducted a guiz which was about pollution and other aspects of ocean which was quite educative for children. It highlighted the uncivilized habits of humans to litter all across the earth, not even sparing oceans. It was very short but effective skit creatively done by the students. It was sort of an eye opener for even adults. They role played to showcase that incidents like oil spillage, littering of ocean beds with hazardous non biodegradable and plastic materials are harmful to the entire human race. It was amazing to observe the amount of awareness our children have.

CCA COMMITTEE

World Environment Day

This very important day celebrated with was great enthusiasm in the Students and school. staff alike were verv eager to make their contribution to create awareness about the Day. Students had assembled



with attires of beautiful shades of green to be a part of World Environment Day. A guiz was conducted by the students with much relevance to the pollution and hazards of the same. It was a pleasure to see these young hearts taking up the issue with such an involvement and truly, it was reassuring.

The Chief Guest Mr. Jagadish Mayakonda, environmentalist, gave the children practical day-to-day guidelines to follow to enable them actually achieve generation of minimal waste and conservation of natural resources. He accepted a tender sapling by a child and planted the same in the garden. Entire community of young students joined him in planting their saplings merrily. Another Guest of the Day was Ms. Anis Fathima, Inspector of Health, BBMP, educated the children about their duty towards waste management.

Both the guests obliged to join students in their debate and elocution activity. The judges were amused and thoroughly enjoyed their spirit. They appreciated the efforts students had put in. Icing on the cake was when they agreed to judge the event and declared winner's names. The World Environment Day was an extremely engaging and interactive event and the day ended with a lot more awareness about the environment than ever.

Ms. Roopalakshmi C.M., Faculty Member

MORE CAUGHT THAN TAUGHT: HOW A CHILD'S MIND WORKS

A CHILD mostly mirrors the characteristics and mannerisms of the parents. On account of the time spent with them, the child emulates them at various levels. It is imperative, therefore, for the parents to be on a vigil always and put their best foot forward. Their wards will ape them no matter what. The parents are duty bound to watch their actions closely, monitor what they say and generally do the right thing at the right time. It is more caught than taught, child psychologists say.

There are several examples that can be quoted from daily life. School, for example. If the parents want the children to study well, score well, achieve high laurels at school, then they need to impress upon their wards to love their school. Appreciate the teachers. Be grateful for the staff, the men and women who toil day in and day out to mould the minds of the children. If the parents take a dig at the school, the children will only be negatively affected. It will leave a scar. The child's mind is a mound of clay and can be shaped the way we need it to be. Constant negative inputs will only lead to the children's aversion to going to school. Which means less focus, less marks and zero achievements there, academic and otherwise. And parents, willy-nilly, end up putting pressure on their children to make a mark in the school that they themselves caused them to spurn.

Everyone has the right to express. This fundamental right is not questioned, especially in our country. But there is a way we do it. Someone can command an order, "Just leave!" Instead, there may be a polite way of saying the same thing: "You may please leave now." Therefore, in the interest of the children and in the larger interest of the nation we have to be cautious in the way we express our thoughts and act out our intentions before the children. We have to do the right thing. Say the right words. In the cradle, a child's moral conscience is pure. Parents are responsible to direct the child in the way he or she should go.

It is said of eminent scientist Dr APJ Abdul Kalam, one of India's most beloved Presidents, that a lesson that his father taught him as a child stood him in good stead throughout his impeccable life. An acquaintance of his father, a man of high standing in society, once visited their home and handed over a gift in the father's absence. The young Kalam was gently advised by his father that the gift in guestion was like a bribe for an undue favour which the father was not in a position to reciprocate because it went against ethics and right living. The father basically taught his son to reject that gift. That gifted lesson came in handy many years later when Dr Kalam was to file his nomination for the Presidential elections. A senior politician volunteered to pay the nomination fee on Dr Kalam's behalf but the latter, remembering his father's gentle admonition from the past, waited till he arranged his own funds for the nomination fee and only then did he file his nomination papers. A clear indication of how the values that we imbibe in our early childhood days remain indelible in our hearts. This quality helped Dr Kalam to be a man of integrity as a President but also later. He never succumbed to any political pressures or favoritism.

There are at times we end up making wrong choices. Let us not victimize our children for it. Instead of complaining and expecting the whole world to change, let's either put an end to it or live with it. It could even be the school you have chosen for your children. If you are unhappy and if it is not as per your terms, please look out for better options. The environment may not be suiting you and you may have already influenced the child's mind. Hence it is always good to accept the change, however only if you can afford it. DR. JOSEPH V. G.

CHAIRMAN Deva Matha Central School & Garden City Group of Institutions







Welcome back dear children! Another long summer vacation has ended. Hope it had been refreshing giving you all plenty of rest, fun and play!

As the summer ends, just as the dry earth awaits the rains, so does your school for its blessings. And what is it? "You!" Yes, you are our true blessings and "Gems". We are glad to see you back. Just as we are, you must be excited too – new books, stationery, new teachers... and a new slate to begin with. Whatever good the year that went by taught you, carry it forward, and all the not-so-good things that came your way, leave them there! This new academic year is for you to fully learn, enjoy and grow! There are a host of exciting activities awaiting you. NCC for high school, the new activity based 'XSEED' curriculum introduced for classes 1 to 5, an international, collaborative learning experience through interaction with peers of esteemed schools around the globe for multiple projects across classes, are just a few new introductions to name.

So, make use of every opportunity that comes your way – be it academics, sports, art or any new learning. Put in your 100% and do not compare. You are the best, if you have given it your best!

As we welcome another brand new academic year, with new hopes and aspirations to be fulfilled, Gear Up and Good Luck!

Deva Matha Central School Vidyaranyapura Editorial Board

Aishwarya D	III Std				
Shylan Anigol	III Std				
Pragna	III Std				
Phebe Elisheba	VII Std				
Nivedita	VIII Std				
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Planting

Without oxygen, we cannot live for a single moment. Trees consume carbon-di-oxide which makes our atmosphere or rather our environment poisonous and release oxygen for us to breathe and live.

Hence, we should plant trees near our houses and roads to make our surroundings rich with green. Rainy season which starts with beginning of the school, is the best time to plant saplings.

Trees should be regularly planted to save mankind and animal world. Absence of trees causes a lot of harm to the world.

Aishwarya D. - III Std.

Save The Environment and You Will Save Life & Future

I like to plant lemon seed.

This summer I took small pots and put some stone and mud inside. I sowed the seeds and made carefully a small hole in the bottom to allow excess water to flow out. After a few days seeds sprouted slowly.

I water the plants every day and keep them in sunlight. We can also keep it in the house to be used as room freshener. Its aroma smells very good especially in summer.



Pragna - III Std.

Immer

This summer I went to Belgaum with my family. We went by bus and enjoyed the road journey. My grand parents were very happy to see us.

Founder's Day

18th June was celebrated as Founder's at Deva Matha Central School, Vidyaranyapura. His Excellency Dr.Joseph V.G., Hon. Consul of Maldives in Bangalore & Chairman, Garden City Group of Institutions, Bangalore, founded the Garden City Group of Institutions. He stands as the role model to thousands of students who move out of his institutions year after year, ready to face the world. He believes in leading from behind and allowing budding heroes to blossom. He is perceived as the person who dares to dream big and a true leader, 'who knows the way, goes the way and shows the way'. He also is a visionary and capable of translating it into reality.

They enquired about our Deva Matha Central School, studies and other activities. We were treated to many delicious preparations of my grand mother. We played a lot of

visited 'Seva Sadan, an orphanage. On behalf of the school, they distributed gifts and cakes. The students entertained the children by involving them in playing games and they were encouraged to show their talents like singing and dancing. Kinderfun children dedicated the Founder's Day to their Grandparents. Kids spoke about the importance of grand parents and the roles they play in their lives. Young angels made beautiful greeting cards from their tiny hands to be gifted to their grandparents.

The Chief Guest, Mr.Varghese Chakkummootil, Founder of Daya Center for Peace, an NGO, and his team, conducted a workshop on leadership activities for the students of classes VIII, IX and X. The session was designed to foster skills through teamwork and act as catalyst to

in-door games and also enjoyed playing cricket matches. My aunt and uncle came over to visit us and finally we had to come back as our school would reopen on 1st June.

Shylan Anigol - III Std.



bring about profound leadership transformations. It was emphasised on the children that a leader must be self motivated and should never give up. Mr. Varghese demonstrated how every single letter of the word LEADERSHIP stands for great qualities in a leader.

The workshop was very interactive and students participated with great vigor and involvement. Young audience was enthralled by this workshop. It would not be a surprise if budding leaders were already in the making.

- CCA Committee

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DMCS Vidyaranyapura students

Life Skills

AHAM

Hi kids! This is your new Sukhi space.



Do you know, Aristotle once said "We are what we repeatedly do. Another new year has started and Sukhi wishes you a year full of happiness.

The process of inculcating routines takes effort and involvement from parents but it helps build a crucial skill that will last a lifetime.

Here we have a smart table for you.

Sukhi Importance of Routines for the Child

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Do Homework							
Play Together							
TV Time							
Bath Time							
Dinner Time							
Brush Teeth 🧠							
Read a Story							
Go to Sleep							

Children is it not fun? Would you like to try it for at least one week this month. I know you would love to do it. Warm hugs.....till next time.

MY STORY

There was once a foolish man whose name was Peter, who had a friend named Maddy. He was a funny man. They lived in a rented house.

Once, the owner threw them out because they didn't pay the rent for a year. Maddy was determined to speak to the owner but, Peter stopped him because they were worried about where they could spend the night. There was a big mansion nearby which was haunted. Maddy thought that they could stay in that place for just one night. Both went there around midnight, when it started to drizzle. Somehow they managed to reach the mansion and

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moved from room to room.

Peter said, "I am scared of ghosts".

Maddy said, "I am not at all afraid but ghosts are scared of me".

Peter laughed and told that he was bluffing. Maddy patiently explained. "I haven't seen the ghosts in my whole life, that means they are frightened of me".

Peter was stunned. He went and locked the front door. When he came back he could not find Maddy and he panicked that ghosts must have possessed and hidden him.

He ran out of the house and climbed up a tree and tried to sleep. It had

Phebe Elisheba - VII Std.

begun to rain very heavily and Peter was fully drenched and shivering and hungry, he cursed his bad luck.

To his astonishment, next day morning he saw Maddy coming out of the house. Having slept well, he was looking well rested and happy. Maddy called Peter a fool and told him that he had slept under the cot just to scare Peter and then instantly fell asleep.

Peter at last realised that there was no such thing as ghost and how blind faith and superstition could make life miserable.

Pratiksha Mishra, MS Communication

EVENT @ GCC Gearing Up For the Fluorescent Future

The wind was right, the sun was smiling and the stage was set, as another batch of blooming buds stepped into another stage of their lives. Cladded in robes and mortar boards, the final year students of Garden City College became a part of another glorious chapter of the institution.

17th April' 2015: Day one of the Graduation Day ceremony witnessed the students of BA Journalism, BA Tourism, Bachelor of Computer Application, BSc. Fashion and Apparel Design and BSc. Biotechnology, replicating the sweet-sour memories of their under-graduate days. The auditorium was filled with cheers as each one of them mounted on the stage to receive the fruits of the seeds they sowed three year down the line.

The event was graced by eminent personalities, who passed on their words of wisdom to the graduating batch. The guests of honor who graced the ceremony were; Dr.KalpanaGopalan, IAS, Ph.D.(IIM-B), Chairman, Karnataka Appellate Tribunal, Bangalore, who welcomed the students into the real life by saying, " Learn to make mistakes and be yourself. Have a creative mind and spirit, and never stop learning." Mr. Umar Teekay, founder of Teekays Group, noted that one can achieve great heights with a positive outlook and a directional control. Prof. Rama Gowda, former Vice Chancellor of State Open University of Mysore, spoke on the essence of graduation and reminded the students that knowledge and determination is the key skill set for a good future.

Post that the students took an oath and pledged to be responsible citizens and to abide by their moral policies in order to shine bright in their future endeavors. In his presidential address, Dr. Joseph V.G., Honorary Consul of the Republic of Maldives and Chairman, Garden City Group of Institution, congratulated the batch of students on successfully completing their three fruitful years in GCC. He also noted that gratitude and humility are the two great virtues in one's life and asked them to be humble throughout their awaiting journey.

20th April' 2015: Day two of the Graduation Day ceremony witnessed the students of Bachelor of Business Management, Bachelor of Commerce, Bachelor of Hotel Management, Bachelor of Physiotherapy, and BSc Nursing reflecting on their journey from a novice



to a graduate student. The auditorium witnessed several sight of nostalgia as each one of them beamed of happytears while accepting the convocation certificate which marked the culmination of their under-graduate lives.

The ceremony witnessed the presence of distinguished personalities, who bestowed their best virtues on to the graduating batch. The guests of honor who graced the ceremony were LT GEN Ramesh Halgali, PVSM, AVSM, SM, a stalwart of the Indian Army, who congratulated the gallant students and asked them to venture beyond the horizon, he said, "The ingredient to success is to master oneself, before one tries to master others." and Mr.Johncey George, Director of Delivery Excellence, Schneider-Electric, who advised the students to be compassionate and to empathize with others.

EVENT @ DMCS- BANASWADI World Music Day – 20th June

Music is a sensation which brings immense pleasure to everyone. Whether ecstatic or blue, music can stabilize your mind one way or another. It enhances one's perspective of life. It's immortal and so full of life.

The students of class 10-A had dedicated the 20th of June, Saturday, as The WORLD MUSIC DAY and celebrated it with the utmost pomp and show. The day began with the usual assembly routines conducted by Tejaswini. Soon after, the Head Boy of our school, Sourav Adithya, took over and we officially began the commemoration of the World Music Day, 2015. Sourav had felicitated the honourable Chief guests, Mr.Sujith along with his wife, Mrs. Ashlin Sujith, and Mr.Job with a welcome speech. Then, an interactive quiz was conducted on the topic, "Music" by Kundana R and Vaishnavi. The students had enthusiastically participated and the winners were given chocolates, that was followed by the speech given by Bianca emphasizing the importance and meaning of music in our day-to-day life. We then had a mind blowing group song performed by the girls of 10-A. Sudhan had then given the profiles of our respected chief guests, Mr.Sujith and Mr.Job - who were the members of a band named NARROWGATE.

Mr.Sujith, a commended vocalist, gave us a lovely talk on music and his childhood dilemmas. He introduced us to the Mexican Wave. He named our houses-ALIVE, ALERT, AWAKE and ETHUSIASTIC that is, Topaz, Ruby, Sapphire and Emerald respectively. He then sang an interactive action song, 'FREEDOM' which really freed our spirits and gave us a fresh start.

Then, Mr. Job, the guitarist, gave us a short talk on functioning of guitars and performed stunningly. Thereafter, Mr. Sujit gave us a few encouraging words on the topic and left us to ponder on it. Last, but not the least, Vaishnavi gave Vote of Thanks to everyone. We ended the day with National Anthem. Ms Sesha Girija & Ms Regina - Faculty Members





Recipes >>





Stir Fried Vegetables

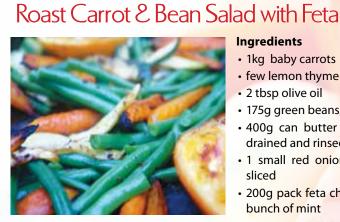
Ingredients

- 1 tbsp vegetable oil
- 1 red chilli, sliced (optional)
- 1 garlic clove, sliced
- 500g mixed vegetables such as pakchoi, baby corn and broccoli
- 1¹/₂ tbsp soy sauce

Method

are tender.

Method



Ingredients

- 1kg baby carrots
- few lemon thyme sprigs (optional)
- 2 tbsp olive oil
- 175g green beans, topped and halved
- 400g can butter or cannellini beans, drained and rinsed
- 1 small red onion, halved and finely sliced
- 200g pack feta cheese, crumble and 1 bunch of mint
- · Heat oven. Put the carrots into a large roasting tin, toss with the lemon thyme (if using) and half the oil, then season well. Roast for about 30 mins until golden, turning halfway through cooking.

 Heat the oil in a large frying pan or wok, then fry chilli and garlic for 1 min.

Add the vegetables and toss to coat in

the oil. Fry for 2-3 mins, then add the

soy and chilli sauce, mixing well. Cook

for 2-3 mins more until the vegetables

Meanwhile, cook the green beans in boiling water for 2 mins. Drain, cool under cold running water, then drain again. Mix together the green beans, cannellini or butter beans, remaining oil, onion and feta, then season to taste. Toss with the hot carrots, then the mint just before serving.

My Sreative Space



KIR SAMIKSHA - WStel



TAMARA = VI Std

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PADMARAJ.S - WStd



ANANNA H = IVSTOL



MARIAMATHEW - IV Std.

lemon sylling/plast

AISWARYAD - IIIStd.

TIGNK YOU

Stan





PRACINA-III Std