

DMCS
Emphasis is on life

Gems
Deva Matha Central School
Leaving An Impression II

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DMCS INVESTITURE CEREMONY

It was a historic and significant day for a fresh batch of budding leaders of Deva Matha Central School-Banaswadi and Vidyaranyapura. The prestigious Investiture Ceremony was preceded by a successful campaigning for nominated candidates and subsequent elections. The diligent election committee played its crucial role in managing and executing a well - organised election process. The results were rightfully declared by the respective Principals; Ms. Balasundari R – DMCS, Vidyaranyapura and Ms. Geetha S.-DMCS Banaswadi. The school held the formal ceremony of conferring authority and responsibility to the Office Bearers of Student Council Members, 2017-18. The Official Ceremony was held on 16th and 17th June, 2017 at DMCS Banaswadi and Vidyaranyapura respectively.

At DMCS Vidyaranyapura, the Chief Guest for the Day was Mr. Aby Abraham - India Area President, 2016-17 and International Council Member 2016-18. The esteemed elected students were escorted



by young tiny tots of the school. The Chief Guest along with the School Director - Ms. Vrinda Coutinho, ceremoniously pinned badges on the elected students. The much-awaited ceremony was witnessed by proud parents and guardians too. The captains and vice captains unfurled their respective flags and took the oath of Office with pride and accountability. The Chief Guest emphasized on being skilful, heart-driven and being always refrained from treading the "cliched" path, while choosing their field of professional education.

At DMCS Banaswadi, the Chief Guest for the day was Major Ompal Singh Shekhawat, an Administrative Officer, RMS,

Bangalore. He was awarded General Officer – Commanding-in-Chief-Commanding - Card in the year 2013. The occasion commenced with the Guard of Honor. This was followed by the unfurling of the school flag, succeeded by playing of the National Anthem. The exquisite march past of the four houses – Emerald, Ruby, Sapphire, Topaz was witnessed by the audience. The new Captains and Vice Captains marched ahead with zeal and enthusiasm in a disciplined manner. A lively theme based song 'We can make a difference' was presented by the school choir. The conferring of the sashes and badges to the students, was imperially done by the Chief Guest and School Director - Ms Vrinda Coutinho. It was justly followed by the distinguished oath taking ceremony. The Chief Guest gave a brief speech, emphasizing on leadership qualities and motivated the children to lead the life of self respect and unconditional patriotism. The day was concluded with Vote of Thanks.

Ms. Geetha Prasad
- CCA Coordinator and
Ms. Shabina K- Faculty Member



EDITORIAL

Ms. Suchita Bhatt
Faculty Member



Time is the most precious asset of life that we recognize and appreciate only when it's gone. Time management is an essential skill for human life. If students develop and practice it, they will benefit for the rest of their lives. In time management, please remember two key aspects –

1. Decide which tasks are important and prioritize them
2. Prepare for the tasks

Listed below are some simple and useful tips on time management, for students to follow:

Tips for getting ready for school

The preparation to go for school starts the previous day. Students should complete their



homework, prepare their bag and arrange their uniform, the night before. They should sleep on time and do away with television and smart phones. Getting up on time every day, should be made a habit. Lastly, be ready for the bus / vehicle at least 5 minutes before time.

Tips for good study habits

Make it a habit to allocate a 'study-time' each day. For the study time, assign timelines

as per your topic or subject. Keep your study area clean and tidy. In school, use free periods to complete homework / study work.

Tips for making schedules

Eg. Make a weekly schedule - Every week, try to finish any work that you have left pending, due to unavoidable reasons. Plan the study as per expected weekly exams / tests. Importantly, allot time for planned recreation, sports, etc. Apportion dates for family time too. Always keep in mind to make a daily to-do list for study and other errands. Lastly, regularly monitor, if you are following the plan. Adjust the plan, if necessary.

All the Best !

Deva Matha Central School

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NATURE- THE WINDOW OF OUR SOULS



“Water water everywhere and not a drop to drink !”
Many a times have we heard this,
But do we actually stop and think?
Wise old trees used to us under their cool shade,
And whisper to us through a rustle in the wind,
But now the dry leaves crumble beneath our feet,
Instead as the scorching sun beats hard on to our backs.

The mighty elephant, the raging tiger,
And the glamorous peacock,
Our childhood stories they used to ado,
Their long tusks and their sharp claws,
Were quite a sight to behold.
But now my friends, if you ever happen to see one,
Consider yourself lucky,
For you might never see one again.

The gushing of streams, the bird’s shrill calls,
And the rustle of trees,
Rejuvenate both the mind and soul.
But today, one pays large sum of money,
Just for an escapade from all the smoke and sound,
Which might just make our forefathers clap and laugh?
For all they had to do was step down into their backyard,
What happened? What has become of Mother Nature?
Is she sick? Then, who is to be blamed.

Lend me your ears and listen well for the answer is You!
Yes, you! Put yourself in a room full of smoke,
And soon you begin to choke.
Then why are you surprised when the same,
Is happening to Mother Earth?
Let’s make the Earth a better place,
And not think in our own selfish ways,
Join hands and make the change,
Before we realize its too late.

Bryan Thomas – Std.XII

SELF IMPROVEMENT

“Be the change you wish to see in the world”

- Mahatma Gandhi

I have always pondered over the meaning of ‘Self Improvement’. Being a student of Std VI, I have tried to understand it as a process; an inner process which aims for a happier life by adapting to a positive mindset. Self improvement gives us courage and self esteem. In this process of self development, we should not hold back our progressive ideas and try to explore them to the fullest.

Dear friends, here are few self improvement techniques to help us:

- ❖ Enjoy your work.
- ❖ Set your goals at the outset.
- ❖ Engage in positive behavior.
- ❖ Be grateful to your elders and their appreciation.

Let’s begin today to improve ourselves and contribute towards building our home, school and nation.

Tushar Sharma – Std. VI

A Happy Day

It’s a rainy sunny day,

The rainbow is here to play ,

Are you here to play?

My heart says Hurray!

Srishti Samuel - Std. I



JOINT FAMILY

Indian culture is known for its age-old tradition and beliefs in joint family system. Grand parents, father, mother and children live in unity under one roof; sometimes including aunts, uncles and cousins.

The household work is shared amiably amongst each member. Young children are taken care by their parents and grand parents. They get the opportunity to behold the love and affection of the closest relatives. Wisdom, which comes by age and experience, is passed on to younger ones, which enable them to see the world through the kaleidoscope of maturity and



stability. Joint Families have always been able to combat any adversity with love and togetherness.

Ashish S. Sankpal-Std. V

EVENTS @ DMCS - BANASWADI

Founders Day

DMCS Banaswadi celebrated its much awaited Founders Day Celebration on 19th June, 2017. Students sung the tuneful 'Happy Birthday' song for our distinguished Chairman. They also sang in chorus, melodies dedicated to our Founder, bestowing him with choicest blessings and deepest regards. Notably, the students also visited the 'Jeevitha Anathashrama' - an orphanage; and distributed sweets, warm clothing for the children. DMCS students also sang song for the residents and shared heartfelt moments with them.

Ms. Kokila Vani M. - Library-in-Charge



International Yoga Day

DMCS Banaswadi observed International Yoga Day (21st June, 2017), with great purposefulness and sobriety. The Chief Guest for the day was Dr. Ramesh Savanur - President of Jana Vignana Vedike (JVV) Karnataka; he is currently employed as a Yogasana, Pranayama & Meditation trainer. It was indeed captivating to watch the students perform various 'Yogasanas' with such poise and elegance.

Ms. Anandhi N. G.
- Faculty Member

International Day against Drug Abuse

DMCS Banaswadi, observed International Day against Drug Abuse, on 27th June 2017 with great sincerity and wholeheartedness. A theme based skit and a resounding discourse on the twin threats of illegal drug trade and dependence, were the highlights of the programme. The Chief Guest for

the day was Mr. Albert P.J, Executive Director-Abhayam Foundation and Rehabilitation Centre. He strongly urged the younger generation to be away from drugs, and have a healthy and balanced lifestyle.

Ms. Prasitha
- Faculty Member



EVENTS @ DMCS-VIDYARANYAPURA



Founders Day

On the delightful occasion of Founders Day, my class visited Shri Guru Shirdi Saibaba Orphanage on 19th June, 2017. The residents of the orphanage were school going children, who also shared their life story with us. The youngest kid was 6 years old. They accepted sweaters donated by our school, with thankfulness. We also distributed sweets & fruits and listened to their prayer song. It was a very heart-warming visit for each of us.

Rahul N R - Std. X



Greeting Card Making

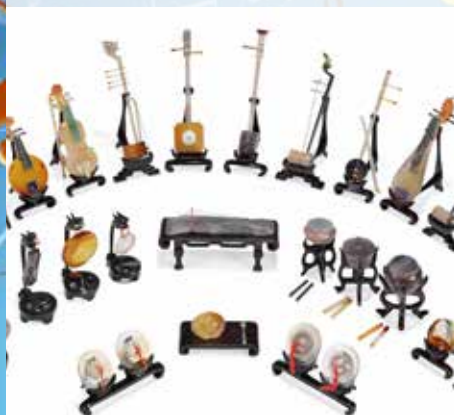
DMCS students engaged themselves in creative Greeting Card making activity. The theme assigned for the Junior Category was-'Birthday Wishes'; for the senior category of children it

revolved around the concept of 'Favourite Festivals.' Special craft and colour papers were cut artistically and were elegantly decorated with glitters and other ornamental material. Some children painted the

cards depicting various festivals of India. Notably, the scraps of papers were also used dextrously to bring alive their favourite festival. It was a fun-filled activity.

Neha Niharika Singh- Std. IX

World Music Day



DMCS Vidyaranyapura students observed 20th June, 2017 as World Music Day. They sang a beautiful song "Putani, Putani" in chorus, swaying everybody to its melodious tune. Young children spoke about the importance of music in life, its divergent styles and various ranges, - from traditional to western music.

Upasana Goutham - Std.VII



ONE ACT OF KINDNESS

On a bright sunny afternoon, we sat down grabbing our lunch boxes, eagerly looking forward to our luncheon. While I was gobbling a mouthful of parathas stuffed with tender potatoes, I suddenly heard a screech. It was a little boy student who had tripped on his own shoe lace, the one which was left unknotted. He had a few bruises on his elbow and knee. Our most comforting Office Staff gave him immediate

first aid. Since our classrooms were on the same floor, I offered to come along with him, in case he needed any extra support while walking. As we parted, the little boy came forward and said "Thankyou Brother!" I was quite touched with those words and felt very strongly about the virtue of kindness.

Adhithya G. – Std.X

WHY I LOVE MY SCHOOL



I have always been very attached to Mother Nature. Since childhood, I always loved to be in the midst of greenery, scenic location and beautiful spots. My alma mater- Deva Matha Central School, Vidyaranyapura is situated in such a serene place, surrounded by park on one side and school garden on the other side. The building is hidden amongst shady trees lining the approach roads. Our school garden has various types of plants, young trees and shrubs. We plant saplings every year on World Environment Day which falls in the month of June. They grow rapidly during monsoon rains and by the month of October, our school garden turns lush green with plants, swaying in the breeze. Sapling plantation is driven very sincerely in my school, making the place environment friendly. This is one of the best reasons, why I love my school!

LoKesh - Std. X

Talented Teacher

MAKE YOUR COMPUTER WELCOME YOU

Do you watch movies? Have you always loved the way how computers in movies welcome their users by calling out their names?

You can make your Windows based computer say "Welcome to your PC, Username."

To use this trick, follow the instructions given below:-

Open Notepad and type the exact code given below.

Dim speaks, speech

speaks = "Welcome to your PC, Username"

Set speech = Create Object ("sapi.spvoice")

speech. Speak speaks

3. Replace "Welcome to your PC, Username" with your own message.
4. Click on File Menu, Save As, select All Types in Save as Type option, and save the file as Welcome.vbs
5. Press Windows key+R and type shell:startup in the Run dialog box and press Enter. The startup folder will open.
6. Paste your notepad file there.

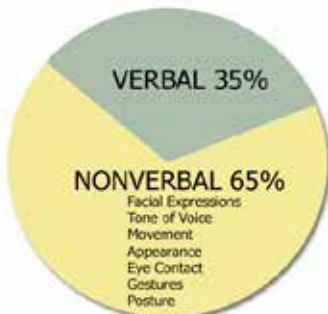
Try it yourself to see how it works. Its magical !



Ms. Vidya Panicker
- Faculty Member



BODY SPEAK – THE IMPORTANCE OF BODY LANGUAGE IN PARENTING



The Art of Positive Parenting

Have you ever noticed in difficult situations, sometimes, even the most subtle gestures can make a big difference; a gentle squeeze of your hand, a reassuring smile, a gentle pat on the back.

These small non-verbal actions shown to us by people we trust make a big difference in our behaviours. When it comes to our children, it works the same way. Our children are tuned deeply to our verbal and non-verbal cues to the extent that our non-verbal communication dominates over the words we speak. It is said that verbal communication has a 35% impact while non-verbal communication has a 65% impact on the listener.

For instance, very often when we are busy with our work and if our child keeps coming back a few times to ask/tell us something, we tend to roll our eyes, make a face although in words we may say "Tell me, what is it?". The clear message that is reaching our child is that we do not have time for them and we are "compromising our time" to speak with them. As a parent, if we behave like this rarely, it may not make a difference, but if we are normally irritable with their constant demands, it could potentially create a sense of neglect and low esteem in our children.

Positive non-verbal messages have a powerful influence over a child's behaviours; it vastly improves their attitudes, self-esteem, confidence, and many other aspects of their growth and development.

Things to remember when dealing with your child

- If you are being interrupted by your child and you cannot take time off, it is best if you first ensure that it is not a matter of urgency and then communicate to them that you need a specific amount of time (eg. 30 mins/1

hour) in a calm and relaxed voice. Your child will learn to respect and understand your schedule over time.

- If your child is attempting to do something such as a puzzle (even if they are not able to do), use words of encouragement and a patient expression instead of constantly correcting them verbally or with action
- If your child has not done well in something, showing a look of care and a squeeze of hand/hug will give them a sense of comfort and sense of self-trust; rather than glaring or shouting.

The most important thing to remember when you are communicating with your child is congruence of non verbal and verbal communication. This means that you may say kind words but if there is no smile reaching your eyes, your child will immediately understand and respond only to your body language.

Remember the most important thing in communication is what is not said!

THE QUALITY INITIATIVE

DMCS hosted an interactive Parent Workshop on Scouts and Guides classes on 8th July, 2017. Ms. Aruna-Guides Captain and Ms. Vachana-Scouts Master are professionally trained on the aforesaid classes. The School will be scheduling classes every Saturday, from 7.00 a.m to 8.00 a.m.

DMCS Sports Committee



My Creative Space



VETRICHELVAN R-III



JOHANN DECRUX-II



SUHAAS J - V



HARSHITHA - IV



HIMA BINDU - V



CHARVI M - IV



DISHITHA - VIII



MADHUMITHA J - X



POORNITHA S - VI



PRANATHI G - I



SNEHA R - IX



SONAL PATRA - III



EVLYNE KRISTA FRANCIS - V



PRATEEK P D - VII



JESSIE NATASHA - V



SANA SAHA - II



SUMUKH S - IV



HRUTHVIK P - I

Thank you