

# DMCS

Emphasis is on life

Admissions Open For  
Grades Pre-Nursery to Std.XII

# Gems

## Deva Matha Central School

Leaving An Impression !!

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## DMCS - REPUBLIC DAY CELEBRATIONS



Deva Matha Central School celebrated India's 68<sup>th</sup> Republic Day with utmost sincerity and earnestness. The staff and the students took immense pride in glorifying and celebrating the spirit of unity. To mark the importance of this day, a grand celebration was held in the school. The Chief Guest for DMCS Banaswadi was Ms. Usha Mohan - Chairman, Bango Trust; Ambassador - Indian Development Foundation and State Level President for Karnataka RTI workers group-Women's wing. The Chief Guest for DMCS Vidyaranyapura was Lt. Col. G R V Prasan; he is currently the managing trustee of Sahyog World Wide Foundation-an NGO Trust for Social Development. He is also associated with Government Educational programmes and green cover projects.

The welcome address was rightfully presented to the Chief Guests with heartfelt warmth. It was also delightfully extended to the DMCS Principals; Smt. R Balasundari-Principal, DMCS Vidyaranyapura, Smt Sujatha K - Principal, DMCS Banaswadi and the School Director-Ms Vrinda Coutinho.

The Chief Guests unfurled the National Flag and inspected the houses which was followed by the

immaculate march past. The Chief Guests speech was very inspiring and motivating to the audience. Lt. Col. G R V Prasan spoke about freedom and the responsibilities that go along with the celebration. He also spoke about the safety of citizens of India and the sacrifice of our brave soldiers. Ms. Usha Mohan, gave an insightful speech on cyber



crime and appropriate technology usage. She also gave useful tips to parents on providing safe and secure environment to children and senior citizens, with a special mention on girl child safety.

At DMCS Vidyaranyapura, the colorful mass drill for the patriotic song 'Hey Vathan' by DMCites was indeed a pleasure to watch. The students also delivered the speech

in Hindi and Kannada along with a patriotic Kannada song signifying the importance of Republic Day. The Chief Guest inaugurated the colourful Projects Display which was presented by the DMCites. The projects were very creative and innovative. There were many working models and the parents were impressed by the students presentation.

At DMCS Banaswadi, there was a patriotic dance by students of grade I and II. They also beautifully showcased an array of astounding models organized as a part of the Kinderfun Exhibition. It was based on inspiring premises, with the following mentioned themes: Pre Nursery- Republic Day; LKG- Indian Historical Places; UKG- Best Out Of Waste. DMCS Banaswadi students also made the day unique by



presentations, live demonstrations and engaging in interactive sessions, thoroughly based on the concept of the XSEED Curriculum.

The programme concluded with the vote of thanks. The day has left lingering memories, which will be cherished for a long time hereafter.

**Ms. Jacqueline, Ms. Fabiola,  
Ms. Shabina - Faculty Members**



# Demonstrating Leadership

Leadership involves trust. Notably, those who inspire trust have the ability to subordinate their ego to the greater good.

Leadership is not about making emotional speeches and leading forms of public manifestation. Mahatma Gandhi without the so called powerful assets of muscle power or financial stronghold, had the power to move millions of people ! He was gifted with the trust of the masses, who walked behind him and stood like a pillar in adversities.

All great leaders have displayed great perseverance. A leader's personal example acts as a catalyst for inspiring others to follow him.

Leadership is not only demonstrated in the battle field or in the times of crisis but in everyday deeds. For example :

✓ A mother raising four kids on a small income.



✓ Parents teaching good values to their children.

✓ A person initiating to get the neighbourhood garbage dump cleaned.

✓ A person helping the elderly or the physically challenged to cross the street.

✓ An individual offering to carry a heavy bag for an old lady.

These are the unsung leaders of everyday life. It is only when you become willing to assume a greater share of your responsibility towards yourself, family, organization and the community; that you assume the status of an everyday leader.

The challenges of daily living can be daunting. However, leadership is not about quitting. Leadership is about respecting the spirit of action and standing for a cause.

**“Keep your fears to yourself, but share your courage with others.”**

**- Robert Stevenson**

## Deva Matha Central School

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## MY REPOSITORY - MY LIBRARY

Wonderful collection,  
Swift help at a fraction.  
Wonderful exhibits,  
That looks like some tricks.  
Hence a big reason,  
For this wonderful season.  
To love my Library,  
That keeps me away from being weary.

The place I feel clever,  
The place I would like to leave never.  
A meeting place of like minded folks,  
Talking about the globe, politics and egg yolks.  
Books like good friends,  
Who drift you from regular errands.  
Express your love for reading,  
Let it do the healing.

As you read, please touch and feel your book,  
You are in love with thee, give it that look.  
And mostly you will find,  
It takes you away from the grind.  
You are into it,  
Don't want to be out of it a bit.

I enjoy reading fiction and fantasy,  
It takes me away into stars and galaxy.  
Some books are skillfully written,  
I cant help but just be smitten.  
The authors paint beautifully,  
My heart going up and down like a pulley.  
Vivid pictures of the mysterious character,  
Make the authors the real benefactor.  
My taste for books has evolved  
My quest for reading, just got solved.

*Malvina Mary Augustine – Std. VII*

## THE UNDAUNTED RIVER

Though the rivers are distant away from my little home,  
Their beauty keeps my heart ticking and roam.  
Wish I could fill my bucket right from the river,  
May be its cold, I end up in a shiver.  
And splashing water all way through,  
With cows grazing next to it and saying Moo Moo!  
I gently touch little flowers shoing butterflies,  
Oh! They look beautiful and a treat to my eyes.  
Then hiding behind the mulberry bush,  
I can hear lambs running with their gentle push.  
Wait and watch the lady bee creep gently,  
It goes and makes its sound so aptly.  
Over the leaves and the berries,  
I feel I could sit and have some cherries.  
But all of a sudden they open up wings and take off,  
Leaving me in a flutter and making me cough.  
Perhaps a drop of my river water splashed on it,  
That was the reason, it flew in a bit.



Oh! my dreams are all shattered,  
I could not hold to them when I flattered,  
Wish, rivers could fill my bucket to it's brim,  
I would wish to see that and smile with a grin.

*Anarghya, Tiyasa, Rohan and Tushar - Std. V*



## MY BEAUTIFUL LIBRARY

Library, Library, Library  
For primary, Secondary, Tertiary.  
Library, Library, Library  
There are so many books so don't worry.  
Library, Library, Library  
Few books are always mandatory.  
Library, Library, Library,  
Oh ! It is very airy.

Library, Library, Library,  
Look out of its window very nice scenery.  
Library, Library, Library,  
The books with us are temporary.  
Library, Library, Library,  
Taking care of its books is primary.  
Library, Library, Library  
You are the one that makes me merry!

*Parikshitraj V K -Std. V*

## TSUNAMI- WE DREAD IT !

Tsunami is a Japanese word meaning harbor wave. A Tsunami consists of a series of ocean waves caused as a result of displacement of water. These waves are very different from the normal waves that you see when you visit the beach. Tsunami waves can reach very great heights

when they reach land. They reach the shore like a wall of water and literally crash on the coastline causing enormous destruction, sweeping away people and houses and anything else that may come in the way. Underwater disturbance in the ocean floor causes Tsunamis.

The disturbance could be an earthquake, a landslide or even due to the impact of a meteorite falling into the oceans. What happens is very similar to the waves created by throwing a stone into a tub of water! An impending Tsunami is one of the most dreaded natural catastrophe.

*Sherisha.V - Std. X*

## Great Authors: The Beautiful Golden Pages



**William Shakespeare:**  
(1564-1616)

Shakespeare is an English playwright and poet, recognized as one of the greatest of all dramatists. Scholars have written thousands of books about his plots, characters, themes and language. Thus, he is the most widely quoted author in the history. Hamlet, The Tempest, Macbeth, Othello, Romeo and Juliet are amongst his best known writings.

**A J Cronin: (1896-1981)**

He was born in 1896 and was a doctor



**Satyajit Ray:**  
(1921-1992)

He is an Indian film maker ,known for his humanistic approach to cinema.

by training. He practiced medicine in London. It was while recovering from a breakdown in health that he wrote his first novel -Hatters Castle. It

was a huge success. Among his best known novels are the Citadel, The key of kingdom and the Spanish gardener.



Ray wrote a number of short stories articles and novels in Bengali. His stories are unpretentious and entertaining. The subject includes-adventure, fantasy, science fiction and horror.

**Sylvia Plath:**  
(1932-1963)

She was an American poet, novelist and short story writer. She is best known for her two collections - The Colossus and Ariel. She also authored The Bell Jar, a semi autobiographical novel was published shortly after her death.

*Lakshmi Pravallika A - Std. X*

# EVENTS @ DMCS - BANASWADI

## Human Rights Day



DMCS, Banaswadi observed Human Rights Day on 13<sup>th</sup> December 2016, with utmost sincerity and conviction. A powerful speech was delivered highlighting the importance of the day. A theme based dance, showcasing fundamental human rights was also presented to the enthralled audience.

-Ms.Anandhi N.G. - Faculty Member

# EVENTS @ DMCS - VIDYARANYAPURA

## Awareness on Cashless Payment



The NCC cadets of DMCS Vidyaranyapura- 39 Kar BN NCC, actively participated in creating awareness amongst the vegetable vendors and sellers to use the method of cashless payment, barring cash usage. This was done to create an awareness amongst the vendors. Instead of giving change for the amount of Rs.2000/- and Rs.500/- they were educated to use reliable apps like 'paytm', without witnessing transactional fraud. Using the aforesaid app, money can be safely deposited into the seller's account, which reduces the problem of giving change. The cadets prudently convinced the sellers in a way that they were ready to opt for the method of cashless payment.

The cadets interacted warmly with the seller and vendors. The cadets were successful in creating a sense of awareness amongst the vendors.

Pranav & Bhumika.K- Std. X



## Scouts and Guides - Educative Session

We were privileged to interact with two senior members of Scouts and Guides (Rashtra Puraskar Awardees) -Kumari Jagruthi & Kumari Bhuvana. With a rich experience of 6 years, the coveted members visited our

school campus on 20<sup>th</sup> January 2017 to conduct a session on the basics of Scouting and Guiding. We were taught the importance of wearing the scouts and guides uniform and an explanation was also shared about the importance of badges and scarves. They also enlightened us on the

importance of the Scouts and Guides Flag and its symbolic interpretation.

They encouraged us to join the world wide movement and be faithful in extending our services to the society.

Scouts and Guides Club



## Child Nutrition – Fuel for Learning

Early childhood is an important period for cognitive, behavioral, and physical development. A healthy and nutritious diet is one of the most important factors for ensuring that a child reaches optimal development. Nutrition is one of the three major factors that impact a child's development. As genes and environment are the other two factors, eating a certain food cannot guarantee that the child will be smarter. Nevertheless, research studies show that nutrition in a child's early years is directly linked to their health and academic performance. Evidence suggests that a healthy diet, being physically active and maintaining a healthy weight may substantially reduce the risk of chronic diseases. Although we normally think of these chronic diseases as 'adult diseases' there is more and more evidence to show that the origin of these diseases are partly established in childhood.

To ensure kids are getting the vitamins, minerals and other goodies they need, it is important that they eat a wide variety of nutritious foods from all the different food groups. As a general guide, children should eat lots of fruits and vegetables, wholegrain (such as brown rice, wholegrain bread and whole meal pasta), beans and lentils, moderate amounts of lean meat, fish, nuts and dairy products (cheese, yoghurt, milk) and only occasional consumption of biscuits, cakes and chocolate. Different colours of fruits and vegetables usually contain different combinations of nutrients. Is it really that important for children to be consuming all the nutrients though? The short answer is yes. The benefits of good nutrition to health are endless. The relationship between nutrition, health and learning is undeniably strong. Better nourished children have an enhanced natural ability to fight infection. However, too



much of any nutrient also presents problems. The key is to find the middle way.

Encouraging children to eat a nutritious, balanced diet early on is important for a number of reasons. Ensuring they get the right vitamins and minerals in their diet will help them grow and develop optimally. They are also more likely to be energized and motivated, supporting their ability to learn. Educating them on healthy eating during childhood will also help them make healthier choices as they become adults.

By introducing children to a variety of healthy food choices, we can teach them how to live a healthier lifestyle that can ensure proper growth and development for the rest of their life. It is never too late to pick up a good eating habit.

## Talent@ DMCS - Banaswadi

### WIRE FREE COMPUTING

Intel moves closer to Wire-free computing. The dock will remove the need to plug HDMI or Display Port display connectors, directly into laptops. The wireless dock will provide USB 3.0-like speeds to transfer data to external peripherals.

Here the laptop is hybrid in which the screen could be pulled out of the keyboard dock. Intel is projected to link laptops wirelessly to peripherals like monitors and external storage through the emerging WiGig technology. At



data transfer speeds of 7G bps (bits per second) WiGig is much faster than Wi-fi.

The main stream in wireless technology include Wi-fi, Bluetooth, 3G and 4G, ZigBee and



Z-wave. Nevertheless, wireless communication technology is a modern alternative to traditional wired networking that relies on cables to connect digital devices together.





# AHAM ARTICLE

## LET'S RESOLVE OUR CONFLICTS

Life Skills

Ms. Aparna Athreya - AHAM Co-ordinator

Conflict is a normal part of human relationships. Sometimes conflicts blow over, but sometimes they don't. Adults may believe it's always best to let children sort things out by themselves. The problem with this is that often children get into conflict because they don't have the skills to solve it themselves.

During conflict, at times children reach a point where adult intervention is required to resolve conflicts. The best way to help them is not to simply tell them what they should do. It works better to act as a 'moderator' and help children find a solution that suits everybody. When children work out solutions this way, they learn valuable skills that can help them resolve conflicts more effectively.

The key conflict resolution skills are:

- being able to manage angry or other uncomfortable feelings
- learning to listen even when you disagree
- understanding the other person's opinions and feelings
- being able to think of different solutions
- exchanging ideas with the other person



- finding 'win-win' solutions.
- Steps to resolve conflicts without fighting:
- STOP. Don't let the conflict get worse. The less angry you are the easier it will be to solve the problem.
  - SAY what the conflict is about. What is causing the disagreement? What does each of you want or not want?
  - THINK of positive options. How could you meet each other's needs and be fair?
  - CHOOSE a positive option each of you can agree on.

If you still can't agree after working on it, ask someone else (an outsider) to help resolve the conflict.

When we guide children in using

basic problem-solving skills when conflict erupts, we get them back on track so they can continue their academic and social learning. More importantly, we give children a chance to experience themselves as problem-solvers, able to take responsibility for dealing directly with one another when they're upset. We nurture in them kindness, consideration of others, respectful assertion of their needs, and cooperation. These are habits and skills that will serve them well for a lifetime.

As Sukhi says "Problems don't go away if you ignore them - in fact usually they get worse. It's a good idea to face problems and get them sorted out as soon as you can!"

## Sports@DMCS

DMCS Interhouse Athletic Competition was held at GCC Sports Complex on 20<sup>th</sup> December 2016, for Junior Category and 21<sup>st</sup> December 2016, for Senior

Category. The Junior and Senior Athletic Team Winners for the both girls and boys category were felicitated in a prize ceremony. Students were thrilled to receive

recognition for their talent and sportsmanship.

Ms. Hemalatha  
- DMCS Sports Incharge



# My Creative Space



A. RYAN - I



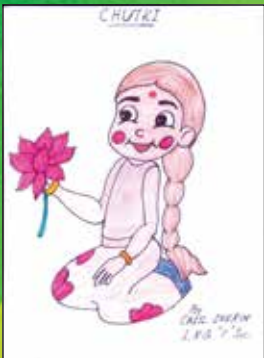
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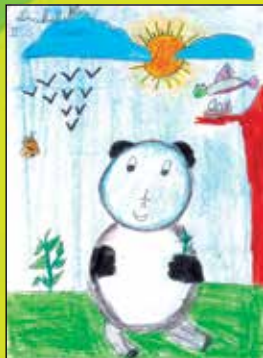
JOEL SHIBI - UKG



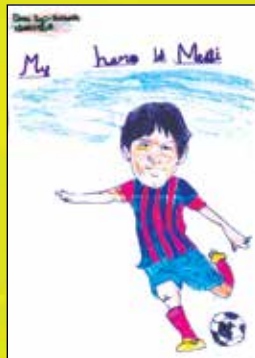
NITHIN PATEL - IV



CASIL SHERIN - UKG



SREEKSHITHA - II



SIDDARTH - V



YUVRAJ B - IV



ANURAG - IX



RAVINDAR D - III



RAHUL N.R. - IX



BHUMIKA K - X



KARTHIK B. JOSHI - VI



AFREEN TAJ B - IX



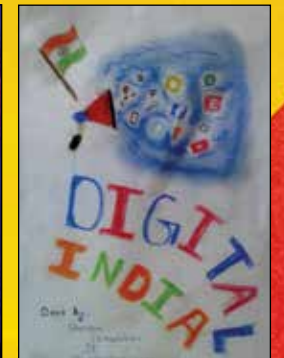
CHINMAY M - VI



H. AFIFA KOWSAR - X



SPRIHA - III



SHERLENE CHITRALEKHA-IX



GEFF OOMEN PHILIP - III



RYAN D. ANTONY - II

Thank you