



Indian Super League Season-2014

Ashwin.S X

The 2014, Indian Super League season is officially known as the 2014-Hero Indian Super League Season. The season started on Sunday 12th October, 2014 and will conclude on 20th December, 2014.

On 13 April 2014, the winning bidders were announced. The most expensive city to be won was the Kolkata team, which was won by a group which mainly comprised of former Indian cricket player - Sourav Ganguly and others, for approximately 18 crores. The base price of each team was set at 12 crores each. Another former Indian cricket player, Sachin Tendulkar, alongside PVP Ventures, won the bidding for the Kochi team. Bollywood stars also won bids, for teams. John Abraham, partnering with Shillong Lajong, won the bidding for the Guwahati team.



Kayque Garbacchio Saldanha, Ranbir Kapoor, alongside Bimal Parekh, while Salman Khan won the Pune team with the Wadhawan Group. The Delhi team was won by DEN Networks while the Bangalore team was won by the Sun Group. The Goa team, finally, was won by a three-

way partnership between Videocon, Dempo, and Salgaocar.

On 21st August, 2014 it was confirmed that Bangalore would be replaced by Chennai team- which is owned by Abhishek Bachchan, partnering with Mahendra Singh Dhoni and Vita Dani. The Hero Indian Super League is indeed a treat for sports lovers!

EDITORIAL *Compassion*

Ms Sujatha Valke- Faculty Member



Compassion is the emotion that one feels in response to the suffering of others, that motivates a desire to help. Compassion is often regarded as having an emotional aspect to it, though when based on cerebral notions such as fairness, justice and interdependence, it may be considered rational in nature and its application understood as an activity based on sound judgment. There is also an aspect of compassion

which regards a quantitative dimension, such that individual's compassion is often given a property of "depth," "vigour," or "passion." The etymology of "compassion" is Latin, meaning "co-suffering." More involved than simple empathy, compassion commonly gives rise to an active desire to alleviate another's suffering. Let's try to be compassionate towards others, always!

School Activities & Events Corner

DMCS Vidyaranyapura- Sports Day

29th November, 2014



Sports day was an exuberant celebration of talent and perseverance at DMCS Vidyaranyapura, on the 29th of November 2014, in the school campus. The Chief Guest for the occasion was the Ekalavya awardee-2014 for Badminton - Shri Guruprasad. Our DMCS School Coordinator - Ms. Vrinda Coutinho and our Principal - Smt. Balasundari also graced the warm occasion.

The School Flag was hoisted by the Chief Guest, followed by the School Anthem. The Sports Meet was thereby declared open; the release of the colourful balloons of all the four houses added more colour to the celebration. The Chief Guest in his speech urged every parent to encourage their children to participate in sports and to further take it as a prospective career. Later, the Chief Guest did the honors of releasing the monthly in house magazine "Gems"-

November Edition.

A colourful march past by the four houses was the highlight of the opening ceremony which was followed by the passing of the Olympic torch. The school Sports Captain Master, Joe Joy administered the oath to all the four houses. A host of drills, pom-poms by junior students and hoops by the seniors students, added more colour and vigour, to the event. The splendid pyramid display by the senior girls was the highlight of the event which was abundantly applauded. It was a display of precision and perfection. Points were awarded by the distinguished judges to all the four houses for the March Past, Mass drill junior and senior, and for the overall discipline.

Kinderfun events were mesmerizing. The audience and the students cheered the tiny tots for their active participation. Some of the interesting

events were Treasure Hunt, collecting vegetables, running race, hoops relay etc. The parents event "Bombing the City" was a wonderful event with many parents coming forward to participate. Their participation was a proof to the living sportsmanship in each one of us. The first three winners were given away the prizes.

The events for the students from I to X began after the prize distribution ceremony for the Kinderfun. They took part in various events such as running race, potato race, lemon and spoon race and finally the most exciting event the 4x100m running race for both girls and boys. Prizes were given away to the winners by the distinguished guest to all the winners. Trophies were given to the best teams in Kabbadi, Kho-Kho, Tug-of-War, Volley ball and Throw ball. Trophies were also awarded for the best athlete in the Sub-Junior, Junior and senior category for both girls and boys. Medals were given for the individual events. It was jubilation and celebrations all around. The declaration of "Emerald House" as the Best House brought tears of joy in many eyes.

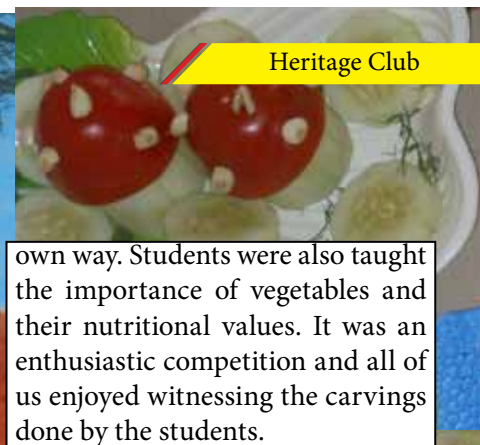
The Annual Sports meet 2014 came to a close with the Vote of thanks by the school captain followed by the National Anthem. Students exhibited and maintained the spirit of true sportsmanship throughout the event. It was a memorable occasion.

Vegetable Carving

Vegetable Carving is the art of carving vegetables to form beautiful objects, such as flowers, birds etc. The Vegetable Carving competition was held on the 11th of November, 2014. Students of grade 6 to 10 enthusiastically participated in the competition. Students brought different kinds of fresh vegetables like carrot,

cucumber, cauliflower, tomato, radish, spinach etc. The star attraction were the Halloweens- which were carved with pumpkins and represented beautifully, with candle light. The scenery items carved by the participants were also well appreciated by all. Though the vegetables used were same, all the carvings looked creative in their

Heritage Club



own way. Students were also taught the importance of vegetables and their nutritional values. It was an enthusiastic competition and all of us enjoyed witnessing the carvings done by the students.

VISION with You



The presence of Indian culture in world civilization is ubiquitous! The genuine acknowledgement of its wide impact has been demonstrated through its endearing appreciation by world scholars and laureates. India, as a country has a deep-seated history, which has been a source of inspiration for a closely knit social system. Humanity, tolerance, unity and diversity are the basic tenets on which the golden tapestry of Indian culture has been woven. Indian culture is old- representing a beautiful inter-mixture of almost a billion people, descending from a variety of races, caste, creed and religion. Our great ancestors and leaders have been more than successful in accomplishing a common Indian culture- despite the staggering pluralistic Indian society. The Indian cultural milieu, embarks upon a social system wherein concepts like Joint family, multi-lingual structure, secularism and art of living have co-existed and contributed to its unity and diversity.

Indian Folklore and stories are legendary. With moralistic values, being at the core of these folktales- these remarkable compilation of songs and stories have made indelible impressions on present generation's school of thought and psyche. Though, our children often get tempted to get inundated by the western culture, it is the vintage of our Indian culture that keeps retreating them to our Incredible India. The strident individuality of western culture is to be applauded- however, an essentialist view of the Indian culture and heritage should be mandatorily passed on to the present generation. Our childhood was abundant with stories, myths, legends related to the Indian culture- a practice which has been uncannily missing for our current generation. Deep rooted family values is the redeemer- it positively paves the way for children to become abreast with the Indian culture; to learn, introspect and reflect its essence in their own behavioral patterns.

Ekta, 2014 is a true representation of the oneness and unison of our Indian culture. The synergy created by various diverse groups in India, has made us one of the largest and most impactful democracy on the global map. In continuum, the oneness and solidarity radiating from our triads- namely- teachers, students and parents- has been successful in carving an ineffaceable position for DMCS in the field of mainstream education. I, overwhelmingly applaud each one of you for contributing to this remarkable feat and hope to accomplish many more unmatched milestones in the forthcoming days.

Let's celebrate Ekta...Let's celebrate India...!

DR. JOSEPH V. G.
CHAIRMAN

Deva Matha Central School &
Garden City Group of Institutions

A Unique “You”



Mrs. R. Balasundari,
Principal, Vidyaranyapura

Dear Children,

Have you ever wondered about the best gift you have received in your life? A toy set, a lovely dress, a book that you always like to read and re-read? May be something bigger, Costlier? Or can you just not think of anything at all!

Believe me, the best gift you have ever received is that of “yourself”. There is nothing more special than you! No gift can be more precious than this. The “Creator” is a Master Craftsman and every piece of His is a masterpiece!

When you are low, and all seems gloomy, just remind yourself that whatever comes and whatever

goes, you are special and uniquely capable of dealing with it. He has blessed you with a kitty bag full of surprises, joys and sorrows and a fresh new day, every day to unpack and experience the bliss.

Children, you are just about to exhaust a precious year from this unique kitty bag of yours! I am sure it has been a wonderfully planned mix of experiences and learnings. You have lot more to explore and accomplish. You just have to look inside yourself and believe in your blessings!

Imagine you have a “treasure box” covered in the backyard of your house and you never come to

know of it! You spend all your life not knowing you had it. Isn't it a treasure wasted? Same is the case here. It is not for nothing, that you have been gifted a unique “self”. You have everything in you, to lead you to happiness and success. You just have to believe and discover, and remember it's a process of a lifetime, a gift for a life time!

Always remember to tell yourself each day this one truth –

I am beautiful the way I am

I am special, unique and capable

There is no - “another me”

Thank you God, for this extremely beautiful gift of ME!

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My Experience In Space

Sudarshan.G -X



represent India, as an astronaut. I wanted to join, ISRO in my youth. My dream starts with boarding a rocket. As the rocket took off, I felt an immense pressure on my body. I couldn't

I have a beautiful dream to share with you -My dream of leaving earth and entering into space! I was waiting for this moment since ages. I dreamt that I got selected to go to the ISS (International Space Station). Since my childhood, I wanted to explore the entire universe. I always wanted to

help it. As the rocket took off, I became unconscious due to the force and pressure which was built up. I was actually out in space, fulfilling and completing my dream. As I looked out of the window of the capsule, I could see my motherland Earth getting smaller by the second.

Then all of a sudden, a voice alerted me about anti-gravity. I was floating in the capsule-Oh my God! I had to catch hold of something to stay upright. I peeped out of the window, I noticed that the size of the Earth could be in my fist. It was actually that small! As an astronaut, I was assigned to upload a software which enabled the smoothness of work at the ISS(International Space Station). I completed my target! After my long stay and work, I returned back to Earth. It seemed as though I had been there for ages in space. It was a thrilling and fascinating experience while travelling in space. I hope this dream comes true some day!

GOOD MANNERS- HOW THEY MAKE LIFE HAPPIER

Phebe Elesheba -VI

Basically, good manners is a gift which comes from God to each of us. To be a good mannered child we have to obey our parents and elders. Whatever our parents tell us is for our good. Here are a few things we can do to make our life happier:

- ❖ We should be polite. Politeness is very good. We should not be rude. Sachin Tendulkar is a very polite person. We should learn from him.
- ❖ Love your enemies- do good to them, who hate you and despitefully use you. We should love each other.
- ❖ We should be helpful. Helpfulness

is a gift from God. We have to help our friends, who are in trouble. Mother Teresa is a great example of benevolence.

- ❖ Joy is very essential for good manners. We have to be joyful at all times, despite difficulties and tribulations.
- ❖ We should have patience. Patience is very important. We should not be in a rush.
- ❖ We should do good to others. Warren Buffet and Bill Gates are perfect examples.
- ❖ We should always tell the truth. We should never tell lies.



- ❖ We should not mock at others and make fun of them.

If we make these little values a part of our life we can lead a happy life. "A well mannered child is an apple of everyone's eye".



Abhinav Bindra

Tanvi K.S - V

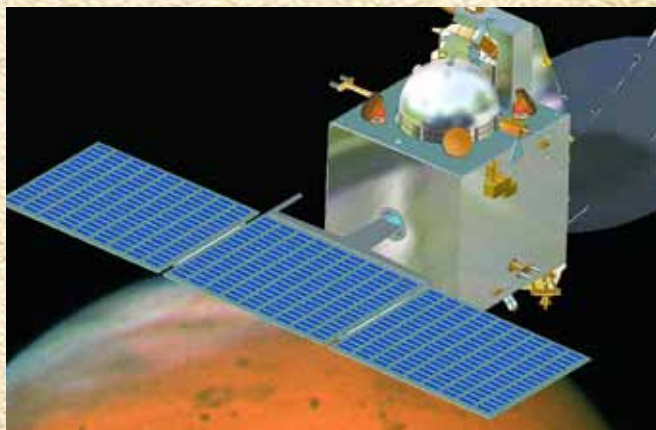
Abhinav Singh Bindra is an Indian shooter and Olympic champion-Gold medalist in 10m Air rifle event 2008, in Beijing.He became the first Indian to win an individual gold medal at the Olympic Games. It was also India's first gold medal since 1980.He is the first and the only Indian to have held both the world and Olympic titles, at the same time. He won the gold medal in 2006 -ISSF World Shooting Championship. Abhinav won

gold medal in the 2014-Commonwealth Games, at Glasgow as well. In 2014, Abhinav Bindra joined the Go-sports foundation, Bangalore as a member of the board of advisors. In collaboration with the Go-sports foundation, he will also provide support to India's upcoming talented shooters through the Abhinav Bindra Shooting Development Programme.

Mars Orbiter Mission

Mars Orbiter Mission was launched on November 5, 2013 at Shriharikota. It was through the launch vehicle (PSLV) C25. This vehicle weighs less than 2000 tons. MOM had travelled 680 million kilometer to reach Mars. It weighed 1340kg. Scientists faced many challenges such as navigation of the spacecraft from earth to Mars in deep space. It was controlled by ISAT. First, it was reevaluating earth till December 1, 2013-then it started its journey towards Mars. It took 300 days to reach Mars. It was injected into Mars atmosphere on September 24, 2014. We are very proud of our nation as we were successful in our first attempt, whereas countries like USA were unsuccessful.

We are proud that our Honourable Prime Minister, Shri Narendra Modi was also present during the launch. We are



immensely proud of all the scientists, who worked for the mission from ISRO.

Elizabeth Mathew-IV



Christmas is a festival of love, joy and hope. Christmas is celebrated on 25th December every year- to commemorate Jesus Christ's birth. It is a time to care, share, give and spread love and peace.

People celebrate Christmas in various ways. They put up stars, confetti in their houses and make a crib representing the scene of the birth of Jesus. It exhibits

Infant Jesus, his mother Mary and his father Joseph. Other characters are the shepherds, sheep, an angel, farm animals, three wise men and a camel. A Christmas tree is also decorated with electric lights, stars, gifts, toys, streamers etc.

Carols, which are Christmas hymns, are sung by choirs in memory of Christ's birth. Christmas pudding, rich dark plum cakes and other special food are prepared on the day of Christmas. Prayers are offered to God to thank Him for sending Christ on earth to remove all the sins and sufferings of mankind.

Children look for Santa Claus who comes to distribute attractive gifts to the children . Santa Claus dresses himself in red and white, wears white and long beard and carries a bag full of presents for the children.

"May you all have a Merry Christmas and a Happy New Year".

Swacch Bharat Abhiyan



Shreya .M - IX

The Swacch Bharat Abhiyan was announced by the Prime Minister of India, Shri Narendra Modi on the 15th of August, 2014 (Indian Independence Day) and was launched on 2nd October 2014 (Gandhi Jayanthi). Later, on that day, our Prime Minister, Shri Narendra Modi himself swept a parking area at Mandir Marg Police Station. Swacch Bharat Mission is one of the most successful cleanliness drives of



India. It aims at having a clean India by 2nd October 2019 (Mahatma Gandhi's 150th Birthday). Shri Modi nominated nine names for this mission. Some of them were Priyanka Chopra, Sachin Tendulkar, and Anil Ambani. The President of India, Pranab Mukherjee asked the citizens of India to spend a minimum of 100 hours annually in focusing

on cleanliness. Many schools actively participated in this mission. The Swacch Bharat Run was organized at the Rashtrapati Bhavan on 2nd October, 2014. The event was flagged off by the President -Pranab Mukherjee.

We have to appreciate the exemplary work done by, Safai Karamgars -Cleanliness demands a mass movement, so all the citizens have to actively work towards obtaining a clean India.

Notable, cleansing body externally, is not complete cleanliness. Cleanliness of mind is also necessary! A pure mind is free of evil thoughts. God resides only in a pure mind. With a clean mind, we can obtain Godliness. Undoubtedly, Cleanliness is next to Godliness.

World AIDS Awareness Programme in Association with Department of District Health and Family Welfare

India has the third-largest number of people living with HIV in the world (at the end of 2013)- according to the U.N. AIDS programme; it also accounts for more than half of all AIDS-related deaths in the Asia-Pacific. AIDS Awareness Programme was organized in Garden City College in association with Department of District Health and Family Welfare Government of Karnataka on the 1st of December, 2014. The programme began with the procession from the college campus to T.C.Palya junction. The dignitaries present on the day were DR. M RAJANI -District Health and Family Welfare Officer, Bangalore; DR. T.H ASHA- District AIDS Control Unit Officer, MR. RAHMETH PASHA- Taluk Health Education Officer, Bangalore. Along with them, the Vice Principal- Prof. Kalyan Sundaram, NSS OFFICER-Prof. Syed Azhar Ahmed, Deans, Head of departments and teachers were also present. Emphasising the need of having safe sex, dispelling myths associated



with the infection along with the risks involved in having unprotected sex, Dr.Rajani created awareness among the audience. Following Dr Rajani's speech, quiz competition was conducted with respect to the same topic. Students participated in good numbers. The winners of the quiz were awarded with prize money given by Department of Karnataka. After the quiz Dr T.H.Asha presented her views on bringing

better awareness on the subject. The program was concluded by a stage show performed by Department of District Health and Family Welfare- it shed light on various ways the fatal disease could devastate families. By portraying the callousness of the way in which the victims are looked down upon in the city, the members of the play successfully enlightened the crowd on the need to prevent HIV.

EVENT @ DMCS- BANASWADI

Ms Sangita Das- Faculty Member

Children's Day

"We worry about what a child will become tomorrow, Yet we forget we are someone today."

We, at DMCS Banaswadi, celebrated Children's Day on 14th November, 2014 with high spirits and splendour. The programme commenced with the school anthem and an invocation of veena recital by Mrs. Subhashini. Our Principal, Mr. Prabhakara G S, spoke about the significance of the day and also advised the children to become good and responsible citizens of the nation. Our Honorable Chairman, Dr. Joseph V G - Honorary Consul of the Republic of Maldives and



Chairman-Garden City Group of Institutions, conveyed his wishes and blessings to the children. Additionally, bookmarks carrying our Chairman's message were given to children and sweets were also distributed. Cultural programmes organized by teachers- like group song,

group dance, fashion show, spot questions and tongue twisters were showcased to entertain the children, as part of the joyful celebrations. The children were overwhelmed as they sang and danced all through. It was a memorable experience for each one of us.





Recipes



Peppy Tomato Oats - Paneer Wraps

Ms Nalini G- Faculty Member



Ingredients

- Saffola oil -1 tbsp
- Chopped onion-2 tbsp
- Chopped green chillies-1 tsp
- Garam masala-1 tsp
- Chilli flakes-1 tsp
- Chopped capsicum-1/3 cup
- Green peas-1/3 cup
- Paneer-1/2 cup
- Saffola Masala Oats Packet- 1 No.

Method

- Heat oil in a pan.
- Add onions, green chillies, garam masala, chilli flakes and sauté them nicely.
- Now, add capsicum, green peas, paneer, coriander, saffola masala oats packet, water - cook for 3 mins.
- To make the wrap, place lettuce leaves on a roti and top it up with the panner filling.
- Fold the roti like a wrap and seal it. Your Peppy Tomato Oats Paneer Wrap is ready.

Mango Lychee Cheese Cake

Ms Sumathi Joseph-Faculty Member



Ingredients

- Mangoes chopped - 2
- Lychees tinned - 12
- Ginger cookies - 12
- Butter - 60 grams
- Cream cheese - 300 grams
- Cream whipped - 1 cup
- Gelatin - 2 teaspoon

Method

- Preheat oven at 180° C. Crush ginger cookies in a mixer jar. Transfer into a bowl, add butter and mix.

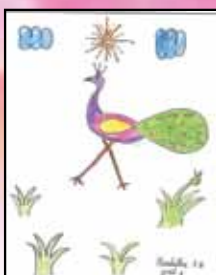
- Spread this mixture in a cake tin. Bake the preheated oven for 5-6 minutes.
- Whisk together cream cheese and whipped cream. Add gelatin and whisk.
- Roughly chop lychees ,add and mix well. Now, add the mangoes.
- Remove the cake tin from the oven and spread the lychee-mango mixture over the cookies base evenly.
- Chill in the deep freezer for 10 minutes.
- Take it out of the deep freezer and let it set in the refrigerator overnight.
- Cut into wedges and serve chilled.



BENBIJO -II



CHARAN.V -III



HARSHITHA.KB-II



PADMARAJ - III



TAMARA DOMNIC -V



YASHARVIND - III



REUBEN.V:THOMAS -II



SPOORTHI -IV



SHYLANANIGOL -II

My Creative Space

Thank you

