

DMCS VP Inter School Food & Fun Fiesta 2014



Ms Kavitha S- Faculty Member

On the 2nd of July, 2014 the school hosted a food and fun fiesta for the students in the age group from 2-15yrs in the school auditorium.

Dr.Gayathri Ramesh, Vice-President Lion's Club Vidyanarayapura presided over as the Chief Guest in the presence of the Principal Smt.Balasundari and the Project Manager Ms.Vrinda, GCC. She was welcomed and felicitated by the Principal. The programme commenced with the School Anthem. The Chief Guest in her speech emphasised on the need to encourage the little ones to develop their talents and hobbies and motivate them in their passion.

An array of cultural activities were programmed for the students from the

play schools to X. These included solo dance, solo song, group song, group dance, instrumental, vocal recitals etc.. The cultural events were designed and conceived in a manner which would cater to the needs of the budding stars to display their talents. Our school took the initiative to provide a platform to the students from contemporary schools to display the same under one roof. The response from the neighbouring schools was quiet encouraging.

The other interesting highlights of the fest were the food stalls. All the delicacies were prepared by the students of classes VI-VIII. The mouth watering items were pani-puri, pavbhaji, vada,

lime juice, samosa, mavaladdu, coconut laddu and tea/coffee. Our visitors thoroughly enjoyed all the items on display and appreciated the little ones for their efforts.

Other attractions of the programme included the nail art and the mehendi designs done by the students of classes VII-IX. Women thoroughly enjoyed the beautiful and intricate designs on their lovely hands. The programme concluded with vote of thanks. The Inter School Food and Fun Fiesta, 2014 was a grand success and a memorable event.

Ms Nisha G - Faculty Member

EDITORIAL



We evaluate people and groups as responsible or not, depending on how seriously they take their responsibilities.

Often we do this informally, via moral judgement. Sometimes we do this formally, for instance in legal judgement.

A different use of "responsibility" is as a synonym for "duty." When we ask about a person's responsibilities, we are concerned with what she ought to be doing or attending to. Sometimes we use the term to describe duties that everyone has - for example, "Everyone is responsible for looking after his own health." More typically, we use the term to describe a particular person's duties. He is responsible for sorting the garbage; she is responsible for looking after her baby; the Environmental Protection Agency is responsible for monitoring air pollution; and so on. In these cases, the term singles out the duties, or "area of responsibility,"

that somebody has by virtue of their role. This usage bears at least one straightforward relation to the question of retrospective responsibility. We will tend to hold someone responsible when she fails to perform her duties. A captain is responsible for the safety of the ship; hence he will be held responsible if there is a shipwreck. The usual justification for this lies in the thought that if he had taken his responsibility more seriously, then his actions might have averted the shipwreck. In some cases, though, when we are entrusted with responsibility for something, we will be held responsible if harm occurs, regardless of whether we might have averted it. Therefore, let's deliver our duties with a true sense of responsibility and enjoy our job.

VISION with You



I reminisce the beautiful words of Sir Walter Scott **“Breathes there the man with soul so dead who never to himself has said, this is my own, my native land”**.

Patriotism is the most noble sentiment with unquestionable force. Imbibing a sound patriotic sense is quintessential. A spate of patriotic speeches may not be as helpful as developing a patriotic atmosphere for children at home. This feeling of unabashed pride, love and loyalty for the mother country can be best taught at home. However, the poignancy of our daily routine distracts us from teaching and encouraging our children to embrace patriotism.

To begin with -over a casual stroll, make your child buy an Indian Flag by himself/herself. Make it a point to sit with your child and explain what the tricolors and Ashok Chakra stand for. Teach them that the flag is special and commands immense respect by each citizen. Children are observing and sensitive beings- they will lucidly register the significance of this activity and will connect to the ethical responsibility towards the nation. Our Pledge and National anthem are few important writings that need to be recited and more so understood by the children. Children have to comprehend each line of these beautiful creations and thereby boost their allegiance to the nation.

Our children's home and community form the base of their holistic development. Take a walk together in your neighborhood and make them understand the common value system we share as Indians- despite of our country being so varied and diverse. Show your child some of the ways in which people work together and depend on each other. The feeling of brotherhood needs to be deeply instilled in each of them wherein the sense of community and communion act as torchbearers and yardsticks for their lessons on patriotism. Importantly, let's engage in more reflective practices wherein we ourselves show unconditional and immeasurable love for our mother nation which in turn directly impacts our children's psyche and emotional quotient.

What the children of today need to understand is that the freedom that we have today was not given to us, it was earned. There is a lot of sacrifice behind the freedom that we enjoy today. The present generation cannot take it for granted. The way we value and celebrate other festivities for our children, Independence Day commemoration should be a joyous and merry occasion in any household. They should understand the value of living in harmony. Earlier we have lost freedom because we were not united. No future generation should suffer in the future because of disharmony. For no reason we should be divided by it Linguistic, Caste or Religion.

Patriotism is sacrosanct, almost divine- Let's cherish it!

DR. JOSEPH V. G.

CHAIRMAN

Deva Matha Central School &
Garden City Group of Institutions

HAPPY INDEPENDENCE!



Mrs. R. Balasundari,
Principal, Vidyaranyapura

Here comes August, heralding the season of Independence!

Children, it's time to celebrate sixty eight years of independence! We definitely take pride in being one of the largest democracies in the world. While we rejoice, let us also take time to look back and thank the fearless leaders and the great martyrs for their sacrifices in whatever and every form that has led us to see this day in dignity and pride. We owe them the free air we breathe and the life of dignity we lead.

When we say we owe our past so much, do we also have some responsibility to the future? Yes, of course we do. And in a big way, by small acts! Every drop of water, every unit of electric power, and the very air we breathe! We will need to utilize them with care. It

seems like money can buy everything today – all that we need, want and desire. While we enjoy these privileges, we will need to be cautious, lest our future generations blame us for being a careless, irresponsible lot, ruthlessly depleting natural resources, thereby depriving them of the basics.

So, if we understand that we need to be responsible towards what we have been handed over, let us resolve to do little things that will for sure make a big difference – turn off the lights in rooms that are not needed, if you are not serious about watching the television, switch it off! Precious water – use it with care – ensure you follow up to get leaking taps fixed; Water does not have to be flowing as you brush your teeth! Fuel – if you can walk down to the

store nearby, instead of using a two or four wheeler, use your legs – it's good for health too! And most importantly, go green – less plastic, more naturals. If space permits, plant a sapling. These are just tiny tips, small steps that will show – We care!

Dear children, freedom is not free, while we are entitled to what we deserve, we also need to give it, its due value and conserve it for the future by simple acts of responsibility so that we don't deprive them of what they rightfully deserve.

We don't always own what we are gifted, most of the times it's meant to be treasured with care!

Cheers to the true spirit of freedom!

Deva Matha
Central School Vidyaranyapura
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MAMTA RAWAT

OUR UNSUNG HERO

Literary Delight

Vishnu Nambiar-IX Std.

On June 16, 2013, one of the worst cloud bursts struck the state of Uttarakhand. Millions were rendered homeless and many lost their lives. It's been almost a year now and yet the process of rehabilitation and relocation of many is a question mark. Amidst this, here is an inspiring story of a young brave heart from Bankoli village in Uttarkashi district, one of the worst affected districts during the floods.

Mamta Rawat is 24 years old. Yet, she did not let her tender age confine her sheer strength of purpose, as she saved over a 1000 lives during the flash floods of Uttarakhand last June. While pilgrims were moving down to escape the fury of the floods from the upper reaches of Uttarkashi and Gangotri, Mamta was making her way up on her own to be part of the rescue effort. She had no official badge, no uniform, no map, no government order or logistical support.

A trained mountaineer from the Nehru Institute of Mountaineering, Mamta was in charge of a group of 30 school children from various parts of the country who had come to Dyara Top in Uttarkashi for an adventure outing. She was then working as a freelance instructor with INME, a Delhi based Adventure sport company that does children's adventure camps. With floods ravaging, she, along with two other persons, took these kids to safety across landsides and a shaking bridge over river Aksai Ganga, personally taking each child on foot across the bridge which the raging water threatened to wash away.

After having got all the children back safely to Uttarkashi town she took care of the terrified children, all in the age group between 14-16 years, giving them courage and support. Once the route from Uttarkashi opened up towards Dehradun she made sure each child was safely surrendered to his/her parent



and she immediately left to complete the unfinished work. This time around it was to help the pilgrims who were stranded and were traversing down to Uttarkashi from Gangotri, the roads having been washed away completely.

We salute this braveheart !!!

GLASGOW 2014

XX COMMONWEALTH GAMES

Sports Committee

India achieved their objective of finishing in the top five nations at the 20th Commonwealth Games post a successful campaign which threw up new stars.

A 216-strong team of Indian athletes bagged 15 gold, 30 silver and 19 bronze for a total haul of 64 medals to finish fifth behind table-toppers England (58, 59, 57), Australia (two - 49, 42, 46), Canada (three - 32, 16, 34) and hosts Scotland (four - 19, 15, 19).

India had finished second behind Australia in the 2010 Delhi edition but considering that some disciplines, from which the hosts had won medals, were either dropped or pruned down in Glasgow, it was a creditable performance by the Indians in the recently concluded Games.

As expected, India collected maximum medals from shooting as the marksmen bagged 17 medals (4, 9, 4). The wrestlers though had the maximum gold count with 13 overall medals (5, 6, 2).

The weightlifters performed above expectations as they bagged 12 medals (3, 4, 5) with India topping the tally in that sport. In judo, India won their biggest haul of four medals (two silver and two bronze) surpassing the two each they had won in both 1990 and 2002.

The power lifters also contributed their bit as Rajinder Rahelu won a silver in the heavyweight division while Sakina Khatun

clinched bronze in the women's lightweight section.

In hockey, India won their second consecutive silver in the Games after being outclassed by Olympic and world champions Australia 4-0 in the final.

Badminton was another sport which brought the nation laurels with four medals (1, 2, 2). Parupalli Kashyap bagged a gold to become the first Indian male shuttler in 32 years to win the singles title in Commonwealth Games after Syed Modi in 1982.

There was, however, disappointment in women's singles with rising star P.V. Sindhu losing in the semifinals and finishing with a bronze. Jwala Gutta and Ashwini Ponappa failed to defend the gold they had won in the women's doubles event in the 2010 Delhi Games as they lost in the final here.

The biggest surprise of the Glasgow edition for India was the gold won by Dipika Pallikal and Joshana Chinappa in women's doubles squash. They created history by winning India's first ever gold medal in CWG squash.

India's boxing, table tennis and track and field show was a bit of a letdown while the country won unexpected two medals in para-sports. Gymnast Dipa Karmarkar bagged a surprise bronze in the women's vault event after 2010 Delhi Games medal winner Ashish Kumar's campaign ended in



disappointment.

Star boxer Vijender Singh lost in the middleweight (75kg) final bout as Indian pugilists won five medals, four silver and one bronze. They had won seven medals, including three gold in 2010.

In table tennis, India won just a bronze from the men's doubles pair of Achanta Sharath Kamal and Anthony Amalraj while the country had bagged five medals, including a gold, in 2010 Delhi Games.

The nation got one gold, one silver and one bronze from the track and field events with Vikas Gowda's gold in the men's discus throw the only standout performance.

On the international front, the Glasgow Games saw sprint king Usain Bolt in action after missing out in the Delhi edition. Bolt took Jamaica to gold in the men's 4x100m relay to set a CWG record in front of a packed Hampden Park crowd to the huge delight of the organisers.

The Glasgow Games have been termed as the "Standout Games" in the history of the movement by Commonwealth Games Federation by Chief Executive Mike Hooper.

Invisible Man

(Book Review)

Literary Delight

Sneha.M.Nair - X Std.

Invisible Man is the story of a young, college-educated black man struggling to survive and succeed in a racially divided society that refuses to see him as a human being. Told in the form of a first-person narrative, Invisible Man traces the nameless narrator's physical and psychological journey from blind ignorance to enlightened awareness; or according to the author, "from Purpose to Passion to Perception" — through a series of flashbacks in the forms of dreams and memories. Set in the U.S. during the pre-Civil Rights era when segregation laws barred black Americans from enjoying the same basic human rights as their white counterparts, the novel opens in the South (Greenwood, South Carolina), although the majority of the action takes place in the North (Harlem, New York).

In the Prologue, the narrator — speaking to us from his underground hideout in the basement (coal cellar) of a whites-only apartment building — reminisces about his life as an invisible man. Now in his 40s, he recalls a time when he was a naïve young man, eager to become a renowned educator and orator. The narrator begins his story by recalling his high school graduation speech, which attracted the attention of the white school superintendent who invites him to give the same speech at a local hotel to the town's leading white citizens. But when he arrives at the hotel, the narrator is forced to participate in a brutal blindfolded boxing match (the "battle royal") with nine of his classmates. The boxing match is followed by a humiliating event: The boys must scramble for what appear to be gold coins on an electrified rug (but, which turn out to be only worthless brass tokens). Then the narrator — now bruised and bleeding — is finally allowed to give his speech in front of the drunken white men who largely ignore him until he accidentally uses the phrase "social equality" instead of "social responsibility" to describe the role of blacks in America. At the end of his speech

— despite his degrading and humiliating ordeal — the narrator proudly accepts his prize: a calfskin briefcase containing a scholarship to the state college for Negroes.

That night, the narrator's dead grandfather — a former slave — appears in a dream, ordering him to open the briefcase and look inside. Instead of the scholarship, the briefcase contains a note that reads, "Keep This Nigger Boy Running." The dream sets the stage. For the next 20 years of his life, the narrator stumbles blindly through life, never stopping to question why he is always kept running by people — both black and white — who profess to guide and direct him, but who ultimately exploit him and betray his trust.

Arriving in New York City, the narrator is amazed by what he perceives to be unlimited freedom for blacks. He is especially intrigued by a black West Indian man (later identified as Ras the Exhorter) whom he first encounters addressing a group of men and women on the streets of Harlem, urging them to work together to unite their black community. But the narrator's excitement soon turns to disillusionment as he discovers that the North presents the same barriers to black achievement as the South.

Realizing that he cannot return to college, the narrator accepts a job at a paint factory famous for its optic white paint, unaware that he is one of several blacks hired to replace white workers out on strike. Nearly killed in a factory explosion, the narrator subsequently undergoes a grueling ordeal at the paint factory hospital, where he finds himself the object of a strange experiment by the hospital's white doctors.

But after the tragic death of his friend Tod Clifton, a charismatic young black "Brother" who is shot by a white policeman, the narrator becomes disillusioned with the disparity between what the organization preaches and what its leaders practice. As a result, he decides to leave the Brotherhood,



headquartered in an affluent section of Manhattan, and returns to Harlem where he is confronted by Ras the Exhorter (now Ras the Destroyer) who accuses him of betraying the black community. To escape the wrath of Ras and his men, the narrator disguises himself by donning a hat and dark glasses. In disguise, he is repeatedly mistaken for someone named Rinehart, a con man who uses his invisibility to his own advantage.

The narrator discovers that the Harlem community has erupted in violence. Eager to demonstrate that he is no longer part of the Brotherhood, the narrator allows himself to be drawn into the violence and chaos of the Harlem riot and participates in the burning of a Harlem tenement. Later, as he flees the scene of the burning building and tries to find his way back to Mary's, two white men with baseball bats pursue him. To escape his assailants, he leaps into a manhole, which lands him in his underground hideout.

For the next several days the sick and delusional narrator suffers horrific nightmares in which he is captured and castrated by a group of men led by Brother Jack. Finally able to let go of his painful past — symbolized by the various items in his briefcase — the narrator discovers that writing down his experiences enables him to release his hatred and rediscover his love of life.

DON'T QUIT

When your luck is down
And your world goes wrong,
When life's all uphill
And the road is long,
Keep your spirits high,
For through thick and thin

You must carry on
If you are to win.
Never mind if things
Hold you back a bit,
You'll come out on top
But you mustn't quit.

Sujatha R Valke - Faculty Member



EVENT @ GCC

August 4th, 2014 is one of the most memorable day for the family of Garden City College, owing to the presence of AKSHAY KUMAR –The King of Bollywood and gorgeous Tamannaah Bhatia. Students of Garden City College witnessed the esteemed presence of the stars at 2:45 pm in the campus. The actors looked stunning and were warmly greeted by our Chairman. Dr. Joseph V.G. with floral compliments. Akshay Kumar shared a few words of wisdom with the students. He stated that he was inspired by the tag line of GCC “Creating Dreamers, Achievers and Winners”. Tamannaah on the other hand spoke a few words and said that she was happy to witness an energetic crowd and was overwhelmed by their response. Following their speech, our generous Chairman addressed the gathering and said that he will give full scholarship to two students sponsored under the name of Akshay Kumar. Towards the end of the segment, the stars shared a light moment with the students, tapping their feet to the upcoming movie – Entertainment!



EVENT @ DMCS- BANASWADI

In the year 2013, Deva Matha Central School marked the inception of Gardenia Junior -the Annual Inter School, DMCS Fest. Gardenia Junior has been profoundly inspired by “Gardenia” – the Annual Inter College Fest at Garden City Group of Institutions. Known for its varied themes and concepts, Gardenia encapsulates a different spirit each year. Gardenia Junior has beautifully carried forward the legacy of its parent institution and chose “Soccer Mania” as the celebrating theme for the year, 2014. This extravaganza witnessed a beautiful amalgamation of literary, sporting and cultural activities.

Gardenia Junior, a 2 day event conducted on the 6th and 7th of August 2014 was inaugurated by Mr. Thomas Joseph –International Football Coach. The fest consisted of 9 events. Time out, Own Goal, Offside, Sudden death, etc, were the names of a few events. Each event comprised of 3 categories which distinguished different grades of students. The participation of contemporary schools for Soccer Mania theme



was exemplary. These schools were assigned the names of countries to bring about unanimity in the entire judging procedure. Classrooms were given the names of stadiums, adding lot of zing and dynamism to the entire event. The DMCS play ground was called the Maracana Stadium which was the venue for the finale of the FIFA World cup as well as the indigenous “Soccer Mania”. Food stalls were also arranged during the fest for staff, parents and students- this tryst of fest

and food was indeed unforgettable!

The 1st place of the Soccer Mania theme was bagged by Croatia, i.e., Narayana e Techno School- Many Congratulations! We would also like to appreciate and thank each participating school for making Gardenia Junior a grand success. Our sincere thanks to the relentless efforts put forth by the teaching and non-teaching staff for making Gardenia Junior, 2014, a memorable rendezvous.



Recipes



Rice Poha



Ingredients

Poha (flattened rice) 2-3 cups
 A pinch asafetida
 1 teaspoon mustard seeds
 1-2 green chilies (chopped small)
 1 onion (small dice)
 1 potato (small dice)
 1/2 cup peanuts or cashews
 3/4 teaspoon turmeric
 4-5 curry leaves
 Salt to taste
 1/2 cup fresh cilantro (chopped) for garnish
 Fresh lemon (to squeeze at end)

Method

1. Soak the Poha for 5 minutes then drain in a colander.
2. Heat oil in a pan. Season with asafetida, and mustard seeds. As soon as they crackle, add diced onion and green chilies. Fry until translucent.
3. Add diced potatoes and sauté until they are cooked. Add turmeric and curry leaves to hot oil once onions are done. Add nuts. Add Poha and salt and mix thoroughly. Cook for 3-4 minutes.
4. Transfer to serving bowl and sprinkle with fresh chopped coriander and lemon juice before serving.

Vegetable Sandwich



Ingredients

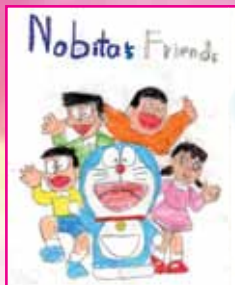
Bread
 Oil
 Potatoes
 Onion
 Green Chillies
 Tomato
 Coriander leaves
 Salt and Turmeric and Butter/
 Mayonnaise

Method

1. Toast the bread slices with butter on a pan, until slightly browned and keep it aside.
2. Saute the veggies (potatoes, onion, chilies, tomato) with salt and turmeric and keep aside.
3. Place the veggie mixture in between the fried bread slices.
4. Serve hot with ketchup or chutney.



Theekshitha-III



Shirin Kulkarni-III

My Creative Space



Thank You!



Shreya.G-II



Yashas HS-IV



Varsha.B.NVIII



Amalya - UKG



Elizabeth Mathew & Shipra-IV



Yash A-III



Joshua John-III