

# Deva Matha Central School Gems

# DMCS

## Emphasis is on life

LEAVING AN IMPRESSION

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## DMCS REPUBLIC DAY CELEBRATIONS

Republic Day 2021 was observed at Deva Matha Central School, Vidyaranyapura, in a solemn ceremony with great patriotic fervour and enthusiasm, albeit, with the students participating online. The programme began with the rendering of the DMCS School Anthem. A discourse highlighting the significance of the day coupled with a warm welcome speech was presented to commence the celebration. DMCS Vidyaranyapura Principal, Ms. R. Balasundari unfurled the National Tricolour. She was accompanied by the Vice Principals- Ms. Noorie Ayesha, Ms. Roopa Lakshmi and members of the staff. They saluted the Indian Flag as the National Anthem played out.

NCC Caretaker and Scouts & Guides Master gave interesting and informative talks on the significance of the day and its celebration throughout the country. A beautiful display of badges of the Tricolour was crafted and demonstrated by the Scouts and Guides Master. The emphatic speech on significance of Republic Day was interspersed with some very interesting performances by our students. The students of classes I to V showcased their patriotism with a fancy- dress show, depicting our Freedom Fighters and National Heroes. Students of class VI and VII sang to the tunes of many melodic patriotic songs for the audience.

A well presented documentary by the DMCS Faculty Members , providing deep insights into the rich and varied heritage of this ancient land was another highlight of the day. It took the viewers through a journey that traced various details about our deep rooted culture, the making of the Indian Constitution, and many

other fascinating inputs like it being the only hand- written constitution. The facts shared in the documentary were truly informative and educative. The talk was entwined with theme based speech, melodious renderings of patriotic numbers by faculty members and students. The truly amazing programme concluded with warm wishes from the DMCS family. The programme wrapped up with a heartfelt Vote of Thanks. The patriotic zeal and passion of the students was palpable in the crisp and well-organised programme, put together to mark this very important occasion.

Deva Matha Central School, Banaswadi celebrated Republic Day 2021 with great jollity and merriment. A well organised virtual programme was showcased for the parent and student community. A dignified ceremony of pinning up of tri-colour badges for the School Dignitaries was held. Beautiful rose petals of various hues were offered to Dr. Rajendra Prasad and Shri B. R. Ambedkar as a mark of deep respect for the occasion, by the entire DMCS staff fraternity. On 26th January, 1950, Dr Rajendra Prasad was elected as the first President of India. Also, on this momentous day, the Constitution of India came into effect- Dr. B. R. Ambedkar also called the 'Father of the Indian Constitution' was the Chairman of the Constitution Drafting Committee. A cordial welcome speech was presented for the entire DMCS family. The National Flag was thereby unfurled by DMCS School Director and DMCS Principal. The National Anthem was played with great passion. It was coupled with singing of the DMCS School Anthem and delivery of various theme based orations- they being the major highlights of the day. Patriotic songs and wonderfully choreographed dance programmes were greatly appreciated by the audience members. Quite remarkably, a lush green sapling was also planted in the school campus by the School Dignitaries- Ms. Vrinda Coutinho, DMCS School Director, Ms. Geetha Somanathan, DMCS Banaswadi Principal; Ms. Fabiola Ann Ignatius & Mr. Bhuwan Chandra- DMCS Banaswadi Vice Principals. It was planted as a symbol of hope and strength to fight the global pandemic at a national and global level. The day was concluded with heartfelt wishes by the DMCS family members and a profound Vote of Thanks. The virtual Republic Day celebrations 2021 indeed etched many precious and unfading memories in the corridors of our heart.

Jai Hind !

*Ms. Mumtaz M.H. and Ms. Kokila Vani M. – Faculty Members*





# 2020 A YEAR TO REMEMBER

*"May your choices reflect your hopes, not your fears."- Nelson Mandela*



2020 will always be remembered as a year of transformation, it would be etched in the memory of all those who lost their loved ones, who had unemployment stare at them, who adapted to the online education, who migrated back to their home towns, who learnt new skills, who realised the importance of family time, who were surrounded with uncertainty and the ones who survived the pandemic. In short, there was no section of the society which was left unaffected by this catastrophe.

It is extremely easy to give up and say it is impossible to sail through when adversities arise. One must Never Give up. Whatever situation we encounter we should never be afraid, we should have the faith and belief that the current situation is temporary and learn and grow from all the challenges we face. We should not adopt short cuts or give in to temptations, instead display strength and integrity in any given situation. Successes and victories would only stem up from our struggles and failures, its the hope that keeps us alive and going.

At DMCS, we embraced the troubled times as a catalyst for changing the lives of our stakeholders for the better. With the necessary training, our teachers ensured they imparted quality education to our students with technology driven online

sessions. Academic and Extra Curricular activities were scheduled through virtual classrooms. Online Dance and Taekwondo sessions brought about the best in the students by building their physical fitness and wellness. Art and Craft lessons and Clubs, creatively energised our students. Daily Assembly sessions were introduced to drive values among our students. The teaching and non-teaching staff

were bestowed with welfare measures in order to reinforce their levels of motivation and will power. Parents in need were acknowledged and encouraged to continue their wards education in these tough times and days of financial crisis, they were offered extended timelines for fee payments. Staff were adequately supported with perks to support their family incomes, in scenarios where they were the sole bread winners. The school building is being regularly sanitised and transport maintenance has been taken care of, with the belief that our students would report back into their classrooms very soon.

Let's all learn to adapt to change, rise from the downfall and lift our spirits high with the hope that there will be light at the end of every tunnel. Wishing you all a joyous, prosperous, happy, peaceful and healthy New Year 2021!



**Ms. Vrinda Coutinho**  
Director- Administration

Deva Matha Central Schools Banaswadi and Vidyaranyapura

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## Whichever way the wind blows, adjust your sails, move forward...

"Change is the only constant". This statement could not have been proven more emphatically than the current situation thrown at us by these unprecedented times!

From no parties, no gatherings, no travels.. to no school, no play, it has been a year of constant struggle in some way or the other to each and every one of us in every walk of life.

The list of struggles could be listed and this list can be endless. However, like it has been said, there are always two faces to the coin. Did you imagine ever, that we could stay bundled under one roof with our loved ones for this long – with many parents working from home, children attending school from the comfort of their homes, reduced travel time for everyone, opportunities for families to stay for an extended duration at their home towns? This list could also be endless!

In particular for us, it was an opportunity to witness parents gracefully take on the roles of invigilators while our children honestly and with utmost integrity gave their exams. I recall fondly the vision of our Chairman to upkeep and emphasize the value of honesty in every DMCSite. The unmanned Self Service Counter is an example in this direction. It gives me pride to relate this noble act to today's scenario where we lay full trust in our students while they attend classes, write their online exams and submit their assessments.

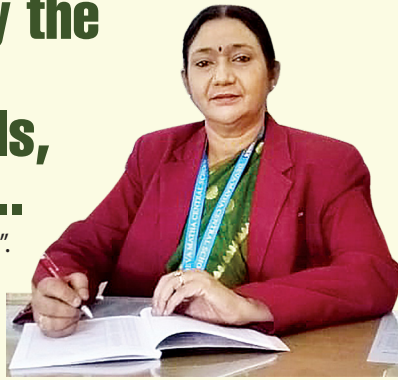
While it is disheartening to see empty class rooms, corridors and the deserted school campus, it does not leave us without hope. Looking back, there are many life lessons this pandemic has taught us – that by being self disciplined, self driven, honest, creative and organized, every challenge can be overcome. More so, the trifles only make us emerge stronger than ever before. At DMCS, learning has not stopped – the learning schedule was meticulously planned, and the lessons and concepts were taught as per plan. Just that, everything was done in a new way – drawing the benefits of technology in learning, to an extent that never would have been explored, if not for this pandemic.

We did not lag behind in finding avenues to extra curricular activities – competitions, celebration of significant events and festivities found a new expression – all virtually.

I am proud of our DMCS family and also thankful to them – children, staff and the parents for pulling through this situation so seamlessly and gracefully adapting to the new norm. The beginning may have had a few speed breakers but it slowly smoothed out. We today understand like never before the power of technology and the ways it can be leveraged for our progress. The road ahead certainly seems promising.

Like the grey clouds, rain and storm are always soon to be followed by peace and the warmth of sunshine, it will not be long when our classrooms and campus will once again be filled with the sunshine of bright and happily chirping children. Until then let's learn to see the silver lining in every passing cloud and dance in the rain of every opportunity that comes by!

I wish you all a very happy, prosperous and joyous New Year!



*Ms. R. Balasundari  
Principal, DMCS Vidyaranyaपुरa*

## THE MAGIC OF MINDFULNESS IN 2021

"Mindfulness is the root of all the methods that tame the mind. First it focuses the mind. Then it eases the mind. Finally it is the luminous nature, beyond thoughts." – Patrul Rinpoche



*Ms. Geetha Somanathan  
Principal, DMCS Banaswadi*

The COVID-19 pandemic has changed life for millions of people. This had a major impact last year on many students around the world and continues to do so. In times like these, "Mindfulness" can be a powerful source of reassurance. Many who are locked at home, others who are working to help and prevent the virus need the mindfulness to believe that "we shall overcome this". While the pandemic in 2020 brought with itself a sense of despondency and anguish, it also taught us to be patient, adapt to changes and tread on a path that was never travelled before. We became resilient individuals who had the courage to face the challenges & believe in the impossible. We believed in ourselves & believed that great things would never have happened if we were in our comfort zones.

This academic year education has changed drastically, with the distinctive rise of e-learning, whereby teaching & learning takes place on digital platforms. We need to applaud our students who have adapted well to the new normal. Due to the pandemic, they are unable to mingle with their friends and are at home attending the online classes. Dear children, you have a lot of potential to think differently and move with the changing times. Remember, successful are those who never give up to difficult situations and problems. Patience, determination, and perseverance are the key to success. Wish you all a fruitful year ahead.

We need to view both parents & teachers as partners in education. When both parents and teachers are inspired to facilitate learning, children are the winners. We appreciate all the parents & educators who have contributed and cooperated during these tough times so that learning never stopped for our students. Teachers went the extra mile to empower & equip themselves through various in-house trainings & competence building programmes conducted by Centre of Excellence to impart knowledge & skill to their learners. As the pandemic disrupted life across the entire globe, teachers worked hard to transform their physical classrooms into virtual to conduct classes and activities as well as collect insights on what works, and what doesn't, in online learning environments.

The New Year doesn't change our lives. Our life changes only when our mind set changes. The year 2020 has taught us crucial lessons like patience, empathy, simplicity, benevolence, forgiveness & gratitude. We have learnt to appreciate all the little things we had taken for granted. Let us not forget that we grow & evolve only when we befriend challenges & change.

As we enter into a New Year and a new decade, there is a lot of optimism, aspiration & expectation. We wish everyone a happy, safe, healthy, blessed and mindful 2021!

### PRINCIPAL'S MESSAGE

**THE WORDSMITH**

“A dog is the only thing on earth that loves you more than he loves himself.” – Josh Billings



# MY REASON TO SMILE - ROBBY

My pet Robby has always been my reason for happiness. My first introduction to him was when he was a 30 day old puppy. It used to be very scared of me in the beginning, but slowly became my friend. I remember the days when we used to take him to the Veterinary Doctor. On the first day of his vaccine, he refused to eat anything, however slowly with time he regained his appetite. He is an alert and friendly dog. He is growing up well and really helps me to uplift my mood. He always likes to sleep on my lap and enjoys his bathing time. Robby always welcomes me home and starts jumping on me. My journey with Robby has been very beautiful so far. I encourage all of you to keep a pet at home and share many special moments with these wonderful pets.

V.S. Nishok – Std. VII



# HAPPINESS THE KING OF EMOTIONS

Happiness is being home again,  
Happiness is walking in the rain,  
Happiness is dancing with friends.

Happiness is to see my lovely home,  
Happiness is not being alone,  
Happiness to sit, and not to roam.

Happiness is being with family, to me,  
Happiness in the faces, I longed to see,  
Happiness is once more being free.

Saasha S. – Std. VII



# 15<sup>TH</sup> JANUARY, ARMY DAY-INDIA

The Indian Army Day is celebrated on January 15th every year wherein General KM Cariappa became the first Indian to take up the charge of the Indian Army in 1949. He took over from General Sir Francis Robert Roy Bucher who was the last English commander of our nation's army. Army Day marks a day to salute the valiant soldiers who sacrificed their lives to protect the country and its citizens. It is a day which exhibits the military prowess of our country India and is marked by many parades and stunning military shows. On 15th January 2021, India celebrated its Army Day at the National Capital, New Delhi.

Shresth Belamkar – Std.VII


**THE  
WORDSMITH**

# Music- The Tranquilizer

*"Life is like a flute. It may have many holes and emptiness but if you work on it carefully, it can play magical melodies."*

Music makes you alive!! We all agree that music has always been a perpetual tranquilizer to soothe and heal the mind and soul. When you first put on your headset and start listening to music, it becomes wholly magical in your mind, giving it many rejuvenating positive vibrations. It refreshes us from negative, stressful thoughts too. I always feel music is the only best medicine to cheer you up when you are down.

When you listen to music, a part of your brain called the nucleus accumbens, activates. This triggers the release of the "pleasure chemical" Dopamine, that lives in a group of neurons in your brain called the Ventral Tegmental Area or (VTA) -this pathway in the brain is called the Reward System and Dopamine is strongly associated with it.

I enjoy the company of my head phones, I wish to have them during most of my free time ! Music is undoubtedly the greatest healer and the invention of devices like headphones has made the experience absolutely magical. How lucky we are!!

Are you too a music lover whose day feels incomplete without enjoying music? Then, give me a high five! Well, of course with a mask and gloves – don't forget!

Hita Shree- Std. IX

## A Visit to Kathmandu



As a family we wished to unwind ourselves and spend some leisure time together. We decided to visit Kathmandu, the capital of Nepal ! Kathmandu as a city is very beautiful and has a strong cultural heritage. Kathmandu is also called 'The city of temples'. It is home to some of the world's ancient temples, with many spiritual implications. The Pashupatinath Temple is world

renowned and is swarming with visitors every year. Many tourists visit Kathmandu specially for trekking activities. Kathmandu is also known for its wildlife and multiple heritage sites. I would strongly recommend each of you to visit this culturally rich city with your family.

Jashin Bhattarai – Std. VIII



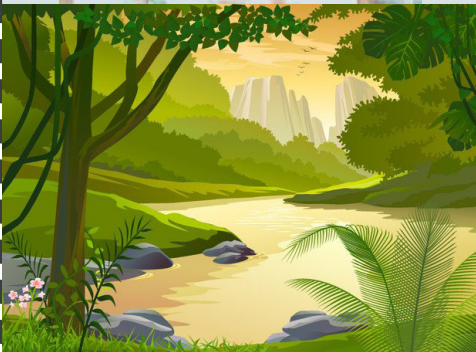
# THE TIME LOOP

“What is this?” The young girl, also known as Lia, questioned her parents with a dissatisfied expression on her face. “It’s your present darling,” her mother spoke lovingly. The girl looked at them for a moment before replying harshly. “This isn’t what I wanted. I wanted a phone. You never get me what I want.” She showed her unhappiness as she headed towards her room. Her parents sighed seeing their daughter’s unwelcomed attitude. With a deep sigh, the father went back to doing his work.

Lia fell asleep as she lay on her bed. She woke up after an hour or so and looked around. Strangely, she felt a sense of dejavu. She looked at the wall clock which was hung in her room. It read, 9:00 am. She was astonished on seeing the time it read. Confused, she headed out of her room, thinking that the clock might have malfunctioned. When she went out, she saw her parents arranging the dining table, the same thing which she had seen before her parents offered her gift. It was like the whole set of events are being repeated in front of her eyes, afresh. She was astonished. Abruptly, what her mother had told her once popped in her mind. “If you do something bad on the first day of the year, you’ll get stuck in a time loop until you get that right”. Her mother’s voice echoed in her mind. Was she stuck in the time loop which was

supposed to be a silly myth? She came back to reality when her mother called her name. “Lia, it’s your New Year present, darling.” She handed it to her with lots of love. It was a teddy bear, similar to one her parents had given her earlier. She was now quite sure that she was stuck in the time loop. Maybe the gift her parents offered her earlier and her dissatisfaction towards it, was the main cause for her to be stuck in the time loop. “If you do a good deed, you can break the time loop”. She remembered her mother’s words. Her mother approached her as she gave her present. “Lia, darling, here’s your present”. It was the same teddy bear but this time she thanked her parents with a genuine smile on her face. Everything was so beautiful between Lia and her parents. “We’re glad you liked it darling. Next year, you’ll definitely get a phone”. Her father spoke gently as tears filled Lia’s eyes. She immediately hugged them both as they returned her the same warmth. “I love you both, please forgive me for my earlier uncalled for behaviour.” She said while hugging them. Her parents smiled at each other before hugging her tightly. Moral: Always appreciate your parents’ sacrifices because there is none greater than them, who will love you more dearly.

*Evlyne Krista Francis – Std. VIII*



# THE FOREST

One day we went to a forest for a picnic. I saw a few butterflies in the forest and played for some time with my brother. I also saw a rabbit and deer. I felt very happy to see the animals. My brother and I climbed small trees with help of my parents. We also sat together and had lunch. I have many memories of the forest and the picnic. I want to again make another trip with my family. It was lots of fun.

*Tarunika – Std. II*

## They Said It

A SLICE OF LIFE

**DON'T CRY BECAUSE IT'S  
OVER, SMILE BECAUSE  
IT HAPPENED.**

**- DR. SEUSS**

I like this quote because it gives another view of bittersweet experiences. We can either cry at something that has occurred, and cannot be changed, or we can face it with a smile on our face. If we change our perspective of looking at events, we can have a positive change in our mood. Instead of mulling over things that cannot be changed or reversed, we can look forward to changing the way we perceive them. 2020 has been an awful experience for most of us, it has even been a nightmare for many, however there are those for whom this has been an opportunity for a great deal of growth, family bonding and realization for taking our minds away from materialistic things and value life. I will always keep taking inspiration from the above mentioned quote.

*Carol Elizabeth Jojoy - Std. IX*

## PANDITA RAMABAI

### Women Empowerment

There are many brave women around the world who have fought for women empowerment, equality and rights in the society. Pandita Ramabai is one of the most notable ones. She was born in 1858 in Maharashtra. Her father was a great champion of Social Reforms and believed deeply in imparting girl education. Ramabai worked tirelessly to improve the position and dignity of women. She supported women's education, set up schools for girls and shelter homes for widows. She continuously fought for girls education and will always be remembered as a woman fighting for emancipation of the Indian women. Many elaborate writings and books on the life of Pandita Ramabai by writers and scholars show the great respect which was earned by the great reformer.

*Anushree V. -Std. VII*



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## Goa - The Pearl of Orient



I spent my last summer holiday with my family, in Goa. I stayed at a resort which was very beautiful. I liked the Chapora fort a lot because it has big rocks like a bridge. I can never forget the view of the beach from there. I went to the Big Foot Museum and saw many statues of huts and people showing Goa and its rich culture. I also went to Mahalakshmi temple in North Goa which had 24 wood panels. I visited - The Basilica of Bom Jesus and was very happy to see the design of the church. I wish to again visit Goa and see the places which I missed in my last trip. I love Goa!!

*Jaiditya L V - Std. II*



PRANAVI P.T. - UKG



ISAAC SAMUEL JOF - I



SHRAAVYA ANAND - I



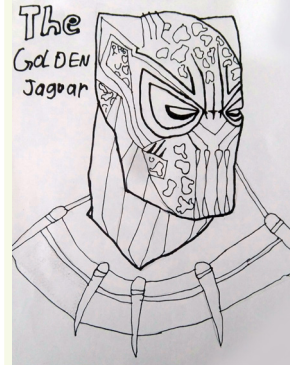
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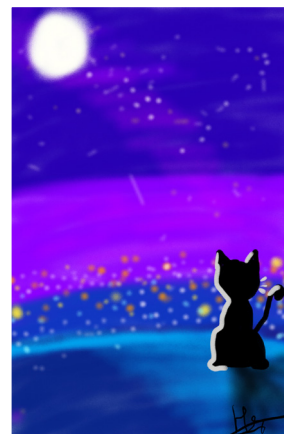
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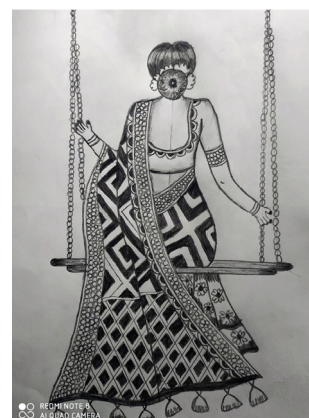
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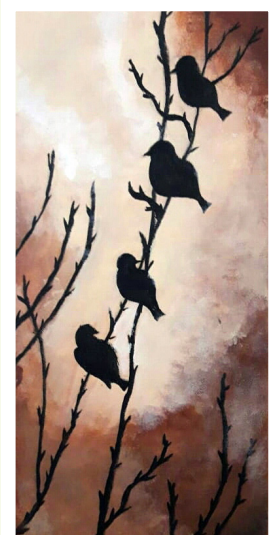
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SHREYA SAJITH - VII

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