

# Gems

Deva Matha Central School

Leaving An Impression



# DMCS

Emphasis is on life

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## HAPPY NEW YEAR – 2019

New Year has always been emotionally resonant. Those possibilities of turning a new leaf, get brighter by the day, weaving new hopes of a better and more rewarding year. The celebrations are marked by family get-togethers, gifting rendezvous and heartfelt promises. Most of us also choose to go on a resolution spree, with each resolve being predicted with longevity and endurance. So, what are your plans for this New Year, 2019! Is it to achieve a better work-life balance or to engage in that childhood passion of gardening, for which you never found the time, as you read this article. Is it to go on a cruise with your friends or to visit that forlorn orphanage at the end of the street. We as human beings, live by the mirage of endless desires, for which we never find time- and when the year closes, we wonder in awe and say, how fast the year passed!

The Gems Editorial Board team urges each of you to define a 'To Do List' for the year 2019. Though each of you will slate different goals for yourselves, we have our own set of wishes and yearnings for everyone. Health is what comes on top of the list and priorities. Take great care of your health this year and make sure to be physically fit and running. After all, it takes a

lot for the parents to offer that perfect school life for their children, making sure the mundane daily chores are punctually followed. The children also need to eat right and follow a nutritious diet this year, doing away with the urge to binge on junk food. Family time needs to get a boost this year, with each of us consciously devoting deeper moments and engaging time to our family - tending to the needs of the elders, needs a special mention here. We also request each of you to find sometime to contribute to our society, in whatever small ways we can. A leisure visit to an old age home or helping an NGO in cleaning up that nearby lake may be a few of the initiatives to get accredited to. Last but not the least, we urge you to upgrade your kindness quotient for the animals and trees around. Think twice before plucking that flower or cutting a tree or hurting that mouthless creature sitting across the road.

Life is beautiful, each day makes it so. Lets go hand in hand, treading this new path that has been laid for us this new year. We wish you all the very best for the forthcoming year and hope that you will remain as an inseparable part of the DMCS family, forever.

**Gems - Editorial Board**



## WHAT MAKES A HAPPY LIFE ?

***Life is a journey with ups and downs.***

The Downs in our life give us moments of self-awareness and help us understand about ourselves better. Learn to be grateful for everything that happens in life. There is so much opportunity in everything that does not work in our life.

There is something to be happy about by enjoying everything you do and being with the people that make you happy. Smile every time a negative thought passes your mind, the positive energy will automatically flow in. Research has proved that even smiling 10 seconds a day can considerably reduce stress.

Accepting the fact that everything cannot always be under one's control will give you a different

route to achieve success. The best way to be happy is to be content and believe in oneself.

From my journey of exploring and learning, I have begun to conclude that one kind of happiness comes from being given and the other comes through the act of giving. Only when you experience a harmony between the two aspects, can there be extreme joy. I relate myself to a cup, which eventually gets filled with all the positive desires that make me happy. Life keeps pouring into it until it overflows, once the memory becomes stale, new feelings of happiness create space in my cup.

**May the New Year 2019 create joyful moments in your cup of life.**

**Happy New Year to the entire DMCS Family.**

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## PRINCIPAL'S MESSAGE - DMCS VIDYARANYAPURA



*"Hope smiles from the threshold of the year to come, whispering, 'It will be happier.'"*

- Alfred Lord Tennyson

This is an era of automation technology, gadget driven and fast paced routines. Everyone seems to be frantically moving fingers on their precious little possessions – the “smart” phones. It seems to be knowing everything – ask and you will find! It is a shortcut to every thing, person and place, all at your fingertips. A million answers found in one smart thing – fast and easy!

Despite all the smartness in the ever evolving technology, one thing has seen a constant decline. Children and adults alike have only grown busier, with lesser time to devote to themselves and their tasks. Should the shortcuts not be making things faster and saving time for you – leaving you with more time to

follow your passions and do your job better? What seems to be happening most of the times is exactly the opposite. We become the less “smarter” lot, tied to the smarter technological creations.

When you are bored, go out to play, meet up with a friend. When you need to know something, walk to the library, pick up a book. Make people, places, books your companions and try to disengage as much as possible from the addictive traps of technology. May it be our assistant and we not its slaves.

The year gone by has seen fabulous achievements and we are all proud of the accolades and rewards we won. But who would like to rest on laurels! We must aim higher, we must unlock the immense potentials that lie within, realize all that we desire. May we find more time and opportunities to scale greater heights this year!

Mrs. R. Balasundari

## PRINCIPAL'S MESSAGE - DMCS BANASWADI

### DARE TO DREAM BIG



*"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."*

- Harriet Tubman

A New Year is a fresh chapter in life waiting to be written with dreams and hopes to succeed in whatever we do. At the start of this New Year, we need to look back with gratitude for making the previous year a successful one. Let us begin this wonderful year by believing in ourselves. We must have a mind that is open, focused and set new goals that are achievable. Reflections are important so that we know our strengths and where we need to improve ourselves. If we look at each day as a new beginning, we feel happier, more energetic and encouraged. The powers of motivation, persistence and self-discipline will make our lives interesting, happy and fulfilling.

Each one of us begins our journey this year with a dream, the contents of which are as varied as the people on this earth. Our experiences teach us lessons and strengthen our resolve to think different. But, we have to develop the wisdom to be open to the lessons and the courage to speak up

for ourselves and give voice to our feelings, wishes, and dreams. Let's tell our children that it is alright to make mistakes because this means they are trying new things, learning and pushing themselves to do things they have not done before. Let them be like the ancient tree that bends due to the wind but does not break. Help them to find their inner strength and pursue their dreams and let not short-term failures deter them.

In the year gone by, our dreams have come true. We witnessed myriad of events at DMCS. Our students won accolades and medals in various Inter House, Inter School, State and National level events and competitions. Various activities during the year have helped our students nurture their talents, build confidence and reflect on their learning. We are extremely grateful to our parents for having faith in us, in being partners in the education journey of our students. We look forward to a whole lot of learning in the coming months for students and faculty alike. May this year see more accomplishments, happiness and success of our students.

**Wish you all an amazing year ahead!**

Mrs. Geetha Somanathan



## ◆ CITYLOOK ◆

### VISAKHAPATNAM



Visakhapatnam is the third largest city on the east coast of India, besides Chennai and Kolkata. It is the centre for many financial activities. The presence of Defence and other remarkable Public Sector Offices makes the city very dynamic in nature.

Visakhapatnam is the only city in India to host twin ports. These ports handle the largest volume of cargo in the country. It is also the oldest shipyard, known for conducting repairs for Indian Navy Submarines. The shipyard is also equipped to build nuclear submarines. The city has secured eighth place among the list of smart cities.

Arjun N. G. - Std.VII

## ◆ THE QUEER ◆

### ULURU OR AYERS ROCK

ULURU or AYERS Rock is a giant monolith in Australia. It is the world's second largest monolith which is situated within Uluru-Kata Tjuta National Park. The main attraction of the UNESCO heritage site is its changing colour. According to the position of the sun, it is most visually striking at sunset. The official ownership of this rock is given to the local Aboriginal people. The oval shaped arkosic sandstone rock, is the home of a variety of flora and fauna which include the Mulga trees, desert oaks, shrubs, a dozen type of wild flowers and wild life like red kangaroos, small marsupials, numerous reptiles and amphibians. Uluru Rock is one of Australia's best known tourist destinations.!

Nikhil D'Souza - Std. X



## ◆ THE AUTHOR'S ODYSSEY ◆

### ROBERT LAWRENCE STINE

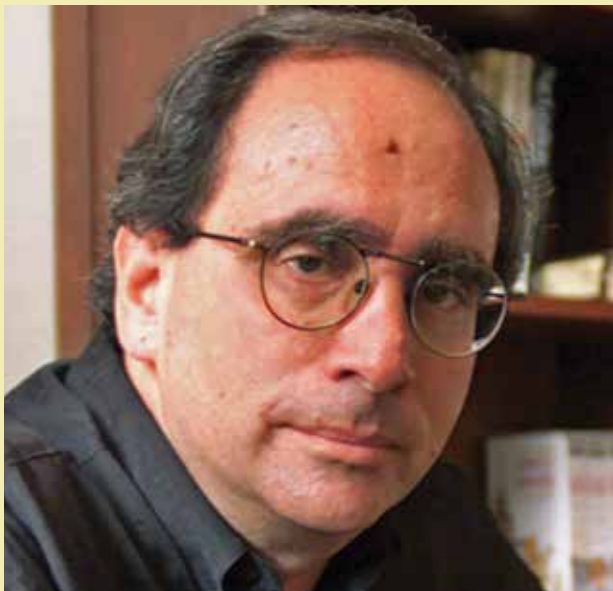
R. L. Stine is an American novelist, short story writer.

Stine has been referred to as the "Stephen King of Children's Literature" and is the author of hundreds of horror fiction novels.

He won many awards like The Disney Adventures Kids' Choice Award; Guinness Book of World Records named Stine as the best selling children's book series author of all time.

The title of his books are funny and intriguing and that is why I enjoy reading his books, amidst my compressed academics schedule.

Sahil Sharma - Std. IX





## CRISP DANJ ROTI



### Grocery List:

Refined Flour	300 gms
Dry yeast	2 tsp
Milk	1 cup
Oil or Ghee	2 tsp
Sugar	1 tsp
Warm water	6 tsp
Baby corn, Broccoli, Spring Onion	2 cups
Coriander	Finely Chopped
Cinnamon	1/2 tsp
Paneer	50 gms
Salt	1/2 tsp
Chilli Powder	1 tsp
Oil	For Frying

### Method.

Mix 1 tsp sugar in warm water. Add dry yeast and stir, till it dissolves. Keep aside for 10-15 minutes. Mix this with flour and milk and knead softly. Keep aside. Fry all the vegetables in 2 tbsp of oil till they become soft. Add paneer, salt, chilli powder, cinnamon powder and coriander. Make small balls of the dough. Flatten the balls in your palm, and place a little of the veg mixture in each ball. Apply a little oil and close edges properly. Deep fry in hot oil and serve hot. *Enjoy the Danj Roti.*

Padmaraj Magdum – Std. VII

## ◆ MY TORCH BEARER ◆

### Lionel Messi



Lionel Messi was born in a middle class family, in Argentina. Growing up in a football loving family, he developed early on a passion for the game. At 5, he showed great skill at a local club, coached by his father, but it was strange to see that he was much shorter than other boys his age. At 11, he was diagnosed with growth hormone deficiency and had to seek medical assistance. At 13 he received an offer from FC Barcelona—they would pay for his treatment if he played for them. At 17, he became the youngest player in FC Barcelona history, to score a goal and soon became a star performer for every team that he ever played with. Today, Lionel Messi is known as one of the greatest footballers of all time.

I am greatly impressed by this gritty player and his 'never say die' attitude.

"Never lose hope. You never know what tomorrow might bring," he says. I hope to become a great football player like him, one day.

K.Srujan Rao – Std. VII



## ◆ DMCS BANASWADI – EVENTS ◆



### NATIONAL YOUTH DAY

DMCS BS observed National Youth Day with great zeal and fervour. Students took great pride in commemorating the birth anniversary of Swami Vivekananda. Also known as the Yuva Diwas, the day welcomed our Alumni - Niharika D'Souza who enlightened the students about the relevance of Swami Vivekananda's principles in the present world. She also urged the students to channelize youth power for the betterment of society. Students performed a skit and dance to entertain the audience. The quiz conducted by the students made the programme more interesting.

**Ms. Jayshree Mohan** - Faculty Member

## ◆ DMCS VIDYARANYAPURA – EVENTS ◆

### DESI GAMES

DMCS Vidyaranyapura, participated in the "Desi Games" organized by the BBMP, along with several other schools of the area, at the NTI Grounds, Vidyaranyapura. The event was organized to promote Desi games and encourage children to play these simple and enjoyable games outdoors, rather than spend all their time indoors with their mobiles or in front of the TV screens. Smt. Kusuma Manjunath, Corporator Ward 9, BBMP, presided over the event. Sri. Rudramani, Ward Engineer, and Sri. Lingaraju, Health Inspector were also present. Our students really enjoyed the games and walked away with several trophies and individual medals.

**Ms. Mumtaz** – Faculty Member



### WHITE CHRISTMAS

The tiny tots of kindergarten dressed like little angels in white. A cute Santa Claus, with flowing beard and a sack of goodies on his back attracted everyone's attention. They performed to a cheerful number and welcomed the yuletide spirit. They were greeted with a thunderous applause after their superb performance.

**Janet Amber Mercy** - Std. VII

### BHASHA SANGAM

A special programme was presented by DMCS students to display the varied and rich cultural heritage of our great country. They presented themselves in their traditional costumes representing different parts of the country and held conversations in their mother tongue.

**Chaitanya Ajith** – Std. VII





## ◆ BRAVEHEART – HALL OF FAME ◆

### Zonuntluanga

Zonuntluanga from Mizoram, saved his father, who had been attacked by a bear. He had gone with his father to a forest to collect vegetables when a bear attacked his father and severely wounded his face. Zonuntluanga then fought with the bear with his simple tools, driving the bear away. DMCS students salute this braveheart to save the life of someone as precious as his father.

**Rachana Raghunandan** – Std. VII



## ◆ iLEAD ◆



Each person has their unique way of having fun. What sounds fun to me might not sound fun to you. Well, as long as we all remember to make it part of our life, in the way we want to; it is more than enough.

Here are five reasons science suggests you should have more fun:

1. Having more fun improves your relationships.
2. Fun makes us smarter
3. Fun reduces stress

4. Finding more fun in physical activity balances your hormone levels

5. Fun can make you more energetic

FUN stands for Free, Unlimited and Now! Be Free to try new things. Give yourself time to have unlimited fun – Seize the now! Fun is for the now, being able to enjoy in the present stimulus that is producing happy chemicals in your brain, enjoy the LOL Moments!

The easiest way to do this is to make a list. Write down at least 30 things you enjoy. Shoot for 100 things, anything at all, but try to at least get 30. Then put the list somewhere you can see it, and give yourself a month to do at least one of those things every day.

If going to see a new movie is too time-consuming for you now, try calling a friend, signing up for a daily joke email, or even eating an ice cream cone. If you can't read a whole book, get a daily quote book or just read the comics in the newspaper. Start small, but make sure it's something you enjoy doing. That will help you stick to it more often.

Make a conscious effort to set aside some time to drop everything and have some fun today!

**Ms. Nisha Kalra** - iLead Facilitator

## ◆ QUALITY INITIATIVE ◆



On 20<sup>th</sup> November 2018, a special edition of Times of India - Student Edition featured Deva Matha Central School in five pages. There were articles contributed by staff, students, parents and alumni. Students had the opportunity to visit The Times of India Office. Our visit indeed was very edifying, ebullient and euphoric. We were accompanied by the School Director Ms. Vrinda Coutinho and Vice Principal Ms. Fabiola Ann Ignatius. We were introduced to the world of print media. We were warmly welcomed by the editorial team of TOI and were taken around the office. We were briefed about the process and day to day activities of the editorial team, as a result of which we gained knowledge on the tasks which happen before the newspaper reaches our household. We were provided the opportunity to carry out the editorial job for the Times Of India - Student Guest edition. The editorial team comprised of Chhavi Pareek, Arjit Chaubey and Nandkishor J. of class VIII and Khushi Nagaraj, Arsha Maria Joyson, Prisha Deepak and Shabareeshan. S of class IX. We were thoughtfully mentored by our School Editorial Facilitator - Ms. Ranjeeta Sinha. We are immensely grateful to the school management for giving us this memorable opportunity.

**Chhavi Pareek** - Std. VIII



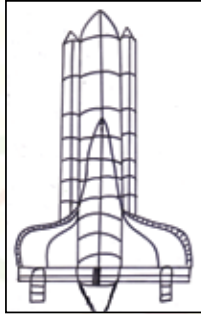
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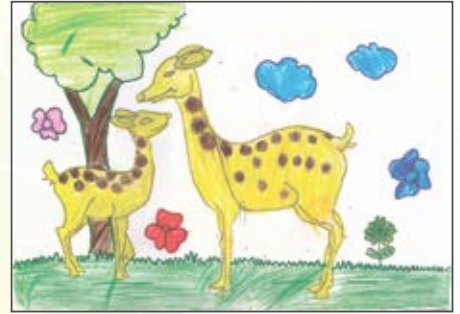
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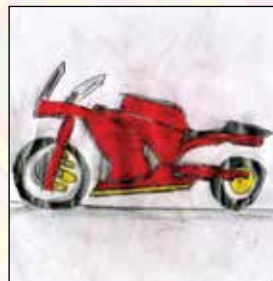
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