

# Deva Matha Central School Gems

Leaving An Impression



## DMCS

Emphasis is on life

Horamavu, Banaswadi, Bengaluru-560 043

Ph: 8904096570, 8904096571

Defence Layout, Vidyanarayapura, Bengaluru-560097

Ph: 8904096573, 8904096574

[www.dmcs.edu.in](http://www.dmcs.edu.in)

Vol: IX

Issue: 05

October 2018



## DMCS SPORTZ FIESTA

Deva Matha Central School immaculately hosted its magnum opus-Sportz Fiesta 2018, an Interschool Sports Event at the Garden City University Campus on 3<sup>rd</sup> and 4<sup>th</sup> of September, 2018. It witnessed an astounding representation of 116 schools, with a swarming number of 3500 student participants. Connoisseurs from Kanteerava Stadium, Sports Village Pvt Ltd, GCU Futsal Coach and 222 PE Faculty Members from accomplished institutions, formed the acclaimed representatives at the fiesta. An efficient taskforce of 26 BGS College student volunteers, added to the efficacy of the event. The relentless support offered by the Physiotherapy and Management department, of the Garden City University was praise-worthy.

The Chief Guest for the day were Mr. M. S. Vijay-Public Relations (Retd), KPTCL, Deputy Director General 2010 Commonwealth Games and Ms. Sushmitha Pawar-Eklavya Awardee, Kabaddi (2014). The dignitaries were warmly escorted by the DMCS Band, Student Council members of DMCS, School Director-Ms. Vrinda Coutinho, DMCS Banaswadi Principal-Ms. Geetha Somanathan and DMCS Vidyanarayapura Principal-Ms. R. Balasundari.

A profound welcome speech was delivered by the School Director-Ms. Vrinda Coutinho. The Chief Guest unfurled the DMCS Flag and the melodic tunes of DMCS Anthem filled in the valiant atmosphere. Subsequently, the Chief Guest Mr. M. S. Vijay officially declared the Sports Meet Open. The beautiful hues of the rainbow, were delightfully observed

in the colourful balloons, released in the blue sky. These were the colours of aspirations, dreams and unexplored contours of sheer grit and talent, the students were about to witness at the extravaganza. Every time the very prestigious Sports torch exchanged hands between DMCS PE Teacher-Mr. Muniraju, Sports Captain- Sambhram Hatti, School Head Boy- Nikhil D'Souza, Head Girl- Navya Daffodil and four house captains; the DMCS Flag went an inch higher, flying high with utmost aplomb and earnestness. The Oath ceremony was solemnised by the DMCS Sports Captain, its echo being reminiscent in the participating audience. The Inaugural Function was concluded with a thoughtful vote of thanks by DMCS School Principal Ms. Geetha Somanathan.

The adroit Taekwondo moves by the Master - Mr. John and his disciples lucidly showcased multiple self defence techniques. Ms. Esha and Mr. Sunil from 'Step it up Dance Fitness Academy' gave a spellbinding Zumba performance. The Chief Guest addressed the fervent gathering and urged them to make best use of the state of the art sports facilities, provided by the school.

A wide assortment of games – of all diversities and variations, one can fathom; was left open for students. Track events, Shot put, Discus throw, Javelin throw, Shuttle badminton, Table tennis, Chess, Futsal, Basketball, Yoga, Kho-Kho, Kabaddi, Throwball, Volleyball, Band display; were amongst the list of plethora of gaming activities hosted by DMCS.

*Continued on page 5*



## EXAMINATIONS ARE FUN

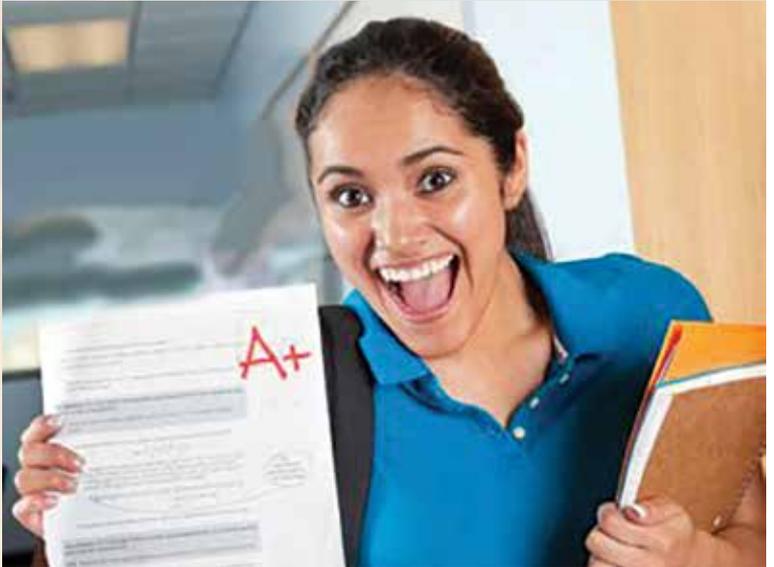
Exams are often stressful and tiring. But, we can always make exams fun, by using some of these tips and tricks.

**Follow classroom lesson plan and schedule:**

By doing this, the classroom teachings and information will still be fresh in your mind. This also allows you to study well before the exam, so that you have enough time to revise at the eleventh hour. If we will be in sync with the subject teacher's classes, we will never be behind schedule.

**Take periodic breaks:** Studies have shown that your productivity increases when you take a break of 10 – 15 minutes for every 60-90 minutes. I personally prefer to listen to calming or upbeat music, or take a walk and stretch during a break. Playing sports is also a great way to unwind, but make sure you won't get hurt !

**Make a plan and stick to it:** Making a study plan is easy, but sticking to it is very difficult.



The study plan should be suited to your need, so that you won't find any difficulties in following it.

I hope you will use above tips in any forthcoming tests or exams; study smart and have fun too.

*Examination- Bring it on !.*

## Deva Matha Central School EDITORIAL BOARD



**Chief Editor**  
Ms. Ranjeeta S.

**BANASWADI**

**Editors**

Ms. Kokila Vani M., Ms. Pioucy Pious C. Kunnath

**Student Editor and NIE - In charge**

Kamia Sajul, Deva Nanda Nair, Krithi Suvarna,  
Chhavi Pareek, Shabreeshan

**Student Board**

Allen Stanley, Varsha S. Nair,  
Dhruv Guru Prasad, Saania Sama

**VIDYARANYAPURA**

**Editor**

Ms. Mumtaz

**Teachers in charge**

Ms. Parimala, Ms. Savitha,  
Ms Vaishnavi

**Student In Charge**

Kalyani, Tamara Amy,  
Joel George, Thrisha

## ◆ CITYLOOK ◆

### THIRUVANANTHAPURAM



Have you ever visited Thiruvananthapuram, the capital of Kerala? I was born in Kerala and my heartfelt association with my state, always remains singular. I take immense pride in sharing that Thiruvananthapuram is a major Information Technology hub of India and contributes 80% of Kerala's software exports, as of 2016. It's the most populous city of the state, with an optimum mixture of countryside and urban population. The local cuisine offers a multitude of both vegetarian and non-vegetarian dishes. Dishes prepared using fish, poultry and red meat with rice are a popular choice. My personal favorite is the vegetarian Sadya, which is a special rice meal, eaten during Onam!

Thiruvananthapuram also has an illustrious history of many ancient and traditional places like Padmanabhaswamy Temple, Kuthira Malika, Napier Museum, Kanakakunnu Palace, Shankumugham Beach and Veli Lake. I have visited many of these places; reminiscing all the beautiful moments I have spent there with my family.

**Joel George** - Std. IX

## ◆ THE QUEER ◆

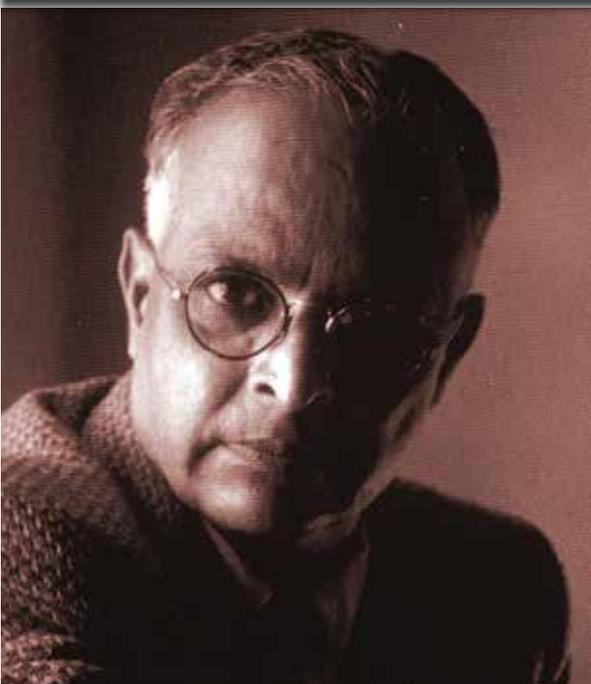
### TABLE ETIQUETTE IN JAPAN

Most societies around the world have rules about table etiquette. For western cultures, noisily consuming food is considered rude. In Japan, however, making slurping sounds while eating has an entirely different connotation. This might have something to do with the fact that in western countries, noodles are properly consumed by twirling them on a spoon before putting them in the mouth. Meanwhile, the Japanese simply slurp up their noodles without contorting them first, an act that is naturally noisier than the former. Making slurping sounds when eating noodles in Japan is a way of indicating that one is really enjoying them. Some scientists even argue that slurping invites air into the palate and actually enhances the noodles' flavor!

**Tamara Amy** - Std. IX



## ◆ THE AUTHOR'S ODYSSEY ◆



### R.K. NARAYAN

Do you know that a small village called Malgudi is famous across the world? Interestingly, this place is to be found nowhere on the face of this earth. Such was the mastery of R.K. Narayan, that he could play with words to make everything come alive. It may be the only instance wherein, a fictional place created by an author has become more famous than the author himself.

Born in Chennai, R.K. Narayan, after graduating from Maharaja College, wrote his first novel 'Swami and Friends' in 1935. The novel was set in the enchanting town Malgudi. He followed it with his writing 'The Bachelor of Arts', also set in Malgudi. In all, R.K. Narayan wrote 29 novels and several short stories. 'Swami and Friends' was adapted into a very popular TV series for Doordarshan in the 1980's. R.K. Narayan was decorated with many awards and honours, including the A C Benson Medal from the Royal Society of Literature, the Padma Bhushan and the Padma Vibhushan.

**Anoushka** - Std. VII

## EXOTICA

### AFFOGATO CHOCOLATE MOUSSE



#### Ingredients:

Good quality Espresso	100 ml. plus extra shots to serve
Ready made fresh custard	300 gm.
Dark chocolate	150 gm. (chopped)
Egg white	Of 3 large eggs
Light Muscovado sugar	1 tsp
Cocoa powder for dusting	

#### Method:

- Put the espresso, custard and chopped chocolate in a pan and stir together over a gentle heat.
- When the chocolate has melted, remove from flame and pour into a large mixing bowl to cool.
- Beat the egg white to a stiff peak in a separate bowl.
- Add a pinch of salt and sugar and beat thoroughly for a minute.
- Stir 1/3 of the beaten egg white, into the custard mixture until no streaks remain.
- Now gently fold in the rest of the egg white.
- Divide between 4-6 small ramekins or pots, shaking gently to flatten the tops.
- Chill for at least 4 hours, preferably overnight.
- Dust with cocoa when ready to serve with extra shots of espresso on the side.

Pavithra L. - Std. X

## MY TORCH BEARER



### Bill Gates

The person whom I admire the most is William Henry Gates III, more commonly known as Bill Gates, born on 28<sup>th</sup> October 1955. He is the co-founder of MICROSOFT Corporation.

His hard work, patience and the good character led him to achieve his goals beyond all the setbacks. "Bill & Melinda Gates Foundation" shows the philanthropist and the humanitarian face of Bill Gates.

"I failed in some subjects in exam, but my friends passed in all ! Now, I am the owner of Microsoft." Henry Gates' universal advice is to love and respect a healthy competition- according to him, this is one of the most important engines of any task.

Bill Gates has inspired me to achieve goals, making academics and humanitarian values as the corner stones of life.

***"Patience is a key element of success"***

– Bill Gates.

Jashin Bhattarai – Std.VI

# DMCS SPORTZ FIESTA

Continued from page 1

The registration counters were effortlessly set up; with sub-processes and verifications related to receipts, student ID cards and age proof being distinctly followed.

The days were surging with reverberations of team spirit, self-made promises of achieving milestones and exhibiting sportsmanship in its superseding spirit. A breath-taking display of School Bands by Army Public School, Sri Vidyamanya Vidya Kendra, Delhi Public School- East, Kroot Memorial School, Police Public School were other major highlights of the day. Quite markedly, the Rolling Trophy was bagged by Vagdevi Vilas School, Marathalli.

The Valedictory function was glorious; the luminaries adorning the function were Chancellor, Garden City

University - Dr. Joseph V. G., Mr. R. Velan, Ms. Amoolya, Mr. Balakrishna Prabhu, Mr. Anil Kumar B. K. and Ms. Swapna Bhaskaran. Special guests were duly felicitated by the Chancellor; his glittering speech was embellished with pearls of wisdom, which emphasised on making sports an integral part of one's daily schedule. A deluge of medals, trophies and certificates, across various categories marked the event, with the Garden City University Campus and GCU Sports Complex being live testimony to the unprecedented success and grandeur, marking the fiesta. It will always remain as the one of the most beautiful chapters embroidered on DMCS tapestry of achievements and triumphs.

Ms. Ranjeeta S. – Chief Editor



## ◆ DMCS BANASWADI EVENTS ◆

### GRANDPARENTS DAY

It was one of the most special events at DMCS, as it marked a day dedicated specially to acknowledge the immense love and blessings bestowed by the grandparents. Mr. and Mrs. Arockiadass were the Chief Guests for the day. Dance



performances, thanksgiving speeches and heart rending emotions of the little ones, marked the day. While the grandparents also gave some breath taking dance performances, the award for 'Best Grandpa and Grandma' stood out as truly coveted. The day ended with a well organized hi-tea session.

**Kinderfun Team Members**

### WORLD FIRST AID DAY



DMCS observed the World First Aid Day with great earnestness. A well presented theme based skit and speech made the day special. A well stocked first aid kit was displayed to the audience, explaining the contents and the purpose behind each commodity used in the box.

**Ms. Hema Shankar** – Faculty Member

### HINDI DIWAS

Hindi Diwas was organised with amazing fervour. There was an inspirational speech in Hindi, along with a poem recitation. A well thought skit and melodious song also formed a part of the observance. The grand finale of the programme was a well - choreographed dance performance which was loved by the audience.

**Ms. Banaja** – Faculty Member



## ◆ DMCS VIDYARANYAPURA – EVENTS ◆

### SPELL BEE

The Spell Bee, a solo competition for classes V to VII was held selecting words from the Gems Vocabulary. The Winners from each class took home the Gold, Silver and Bronze medals along with certificates of appreciation.



**Sagar A. S.** - Std. VIII

### KINDERFUN-STORY TELLING

The Tiny Tots of Kinderfun had a story telling competition. They thoroughly enjoyed telling stories with a lot of action and dramatisation. It was a very enjoyable day with them.

**Sumathi Joseph**  
- Faculty member



### KABBADDI MATCH

Topaz House and Sapphire House Girls were the finalists in the much awaited Kabbaddi Match. Though Topaz House was leading in the first half, the Sapphire House Girls walked away with the trophy. The match between Emerald House and Topaz House Boys was equally thrilling. Emerald House Boys emerged as the winners.

**Aishwarya B** - Std. IX



### HINDI DIWAS

On the propitious occasion of Hindi Diwas, the primary children performed an action song and also spoke about the language and its importance. There was a dance performance followed by a melodious rendering of the 'dohas' of Kabir and Rahim.

**Prity Singh** – Faculty Member

### HEALTH AND WELLNESS CLUB ACTIVITY

The Health and Wellness Junior Club presented a skit at the morning assembly to highlight the benefits of Healthy Food versus Junk Food. It was a fun way to convince children to eat healthy food and reserve junk food for the occasional treat or even better, give it up altogether.

**Abhishek R. Nair** – Std IX



## ◆ BRAVEHEART – HALL OF FAME ◆

### Samridhi Sushil Sharma

Samridhi Sushil Sharma, 17 years old, hailing from Patan- Gujarat, courageously foiled a robbery attempt and was conferred with the National Bravery Award 2017-18 from Prime Minister Narendra Modi, on 14<sup>th</sup> January 2018.

It was a pleasant day during July 2016. Samridhi was all alone at home as both her parents were away at work. Suddenly she heard the rhythmic sound of the door bell. As she opened the door, a masked man tried to enter the house on the pretext of asking some water. When she refused, he took out a knife and put it on her neck. Samridhi bravely pushed back the knife, and firmly twisted his hand. The intruder backed off and tried to flee. In a tussle, the girl's hand was injured. She bled profusely and had to undergo two surgeries. Samridhi's presence of mind enabled her to act with courage and valour.



We, the students of Deva Matha Central School salute her for this act of valour and applaud her for the heroic qualities.

**Parnika Mishra** – Std. X

## ◆ EDUSPORTS ◆

A structured physical education and sports program is developed keeping in mind the physiological, physical and psychological needs of children. The program creates awareness among teachers, staff and parents on the importance of sports education by adopting the sports curriculum to the specific needs of the schools.

At DMCS Banaswadi, a structured physical education and sports program by EduSports has not only educated students to have a healthy and active lifestyle but also inculcated various life skills in them- such as discipline, inter-personnel communication, team work and co-operation etc. Here within the campus, EduSports has earnestly taken up the task of delivering quality physical education ,requiring practical solutions backed up with a strong scientific and educational rationale. Every game and sports activity at Deva Matha Central School is therefore carefully planned for ensuring a holistic development of the student community.

**Mr. Ajay** – EduSports Facilitator



## ◆ QUALITY INITIATIVE ◆

### DMCS DEBATING SOCIETY

DMCS has always been known for launching unique quality initiatives, which have inflated the quality quotient of the school. Keeping the aforesaid enterprise in mind, the school saw the inception of its maiden Debating Society named, Gezellig. It's a round the year initiative wherein, students under the guidance of mentors - debate, discuss, deliberate on topics-keeping the conjecture of fun and coziness associated with the dutch word-Gezellig, alive. The debating society meets regularly, according to slated schedules for the training sessions. Students undergo rigorous training sessions, get exposed to multi-faceted debate topics or statements; and in turn evolve as top line orators with extra-ordinary public speaking skills.

**Prateek Deshmukh** – Std. VIII



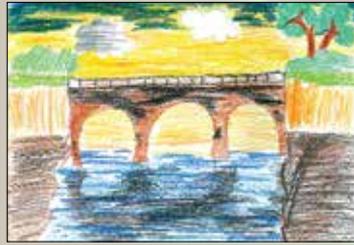
# CREATIVE SPACE



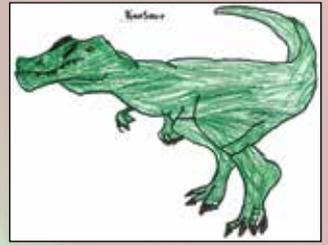
AARUSH GOUD - I



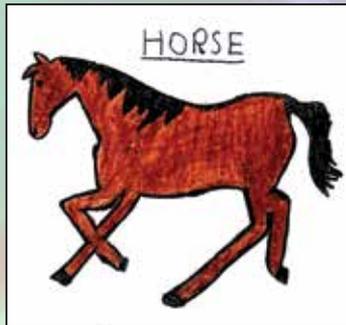
JONATHAN JOSEPH - I



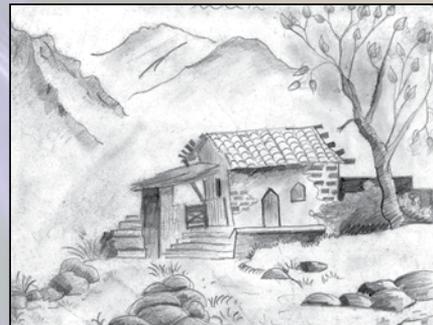
NORAH B. JACOB - IV



SYED - III



K. A. AAYUSH - V



CHHAVI PAREEK - VIII



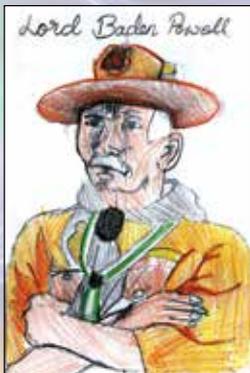
NORAH ANTONY - X



TIYASA - VII



ANANYA G. B. - IX



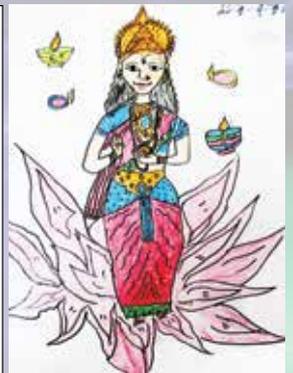
PRATIK SAHOO - V



AARDHRA Y. - IV



JANIS ANUP - VIII



NIDHI M. - VII



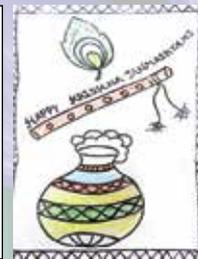
ARYAN C. - III



CHARVI M. - V



DHRUTHI A. - IV



GITESHAM S. - II



ASHISH - V



DILRUBA M. S. - IV



FIDHA FATHIMA - VIII



MAHALAKSHMI - IV

